ANNUAL 2017 REPORT 2019

Paraplegic Center Peshawar A PLEGIC CITY

Where Hope Remains Alive!



WHAT'S INSIDE

Organizational Summary

01

Messages

02

About Paraplegic Center

04

Infographics

07

Services

17

Highlights

11

Media Gallery

52

Financial Statements

54

ORGANIZATIONAL INFORMATION

	Paraplegic Center Peshawar (PCP)	
Governance	Paraplegic Center (Taking Over and Re-Establishment) Act, 2009	
Registration	Tax exemption certificate is under process under section 2(36) (c) of the Income Tax Ordinance, 2001	
Board of Governors	 Mr. Zia-Ur Rehman, Ex-Secretary to Government of Khyber Pakhtunkhwa, Dept. of Finance 	Chairman
	 Secretary to Government of Khyber Pakhtunkhwa, (Dept. of Health) 	Member
	• Secretary to Government of Khyber Pakhtunkhwa (Dept. of Finance)	Member
	 Secretary to Government of Khyber Pakhtunkhwa (Dept. of Social Welfare) 	Member
	 Secretary to Government of Khyber Pakhtunkhwa (Dept. of Planning & Development) 	Member
	• Prof. Dr. Mohammad Hafizullah (Former Vice Chancellor Khyber Medical University Peshawai	Member
	• Prof. Dr. Noor-Ul- Iman (Prof. of Medicine Khyber Teaching Hospital Peshawar)	Member
	• Prof. Dr. Mohammad Arif (Spine Surgeon Hayatabad Medical Complex Peshawar)	Member
	Mr. Khwaja Yawer Naseer (Managing Director Frontier Model School Peshawar)	Member
	• Mr. Affan Aziz (Ex. President Chamber of Commerce & Industry Peshawar)	Member
	Chief Executive, Paraplegic Center Peshawar	Member/Secretary
Chief Executive	Dr. Syed Muhammad Ilyas	
Mailing Address	Street# 10, Sector P-1, Phase-4, Hayatabad, Peshawar Phone +92-91-9217902, Phone/Fax +92-91-9217901 Email: paraplegiccenter@yahoo.com	
Website	www.paraplegiccenter.org	
Auditors	Pre-Audit Director Local Fund Audit, Benevolent Fund Building, Sadda	ar Cantt, Peshawar
	Auditor General of Pakistan 9 The Mall Peshawar Cantt, Peshawar	
	IECnet S.K.SS.S 19-A Jamrud Lane, University Town, Peshawar	
Bank Accounts	National Bank of Pakistan Hayatabad, Phase 5, Attached NADRA Regional Office, Pesh	nawar
	MIB Bank RMI Road, Phase 5, Hayatabad, Peshawar	







Paraplegic Center Peshawar (PCP) is unique in providing Comprehensive Physical Rehabilitation Services to people with Spinal Cord Injury (SCI), raising them from bed to level of independence, in order to, perform most of their daily routine matters. Follow up visits for a period of six (06) months after leaving the Center, is a highly beneficial program for SCI patients for giving them empowerment & status in normal social life.

The Board of Governors (BOG) includes senior officers of Khyber Pakhtunkhwa (KP) government, medical professionals and persons with high repute of social services. BOG was notified by the provincial government in March 2012. The reasonably long tenure of the Board benefitted the institution and provided strength in formulation of policies, regulations and fundamental structures, keeping in view, the requirements and needs in providing rehabilitation services to people with spinal cord injury.

BOG, since its establishment, conducted 58 meetings to manage the affairs of the Center. During these two financial years i.e. FY-2017-18 & FY-2018-19, held ten (10) meetings.

I am thankful to all the Board Members for extending full time support in the affairs of the Center.

BOG of PCP is thankful to the provincial government of Khyber Pakhtunkhwa for extending financial & administrative support to the Center, for raising the quality of comprehensive rehabilitation services, bed strength and infrastructure.

Zia Ur Rehman







Message of our Chief Executive



Two more years of accomplishments and triumph. 2017-18 and 2018-19 proved to be the most fertile and productive years of PCP, since its very inception in 1984.

With the grace of almighty Allah, we were not only able to almost double the amount of people we rehabilitate and assistive devices, we produce in a given year, we also succeeded to adopt new technologies, hired new professionals and diversified our clientage.

In the esteemed leadership and parental guidance of our honourable Chairman and Board of Governors, coupled with the generous financial assistance of the Department of Health, Government of Khyber Pakhtunkhwa, we realized our dream of serving more people with non-traumatic spinal cord injury like Spina Bifida (kids born with a gap in their spine), Transverse Myelitis, Caries Spine and Spinal Tumors.

Embarking upon a cutting edge, "Clubfoot Clinic" in collaboration with the International Committee of the Red Cross (ICRC), in order to treat children with Clubfoot, from all over KP and beyond, was yet another quantum step, taken in the direction of turning PCP into a model comprehensive physical rehabilitation institute, for the whole country and the rest of the low and middle income countries.

As a humble servant, of the only comprehensive physical rehabilitation institute, in Pakistan, I can clearly see the path ahead and that is a Center of Excellence of the comprehensive physical rehabilitation for people with severe spinal cord injury, post polio paralysis and many other musculoskeletal and neuromuscular conditions and anomalies, along with an ultra modern, academic program, not only serving the need for well trained qualified physical rehabilitation professionals of the country, but also serving as a tool of generating much needed funds leading Paraplegic Center PESHAWAR, to its ultimate goal of financial independence, within the next 5-7 years, Inshallah.

Syed Muhammad Ilyas









History

Paraplegic Center Peshawar (PCP) was envisioned by International Committee of the Red Cross (ICRC) in collaboration with the department of Health Govt. of Khyber Pakhtunkhwa (KP), in late 70's and early 80's in wake of the Russian/Afghan War. It used to be the only Center of its kind in the entire South Asia, till it was copied by India, Georgia, Syria and Pak Army in late 80's and early 90's. From its very inception till 2007, it went through many ups & down. It was re-established as an autonomous body through an ordinance in 2007, which lead to the "Paraplegic Center (Taking over & Re-Establishment) Act 2009".

Vision

Transforming society by optimizing functional mobility minimizing barriers, building skills and encouraging inclusion, to improve human experience.

Enabling people with Spinal Cord Injuries, in Khyber Pakhtunkhwa and the rest of the country to their maximum physical & psychosocial capacity within the limits of their Physical and environmental limitations;

Mission

Physical, occupational, vocational and psychosocial rehabilitation, community re-integration, wheelchair accessibility, minor home modifications, participation in sports/games, re-creational activities, job placement & socio-economic support, of people with spinal cord injuries.

Sensitization of the medical fraternity, govt. functionaries, political leaders, religious scholars and general masses regarding the plight & issues of people with all kinds of Physical disabilities.

Promotion, projection and advocacy of the basic human rights of people with spinal cord injuries in particular & other disabilities in general.

Functions of Board of Governors

The Board approve all plans, policies and programmes; examine and approve training and research programmes; examine and approve the annual evaluation report for submission to Government; approve the annual development and non-development budget; perform such other functions of the Center as may be assigned to it by Government; and also constitute committees as prescribed to improve the functions of the Center.

