

PSYCHOLOGY

DEPARTMENT

NUSRAT JEHAN

Education: M.sc clinical psychology

Institution: Department of psychology university of Peshawar.

Work experience: lecturer/ student counselor 1997 till 2010

Honorary psychologist: 2008 till 2010 (paraplegic centre)

senior psychologist /department incharge 2011till date (paraplegic centre)

DEPARTMENT SERVICES

1. Psychological assessment of patients on admission /Re-Assessment on discharge
2. Psychotherapy
 - i) Individual/group therapy
 - ii) Bed side counseling of with patients on bed rest
 - iii) View sharing regarding paraplegics problems
 - iv) Social interaction among patients like cross –beds arrangements ,wheelchair and bed rest patients and interaction among wheelchair patients
 - v) Specialized handling of children /adults by provision of recreational activity in the form of indoor games /reading material on bedside.
- b) Guidance of attendants
- c) Vocational guidance
- d) Guidance of patients regarding acceptance of their disability.
- 3 supervision of vocational training department .

ACHIVEMINTS

- Successfully deal 529 patients with major/ minor emotional problems
- 80 Patients /attendants have been guided /convinced for vocational training
- Developed patients case –history/follow-up profile,
- 22 patients are guided for OPF (overseas Pakistani’s foundation) Financial Assistance program.

