Job description of Physiotherapist

Patient care

Assessment and evaluation

- Conducts assessment and evaluation of the patients (history taking and physical examination), recognizes and identifies existing impairments, functional limitations and abilities / disabilities of the patients/ participation restrictions
- Evaluates the results of the assessment through analysis and synthesis within a process of clinical reasoning.

Formulating/ fixing rehabilitation goals

- Setting up physical rehabilitation goals (short term and long term) with respect to activity limitations and participation restrictions
- Participates actively with other rehab team members in formulating comprehensive treatment plan.

Formulating and administering treatment plans/rehab protocols:

Formulates and administers treatment plans/ rehab protocols of every single patient focusing on the following but not limited to:

- Joint Range of motion and flexibility
- Muscle power, control and endurance
- Chest care/ respiratory therapy
- Balance and coordination
- Bed mobility and transfers
- Wheel chair prescription, assessment, modification and mobility
- Ambulation/ Gait Training
- Upper limb and hand functions
- Motor skills
- Management of Pain, and other musculoskeletal disorders
- Prescription and use of proper orthotic devices
- Management of spasticity/spasm
- Cardiovascular fitness
- Identify key impairments that are limiting achievement of goals and changing treatment protocols accordingly
- Training and education of patient & his/her attendant for Exercises and functional mobility
- Prescription of home care program
- Maximization of physical independence and prevention of complications

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Re-evaluation/ Reassessment:

- Re-evaluates every single patient
- Measuring the outcome of treatments

Communication and records

- Report directly to the section incharge / Rehab director
- Prepares progress report of patients and handing over to section incharge at least at the end of every month depending on patient condition.
- Communicates appropriately with all team members, the management, patients and their attendants
- Correspondence with technical workshop for repairing or modifications
- Correspondence with orthopedic workshop for manufacturing /modification or repairing of orthotic appliances.
- Must be Computer Literate.

Maintenance and Equipment safety

- Ensures the maintenance of Physiotherapy tools and equipments, repairs and replacements
- Instructs physio helpers, Technicians or assistants to train patients and their attendants about safe and effective use and timely maintenance of equipments, including walking aids, orthotic appliances, wheelchairs etc.

OTHER

- Participates in admission and discharge meetings
- Attends other multidisciplinary meetings
- Participates in morning round with other team members, as per the instructions of the HOD.
- Consultation and management of outdoor patients
- Updates his/her knowledge through professional development
- Contributes in research work, lectures and demonstrations
- Arranging picnics/games/cooking and other recreational activities for the patients
- Carries out any other task assigned by section incharge/Rehab Director or CEO in the best interest of the department and/or the organization.