BoG meetings are held every second month or at such times and at such places as determined by the Chairman BoG PCP. The Chairman of the Board presides over the meetings or in his absence by a member authorized by the Chairman.

Projects, Programmes and Partnerships

Since the inception of PCP in 1984, it maintains a reputation of optimizing its tangible and intangible resources for the benefit of the institution and end users; Paraplegic Center Peshawar, to people with spinal cord injury admitted for intensive institutional care, and to other physically challenged persons during daily OPD's. It maximized its support from international donors, government agencies, non-governmental organizations, private companies and individual's philanthropists.

PCP provides services as mandated in the act, though, every year, a new milestone is also achieved in the form of projects, funding, development and success stories.

Continuing Programmes & Partnerships:

Since 1984, Comprehensive Physical Rehabilitation Services are being provided to inpatients (People with Spinal Cord Injuries) from Chitral to Karachi with the support of government of Khyber Pakhtunkhwa (KP).

Since 1984, Assistive Technology Workshop manufactures mobility aids and other adaptive/supportice equipment for inpatients and to service partners on orders. It also innovates products and processes to increase production and quality of wheelchairs and other assistive devices.

Since 2010, Provision of assistive devices and adoptive supportive equipment to people with physical disabilities referred from Tanzeem Lissaail Wal Mahroom Foundation (TLWMF) Peshawar.

Since 2007, Orthopaedic Workshop fabricates and provides upper limb and lower limb orthotic devices to inpatients and outpatients, with the support of the International Committee of the Red Cross (ICRC).

Since 2011, Follow-Up Program has been launched in the districts of Peshawar, Nowshera, Charsadda, Mardan, and Sawabi of the province of KP with the support of the International Committee of the Red Cross (ICRC) and in the rest of the province, with the support of the provincial government of KP.

Commencement of New Projects & Programmes:

In August 2018, Clubfoot Home has been established to provide treatment with Ponseti method to Clubfoot Children, with the financial support of International Committee of the Red Cross (ICRC).

In March 2018, Provision of Comprehensive Physical Rehabilitation Services to inpatients (Polio Survivors) from Chitral to Karachi, has been started, with the support of provincial government of Khyber Pakhtunkhwa.

Completed Projects & Partnerships:

From September 2017 to May 2019, PCP Wheelchairs have been provided, on payment, to ICRC supported Physical Rehabilitation Centers in Pakistan.

From September 2017 to May 2019, PCP Wheelchairs and other assistive devices/adoptive supportive equipment have been provided, on payment, to Children with Disabilities Program (CDWP) Helping Hand for Relief and Development the centers in Quetta, Nawab Shah, Chakwal and Mansehra.

From October 2018 to June 2019, USAID funded wheelchair project "CLASP" with UCP Wheels for Humanity funded 81 wheelchairs of world know suppliers (Motivation, UCP, Whirlwind, Leveraged and INTCO) to PCP for provision to active users.

Sponsors, Partners and Collaborators

- o Health Department, Government of Khyber Pakhtunkhwa (KP)
- o Federally Administered Tribal Areas (FATA) Secretariat
- International Committee of Red Cross (ICRC)
- o International Society of Wheelchair Professionals (ISWP)
- o Fred Hollow Foundations Australia (FHF)
- o Handicap International (HI) France
- o KFW Germany
- o Management Sciences for Health (MSH) America
- o Médecins Sans Frontières (MSF) France
- o Helping Hand for Relief & Development (HHRD) USA
- Al-Khidmat Foundation (AKF)
- o Institute of Rehabilitation Sciences (IRS) Mansehra
- o Tanzeem Lissaail Wal Mahroom Foundation (TLWMF) Peshawar
- o National Vocational & Technical Training Commission (NAVTTC) Peshawar
- o Pakistan Institute of Prosthetic & Orthotic Sciences (PIPOS) Peshawar
- o Akbar Kare Institute (AKI) Peshawar
- o Muzaffarabad Physical Rehabilitation Center (MPRC)
- o Hayatabad Medical Complex (HMC) Peshawar
- o Khyber Medical University (KMU) Peshawar
- o Friends of Paraplegics (FOP)
- o Rehman College of Rehabilitation Sciences (RCRS)





























Infographics





TABLES

*SERVICE USERS

Particulars	Stats
Spinal Cord Injuries	503
Post Polio	129
Clubfoot	395

USER CATAGORIES

Particulars	Stats
Inpatients	1027
Outpatients	1409
Waiting List	135

SPINAL CORD INJURIES

Particulars	Stats
Male	394
Female	109

POLIO

Particulars	Stats
Male	78
Female	51

CLUBFOOT

Particulars	Stats
Male	264
Female	131

AGE GROUPS

Particulars	Stats
1-10 years	456
11-20 years	124
21-40 years	311
Above 40 years	136

GEOGRAPHICAL

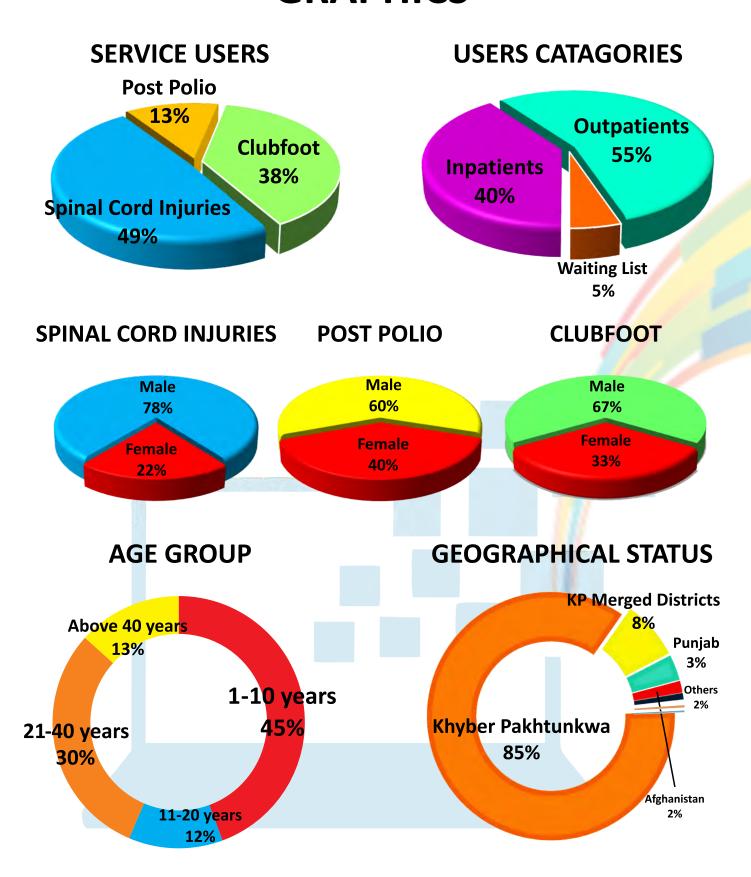
Particulars		Stats
Khyber Pakh	tunkwa	876
KP Merged D	istricts	79
Punjab		35
Afghanistan		16
AJK		9
Balochistan		7
Sindh		3
Gilgit Baltista	an	2

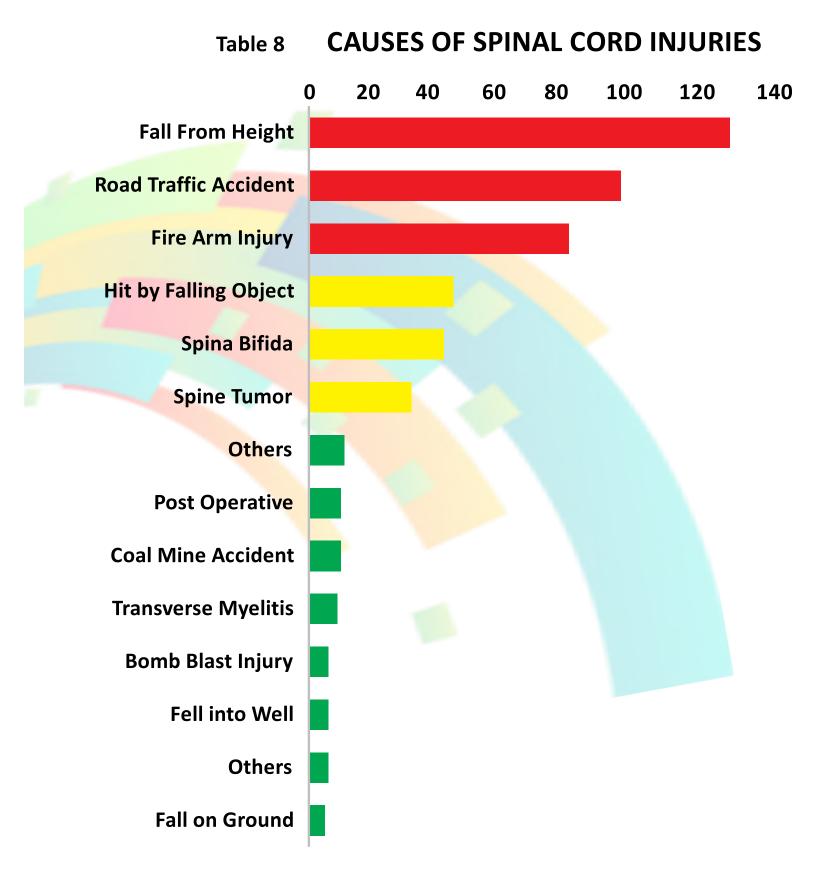
CAUSES OF SPINAL CORD INJURIES

CAUGES OF STRANE CORD HOUNES		
Particulars	Stats	
Fall From Height	131	
Road Traffic Accident	97	
Fire Arm Injury	81	
Hit by Falling Object	45	
Spina Bifida	42	
Spine Tumor	32	
Others	11	
Post Operative	10	
Coal Mine Accident	10	
Transverse Myelitis	9	
Bomb Blast Injury	6	
Fell into Well	6	
Others	6	
Fall on Ground	5	
Diving Accident	4	
Stab Injury	4	
Cauda Aquina Syndrome	4	

^{*} Services for Clubfoot and Polio Survivors started in 2018

GRAPHICS







TABLES

SERVICE USERS

Particulars	Stats
Paraplegia	340
Tetraplegia	69

PARAPLEGICS

Particul	ars	Stats
Male		272
Female		68

TETRAPLEGICS

Particulars	Stats
Male	58
Female	11

MARITAL STATUS

Particulars	Stats
Single	174
Married	235

AGE GROUPS

Particulars	Stats
1-10 years	20
11-20 years	73
21-40 years	212
Above 40 years	104

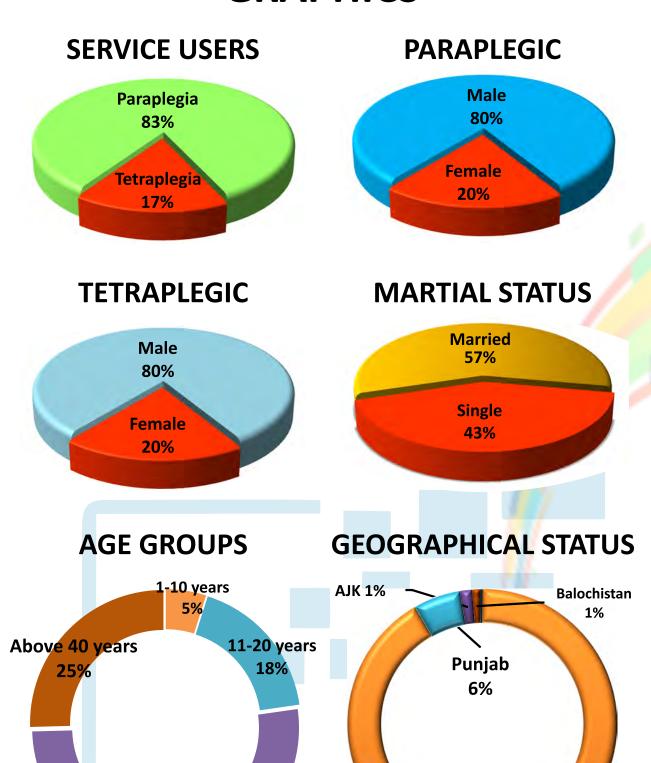
GEOGRAPHICAL

Particulars			Stats
Khyber Pak	htunkv	va	375
Punjab			23
AJK			6
Balochista	n		4
Gilgit Balti	stan		1

CAUSES OF SCIS

Particulars	Stats
Fall From Height	128
Road Traffic Accident	82
Fire Arm Injury	70
Hit by Falling Object	35
Spine TB	35
Post Operative	11
Coal Mine Accident	10
Fell into Well	7
Transverse Myelitis	6
Fall on Ground	6
Spina Bifida	6
Diving Accident	5
Weight Fallen Over	2
Bomb Blast Injury	2
Hit by Bull	2
Stab Injury	2

GRAPHICS

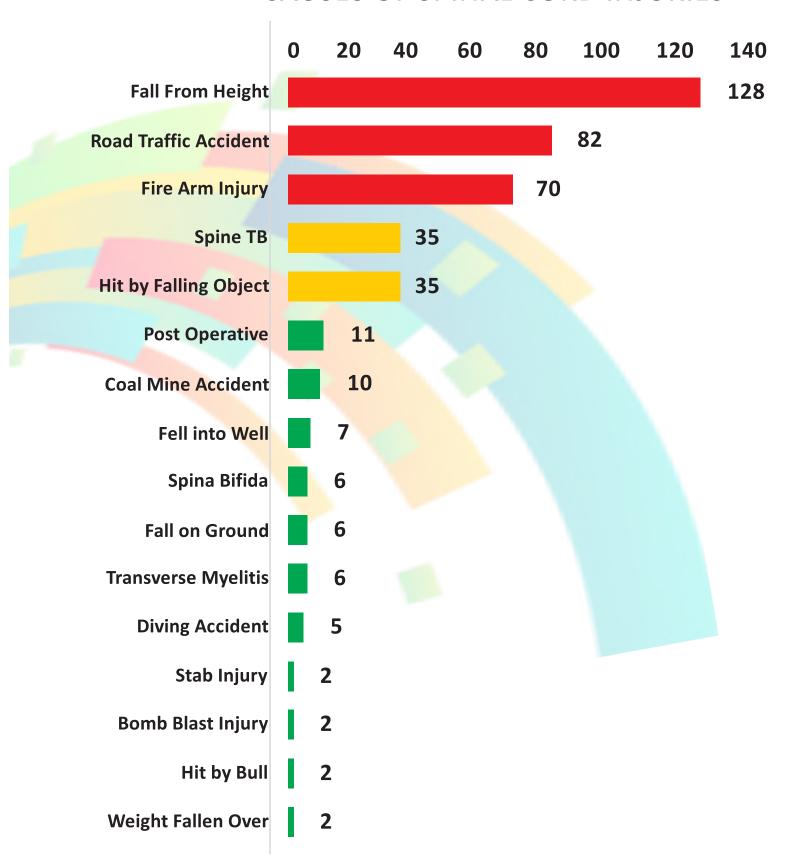


Khyber Pakhtunkwa 92%

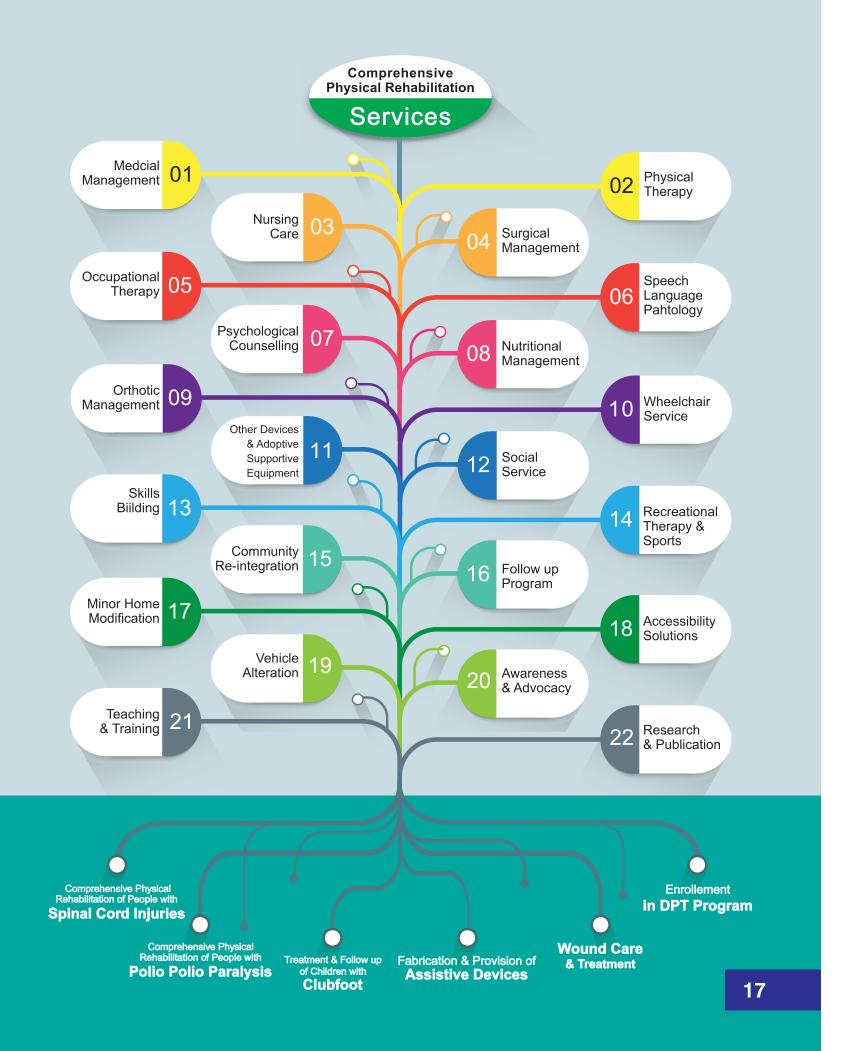
21-40 years

52%

Table 7 CAUSES OF SPINAL CORD INJURIES







Medical Management

Well trained and experienced physicians are engaged in prevention, diagnosis and treatment of complications like pneumonia, Deep Vein Thrombosis (DVT), repeated Urinary Tract Infection (UTI) and Pressure Ulcers Medical support services including medications, medical consumables, laboratory examinations and X-ray examinations are also provided.



Nursing Care



Nursing Care is provided including round the clock positioning, bed mobility, bowl & bladder management, bedding, dispensing medicine and state of the art wound care. Nursing staff educates clients and their family members about the medical side of spinal cord injury and helps the doctor coordinate medical care.

Surgical Intervention includes wound repair (grafting, flap, approximation etc.), Vasicolethotomy (removal of Bladder stones) and surgical release of contractures, provided at the Center.

Surgical Intervention

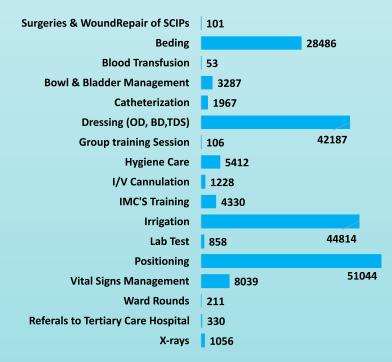


2018-2019

Stats
105
169
25896
48
2988
1788
38352
96
4920
1116
3936
40740
780
46404
7308
192
300
960



Nursing, Medical and Surgical	Stats
Surgeries & Wound Repair of SCIPs	101
Beding	28486
Blood Transfusion	53
Bowl & Bladder Management	3287
Catheterization	1967
Dressing (OD, BD,TDS)	42187
Group training Session	106
Hygiene Care	5412
I/V Cannulation	1228
IMC'S Training	4330
Irrigation	44814
Lab Test	858
Positioning	51044
Vital Signs Management	8039
Ward Rounds	211
Referals to Tertiary Care Hospital	330
X-rays	1056



Physical Therapy

Physical therapy is the backbone of the physical rehabilitation at Paraplegic center. The goal of physical therapy is to prevent secondary complications, maximization of functional independence and early mobility in persons with spinal cord injuries (SCIs). Physical Therapists assess, determine neurological level, set rehabilitation goals and focuses on motor skills, balance training and ambulation. In addition to the inpatient services, the rehab professionals thoroughly assess, prescribe treatments/rehab protocols and refer out patients with various disabilities, musculoskeletal, neuromuscular impairments/dysfunctions and neurological diseases, on daily basis other than spinal cord injuries, 100% free of cost.

Physical therapy services at Paraplegic centre can be divided into three phases:

Phase-I

Physical Therapy is predominantly focused on preventing and treating respiratory, musculoskeletal and other secondary complications related to prolonged bed rest. In this phase Physical Therapy services include chest/respiratory therapy (Breathing exercises, percussion, vibration, postural drainage and spirometry etc.), range of motion exercises, stretching & strengthening exercises and gradual verticalization using tilting table. Adjunct therapies for pain management is also frequently used which include manual therapy, hot/cold packs and electrical stimulation.

Phase-II

Physiotherapy during this phase commences as soon as the patient is medically stable and having no pressure sores. The overall aim this phase is to maximize functional independence and to enable the person with SCIs to return to a productive life. Physical therapy during this phase mainly focuses on goals related to motor tasks which include bed mobility training (mat activities e.g. rolling, prone on elbow, prone on hands, supine on elbows, sitting in bed, vertical lift), standing in standing frame, transfers training (e.g. transfers from wheelchair to bed, floor, toilet seat, car & back etc.), gait training, balance and coordination training.

Phase-III

The focus of this phase is on prescription of assistive & supportive devices where Physical therapists assess, prescribe various types of assistive devices including customized wheelchair and provide skilled trainings like wheelchair manoeuvrability on smooth & rough surfaces, negotiating doors, ramps, curbs and wheelie etc.), training in orthotic devices (i.e. fist fitting, donning & doffing, functional use & final check outs etc.) and walking frames, crutches, canes, standing frames and use of toilet chairs etc. Clients and their care givers are also educated about maintenance and repair of assistive devices.







2018-2019

Discribed Theorem	C
Physical Therapy	Stats
Assessments & Re-Assessments	3941
Strengthening & Exercises	172319
Physical Agents	23421
Manual Therapy	24197
Chest Physiotherapy	13926
Wheelchair Prescription & Training	19133
Sport & Recreational Activities	13293
Balance & Co-ordination Training	11394
Edema Management	22788
Hypotension Management	11394
Mat Activities & Transfer Training	26586
Gait Training	10128
Orthoses Prescription & Training	17867
Pressure Relief Techniques	15968
Home Exercise Program	15335
Patient & Family Education	14702
Volunteers/Internees Trained	156
Clubfoot treatment procedures	3582



Stats
2534
111328
16031
15622
9896
12350
9487
8260
15622
8260
18076
7442
11532
9896
3236
2965
105

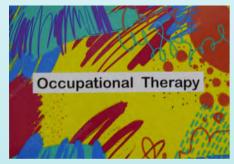


Occupational Therapy

Occupational therapy services are provided including hands splinting, activities of daily living training (dressing, combing, washing, bathing etc), fine motor activities of hand and modification of wheelchairs. Occupational therapist also prepare and fabricate upper limb adoptive/supportive equipment (eating aids, writing aids, typing aids, cell phone holders) for people with spinal cord injuries.

Activities of Daily Living and Adoptive Supportive Equipment

Special footrest Propelling gloves Shoe horn Eating aid Reacher Special plate Special cushion Typing aid Writing aid Splints

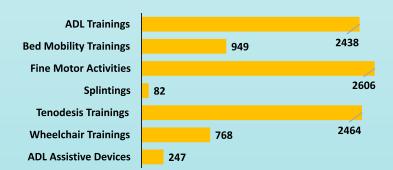




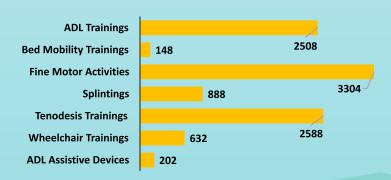


2018-2019

Occupational Therapy	Stats
ADL Trainings	2438
Bed Mobility Trainings	949
Fine Motor Activities	2606
Splintings	82
Tenodesis Trainings	2464
Wheelchair Trainings	768
ADL Assistive Devices	247



Occupational Therapy	Stats
ADL Trainings	2508
Bed Mobility Trainings	148
Fine Motor Activities	3304
Splintings	888
Tenodesis Trainings	2588
Wheelchair Trainings	632
ADL Assistive Devices	202



Psychotherapy and Psychosocial Support

Spinal cord injury (SCI) is a massive assault to the psyche as well as the body. Within moments, a person who had been active and independent becomes immobilized, loses control of bowel, bladder, sexual and other bodily functions, and is dependent on others to meet the most basic needs. The instantaneous effects of the injury result in total disruption of the victim's life, and the beginning of a life-long psychological adjustment process. Optimal emotional adjustment is imperative to the recovery and rehabilitation process, due to the tremendous psychological energy and motivation required for a SCI patient to learn self-care, independence, and psychosocial coping skills. The psychological implications of spinal cord injury are profound and psychotherapy enables people with spinal cord injuries to face life with all its harsh realities. At Paraplegic centre, psychotherapy focuses on psycho-social adjustment and coping skills.

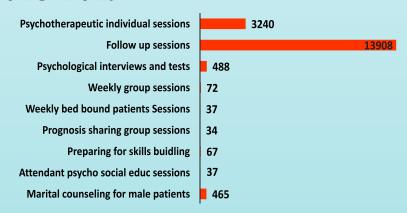






2018-2019

Psychological Counselling	Stats
Psychotherapeutic individual sessions	3240
Follow up sessions	13908
Psychological interviews and tests	488
Weekly group sessions	72
Weekly bed bound patients Sessions	37
Prognosis sharing group sessions	34
Preparing for skills buidling	67
Attendant psycho social educ sessions	37
Marital counseling for male patients	465



Psychological Counselling	Stats
Psychotherapeutic individual sessions	3299
Follow up sessions	13571
Psychological interviews and tests	426
Weekly group sessions	67
Weekly bed bound patients Sessions	21
Prognosis sharing group sessions	44
Preparing for skills buidling	67
Attendant psycho social edu sessions	48
Marital counseling for male patients	71

Psychotherapeutic individual sessions	3299
Follow up sessions	13571
Psychological interviews and tests	426
Weekly group sessions	67
Weekly bed bound patients Sessions	21
Prognosis sharing group sessions	44
Preparing for skills buidling	67
Attendant psycho social edu sessions	48
Marital counseling for male patients	71

Nutritional Management

Free of cost quality food (breakfast, lunch, & dinner) to its clients and their attendants are provided according to their nutritional requirements. Qualified nutritionists assess and prescribe food according to their age, complications, stage of rehabilitation and physical activity. Instructions regarding adequate fluid intake, use of fibre-rich and protein-rich food are also provided. A spacious dining hall with specially designed tables is present where clients with wheelchairs are served.









2018-2019

Stats
471
492
1028
5483
442
12852
714
114
171
99
371
57

471 492 1028 5483 442 714 114 171 99	12852
371 57	
	492 1028 5483 442 714 114 171 99 371

Nutritional Management	Stats
Assessments	396
Diet plan & dietary counselling	396
Intact skin patient	864
Pressure sore patient	4608
Discharge diet instructions	372
Milk	10800
Nutritional supplements	600
Food Inspections	96
Wards Rounds	144
Out patients	84
Multidisciplinary Meetings	312
Discharge meetings	48



Orthotic Management

Paraplegic centre provides orthotic devices including Knee Ankle Foot Orthosis (KAFO's), Ankle Foot Orthosis (AFO's), Thoraco Lumbo-Sacral Orthosis (TLSO's) and Hand Splints. Trained Orthotists fabricate and fit orthotic devices according to the needs of the clients.

PCP has fully equipped dedicated workshop where trained Orthotists provide lower limb and upper limb orthotic devices to people with physical disabilities. Patients are initially assessed by Multi disciplinary team of PCP and referred to the Orthotic Workshop for detailed physical assessment, prescription, fabrication and fitting of devices.







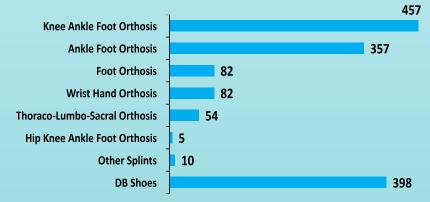


2018-2019

Orthotic Devices	Stats
Knee Ankle Foot Orthosis	407
Ankle Foot Orthosis	393
Foot Orthosis	60
Wrist Hand Orthosis	44
Thoraco-Lumbo-Sacral Orthosis	25
Hip Knee Ankle Foot Orthosis	9
Other Splints	8
DB Shoes	398



Orthotic Devices	Stats
Knee Ankle Foot Orthosis	457
Ankle Foot Orthosis	357
Foot Orthosis	82
Wrist Hand Orthosis	82
Thoraco-Lumbo-Sacral Orthosis	54
Hip Knee Ankle Foot Orthosis	5
Other Splints	10
DB Shoes	398



Wheelchair Service

Custom made, well designed and well fitted manual wheelchairs are designed and manufactured at its premises, using low cost, local material and indigenous technology which meet the user's needs and environment, and are safe and durable. They can be maintained and serviced in the country at an affordable cost. More than 15,000 assistive devices are produced and distributed over the last 30 years. These wheelchairs, provided at Paraplegic Center, are custom made, adjustable, modifiable and locally repairable.

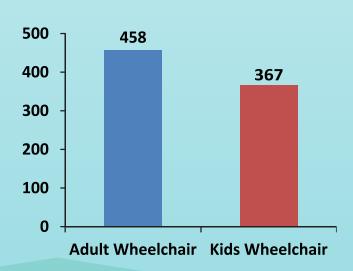
Provision of Locally manufactured wheelchairs

Locally available resources are utilized to manufacture wheelchairs and other assistive devices; material, skilled labour, technology and design appropriate to serve local environment, style and use.



2018-2019

Wheelchairs	Stats
Adult Wheelchair	458
Kids Wheelchair	367



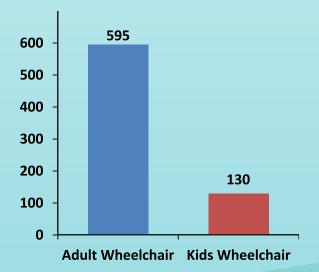
Technical Support of Trained AT Practitioners

Trained Assistive Technology Practitioners provide wheelchairs and other assistive devices as per international guidelines; assessment, prescription, fitting and training on mobility skills, use and maintenance of wheelchairs.





Wheelchairs	Stats
Adult Wheelchair	595
Kids Wheelchair	130



Other Assistive Devices & Adoptive Supportive Equipment

Paraplegic centre provides assistive products including walking frames, crutches, canes, upper limb adaptive/supportive equipment (eating, writing, typing aids etc.), standing frames, commode chairs, and special beds etc. More than 25,000 other assistive devices excluding wheelchairs and adoptive supportive equipment have been produced and distributed over the last 30 years.





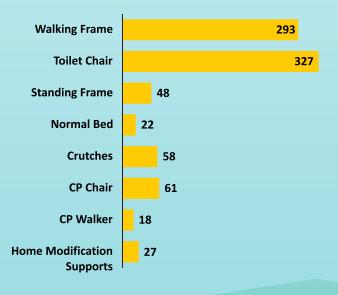


2018-2019

Assistive Devices & Equipment	Stats
Walking Frame	277
Toilet Chair	270
Standing Frame	58
Normal Bed	8
Special Bed	3
Crutches	135
Tilting Table	5
Home Modification Supports	53

Assistive Devices & Equipment	Stats
Walking Frame	293
Toilet Chair	327
Standing Frame	48
Normal Bed	22
Crutches	58
C.P Chair	61
CP Walker	18
Home Modification Supports	27





Social Services

Interventions are made within the domain of Social Case Work, Social Group Work and Community Integration. Social Worker advocates for the rights of clients and also establish coordination with government, NGO's, philanthropists, academic institutes and civil society to guide the clients about assistance provided by District Social Welfare office, Bait-Ul-Maal, Tanzeem-Lissail-E-Walmahroom, Zakat Department, Overseas Pakistani Foundation (OPF) and State Life Insurance Corporation.





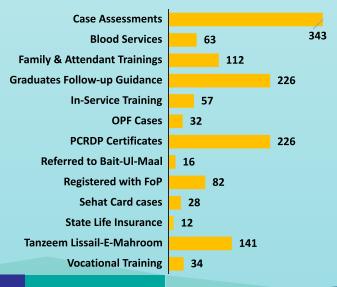


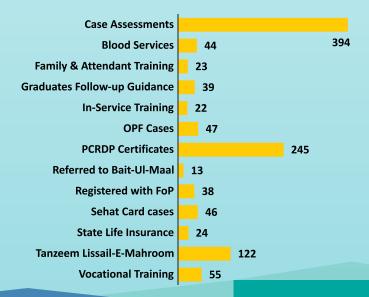


2018-2019

Social Service	Stats
Case Assessments	343
Blood Services	63
Family & Attendant Trainings	112
Graduates Follow-up Guidance	226
In-Service Training	57
OPF Cases	32
PCRDP Certificates	226
Referred to Bait-Ul-Maal	16
Registered with FoP	82
Sehat Card cases	28
State Life Insurance	12
Tanzeem Lissail-E-Mahroom	141
Vocational Training	34

Social Service	Stats
Case Assessments	394
Blood Services	44
Family & Attendant Training	23
Graduates Follow-up Guidance	39
In-Service Training	22
OPF Cases	47
PCRDP Certificates	245
Referred to Bait-Ul-Maal	13
Registered with FoP	38
Sehat Card cases	46
State Life Insurance	24
Tanzeem Lissail-E-Mahroom	122
Vocational Training	55





Skills Building

Skills building at the centre is a component which multiplies the effect of rehabilitation services and enhances the physical and psychological potential of the patients admitted at the center. It includes tailoring, dress designing, fabric painting, glass painting, embroidery, typing, mobile repairing and computer skills. In addition to this home economics program including cooking and housekeeping is designed for house wives.

PCP also partners with government, non-government organization and international organizations in implementing Vocational Training programmes for people with physical disabilities.

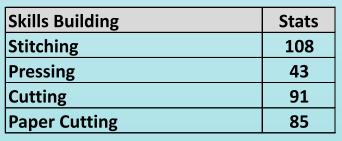


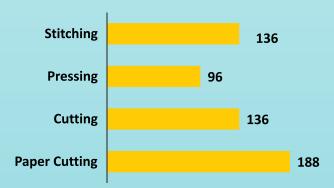


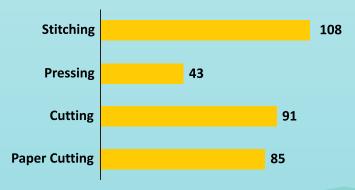
2018-2019

2017-2018

Skills Building	Stats
Stitching	136
Pressing	96
Cutting	136
Paper Cutting	188







Recreational Therapy and Sports Activities

Paraplegic Centre arrange indoor and our door games including basketball, cricket, table tennis, and wheelchair race etc. for its clients. Other recreational activities including visits to parks and other cultural activities are also arranged on regular basis.

Besides this, PCP also collaborates with Disable People Organization in arranging sports events and festivals to create opportunities for allowing PWDs to exhibit their potential and skills in games.





2018-2019

Sports & Recreations Activities	Stats
Group Fun	240
Basket/Throw Ball	176
Ludo	80
Dart	164
Badminton	72
Cricket	108
Bottle Shoot	40
Handing Ball	196

2017-2018

Sports & Recreations Activities	Stats
Group Fun	111
Basket/Throw Ball	108
Ludo	34
Dart	81
Badminton	36
Cricket	88
Bottle Shoot	22
Handing Ball	89



Community Re-integration

Community re-integration activities arranged by Paraplegic Centre are picnics, shopping trips, prayers with congregation, cooking classes, dining together with staff and visits to public places including Masajid's, markets and museums etc.

These activities allow the rehabilitation professionals to enable them to adopt the changes caused in their life due to the disability. In this way, they learn the activities of daily living with new lifestyle and patterns, usually with the use of wheelchairs, walking frames and orthotic devices. They are engaged in accomodating their needs or to modify the surrounding according to their needs.





2019-2018

Ī ÑAĒDĀNYÁMRÒDŌĖ ŃPÒDÒROE	Stats
Picnic to parks	48
Market visits	122
Cooking activities	52

2017-2018

Ī ÑÆÐĀPÑŊŹMRŎŎĒŃPÒQÐÒŇCE	Stats
Picnic to parks	21
Market visits	94
Cooking activities	44



Follow up Program

Follow up program includes once-a-month follow up home visit for six (06) consecutive months after discharge from rehabilitation centre, giving opportunity to Spinal cord injured persons and their families to discuss issues regarding community reintegration, psycho-social and medical problems facing in the community. Follow up team re-evaluate clients at their homes/communities and assesses their motor abilities, mobility patterns, level of independence in activities of daily living, work, leisure and other medical problems. They also encourage and facilitate clients to continue studies, find a job or start a business in order to become a productive member of the society.









2018-2019

Follow up Program	Stats
Total Registered Clients	742
New Registered Clients	171
Home Visits	552
Home Modification	71
Adoptive Equipment	195
Medical Supplies	856
Urological Supplies	7086
Wound Care Supplies	12148
Sewing Machines	16

Follow up Program	Stats
Total Registered Patients	693
New Registered Patients	174
Home Visits	630
Home Modification	61
Adoptive Equipment	129
Medical Supplies	2715
Urological Supplies	11013
Wound Care Supplies	23077
Sewing Machine	14

Total Registered Clients	742
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Wound Care Supplies	23077
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Minor Home Modifications

Majority of Paraplegic Centre clients come from poor and rural background and returning home after rehabilitation can be a difficult and challenging exercise for them as sudden withdrawal of all the facilities and services available at PCP leads to confusion, debility and depression. It is difficult for them to maintain the same standards of care required to maintain his or her dignity and independence as their homes are not wheelchair accessible, bathrooms and kitchens are either non-existent or not usable. Financial and technical support is provided in designing and building, or re-innovating, doorways, kitchens, bathrooms or stairways for better wheelchair accessibility.





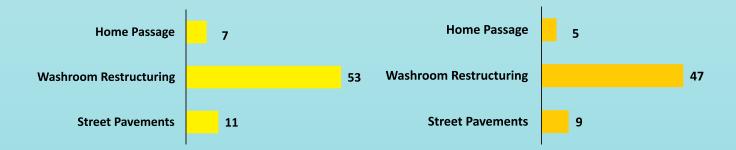


2018-2019

Minor Home Modifications	Stats
Home Passage	7
Washroom Restructuring	53
Street Pavements	11

2017-2018

Minor Home Modifications	Stats
Home Passage	5
Washroom Restructuring	47
Street Pavements	9



Vehicle Alterations

Vehicle alteration services including hand control for accelerator/brake, arm-rest on the driver's seat to provide support when driving using the hand control are provided to wheelchair users, Strap to close the driver's door, extra handles to make it easier to get in and out of the car, foot slip prevention device to stop feet sliding beneath the pedals and adjustable seats to reduces the risk of injury from sitting in one position for a long time.



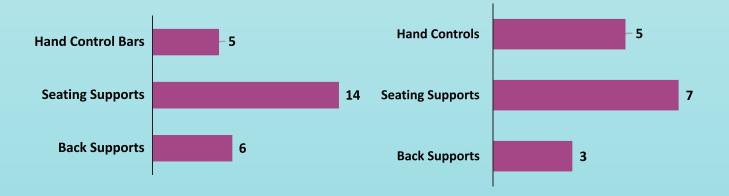


2018-2019

2017-2018

Vehicle Alterations	Stats
Hand Control Bars	5
Seating Supports	14
Back Supports	6

Vehicle Alterations	Stats
Hand Controls	5
Seating Supports	7
Back Supports	3



Accessibility Solutions

Paraplegic Center in collaboration with Friends of Paraplegic is striving to remove barriers from community and make accessible Pakistan for person with disabilities. The aim is to make buildings, public spaces and any other place wheelchair accessible, where a person might need to go for work, play, education, business, services and to provide greater independence for the physically challenged. On individual basis, complete renovation and/or minor modification services are provided to make the home or workplace wheelchair accessible.







2018-2019

Accessibility Solutions	Stats
Public Parks	1
Commercial Buildings	3
Mosques	3
Government Offices	5
Private Shopping Points	8

2017-2018

Accessibility Solutions	Stats
Public Parks	1
Commercial Buildings	3
Mosques	2
Government Offices	4
Private Shopping Points	5



Training and Education

It is a continuous process at PCP which include on job training of newly hired staff, regular in-service classes, arranging and conducting Hands - on workshops. Students from different medical, nursing and Physical Therapy colleges regularly visit the center where they are taught the concept and need of comprehensive physical rehabilitation for persons with spinal cord injuries. Moreover students of doctor of physical therapy from various colleges (IPM&R, KMU, RCRS, RMI, NCRS, NWGH) are deputed for clinical practice and volunteer internships.



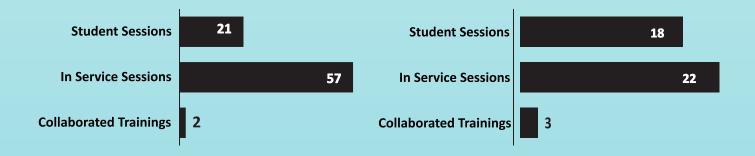


2018-2019

Training & Education	Stats
Student Sessions	21
In Service Sessions	57
Collaborated Trainings	2

2017-2018

Training & Education	Stats
Student Sessions	18
In Service Sessions	22
Collaborated Trainings	3



Awareness & Advocacy

Paraplegic Centre is striving for the rights of people with spinal cord injuries and other disabilities. The aim is to Sensitize, Politicians Bureaucrats, Religious Scholars, and General Public regarding the issues of special people. Paraplegic Centre arranges different workshops, exhibitions and conferences on regular basis and publish literature related to issues of person with disabilities.





2018-2019

Awareness & Advocacy	Stats
National Days	4
International Days	8
Stakeholders Networks	31
International Events	3
PCP Events	14

2017-2018

Awareness & Advocacy	Stats
National Days	3
International Days	7
Stakeholders Networks	26
Media Coverage	12
PCP Events	11



Research & Publications

Paraplegic Centre strives to produce knowledge and innovative interventions for the rehabilitation of spinal cord injury patients using local natural, human and capital resources. A large number of epidemiological and clinical studies are produced in recent years. Clinical guidelines are also designed, which not only consider the physical and psychological aspect of spinal cord injury patients, but also take into accounts the specific cultural, geographical, economical, and religious factors prevailing in developing countries.



2018-2019

Research & Publications	Stats
PCP Professionals	11
In Association with Institutes	13

Research & Publications at PCP	Stats
CP Professionals	3

8

In Association with Institutes

2017-2018

PCP Professionals	11		PCP Professionals	3	
In Association with Institutes		13	In Association with Institutes		8

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Research Articles

- November 2017: Research article titled "Frequency and associated factors of knee and low back pain among adults with pes planus" was published by Sana Fatima, Aatik Arsh, Noor Rahman, Aman Ullah, Mahreen Gohar, Aftab Ahmad in "Journal of the Dow University of Health Sciences Karachi", an official Journal of Dow University of Health Sciences Karachi, duly recognized by HEC and PM&DC.
- February 2018: Research article titled "E□ectiveness of chest physical therapy in improving quality of life and reducing patient hospital stay in chronic obstructive pulmonary disease" was designed Waleed Khan, Aatik Arsh, Syed Muhammad Hammad, Syed Arif Shah, Shahid Khan, Abdul Haq in "Journal of the Dow University of Health Sciences Karachi", an official Journal of Dow University of Health Sciences Karachi, duly recognized by HEC and PM&DC.
- March 2018: Research article titled "Epidemiology, clinical features and consequences of spinal cord injury in children" was published by Haider Darain, Aatik Arsh, Amir Zeb, Syed Muhammad Ilyas, Dildar Muhammad and Muhammad Naseem Khan in "Journal of the College of Physicians and Surgeons Pakistan", an official Journal of College of Physicians and Surgeons Pakistan, duly recognized by HEC and PM&DC.
- July 2018: Research article titled "Prevalence of shoulder pain and adhesive capsulitis in post mastectomy patient" was published by Babar Ali, Aatik Arsh, Abid Ali Khalil, Muhammad Zahoor in "Pakistan Journal of Medical Sciences", an official Journal of Khyber Medical College, duly recognized by HEC and PM&DC.
- August 2018: Research article titled "The prevalence of musculoskeletal disorders and work-station evaluation in bank employees" was published by Aneela Umar, Muhammad Kashif, Nawal Zahid, Ramsha Sohail, Aatik Arsh, Abdul Raqib, Pir Zada in "Physical Medicine Rehab Kuror", an international impact factor journal.
- September 2018: Research article titled "Effectiveness of transcutaneous electrical nerve stimulation in management of neuropathic pain in patients with post traumatic incomplete spinal cord injuries" was published by Amir Zeb, Aatik Arsh, Sher Bahadur, Syed Muhammad Ilyas in Pakistan Journal of Medical Sciences, an impact factor journal, duly recognized by HEC and PM&DC.
- September 2018: Research article titled "Upper back pain in physical therapy students and its association with gender, body mass index, study hours and use of cell phones" was published by Sana Fatima, Aatik arsh, Muhammad Daud, Mahreen Gohar, Aftab Ahmad and Ali Maan Shah in "Physical Medicine Rehab Kuror", an international impact factor journal.
- November 2018: Research article titled "Shoulder pain and disability among post mastectomy patients" was published by Aatik arsh, Irfan ullah in "Physical Medicine Rehab Kuror", an international impact factor journal.
- December 2018: Research article titled "Meniscal and ligamentous inuries following acute knee trauma and its association with age, gender and body mass index" was published by Aman Ullah, Aatik Arsh, Sana Fatima, and Mahreen Gohar in "Annals of Allied Health Sciences", an official Journal of Khyber Medical University, recognized by PM&DC.

- February 2019: Research article titled "Non traumatic spinal cord injury in Khyber Pakhtunkhwa Pakistan; epidemiology, clinical characteristics and complications" was published by Amir Zeb, Aatik Arsh, Sher Bahaddur, Syed Muhammad Ilyas, Shah khalid in "Journal of Saidu Medical College", an official Journal of Saidu Medical College, recognized by PM&DC.
- March 2019: Research article titled "Functional recovery in patients with post-traumatic spinal cord injuries: An outcome of gross mobility at Paraplegic Center Peshawar, Pakistan" was published by Amir Zeb, Aatik Arsh, Sher Bahadur, Inayat Shah, Syed Muhammad Ilyas in "Khyber Medical University", an official Journal of Khyber Medical University, duly recognized by HEC and PM&DC.
- April 2019: Research article titled "Spinal cord injury due to fall from electricity poles after electrocution" was published by Amir Zeb, Aatik Arsh, Sher Bahadur, Syed Muhammad Ilyas in "Pakistan Journal of Medical Sciences", an impact factor journal, duly recognized by HEC and PM&DC.
- June 2019: Research article titled "Employment status of person with disability in Government Departments in Khyber Pakhtunkhwa Pakistan" was published by Aatik Arsh, Haider Darain, Amir Zeb, Sana Ullah, Irfan Ullah, Syed Muhammad Ilyas in "Pakistan Journal of Medical Sciences", an impact factor journal, duly recognized by HEC and PM&DC.
- July 2019: Research article titled "Neck pain & disability among school teachers and its association with gender, body mass index, classes per week and method of lecture delivery" was published by Aatik arsh, Sohail Idrees, Naveed Zafar, Brekhna Amin and Shah Ahad in "Physical Medicine Rehab Kuror", an international impact factor journal.
- July 2019: Research article titled "Spinal cord injury and its associated challenges to rehabilitation of patients in Pakistan" was published by Aatik Arsh, Haider Darain in "Rehman Journal of Health Sciences", an official Journal of Rehman Medical Institute.
- September 2019: Research article titled "A randomized control trial comparing the effects of motor relearning programme and mirror therapy for improving upper limb motor functions in stroke patients" was published by Shafqatullah Jan, Aatik Arsh, Haider Darain, Shehla Gul in "Journal of Pakistan Medical Association", an impact factor journal, duly recognized by HEC and PM&DC.
- November 2019: Research article titled "Comparing the effectiveness of kaltenborn mobilization with thermotherapy versus kaltenborn mobilization alone in patients with frozen shoulder [adhesive capsulitis]: A randomized control trial" was published by Syed Muhammad Hammad, Aatik Arsh, Muhammad Iqbal, Waleed Khan, Bilal, Arif Shah in "Journal of Pakistan Medical Association", an impact factor journal, duly recognized by HEC and PM&DC.
- November 2019: Research article titled "Thoracic manual therapy in the management of neck pain: Review of literature" was published by Aatik arsh, Haider Darain, Mujeeb Ur Rehman and Muhammad Kashif in "Annals of Allied Health Science", an official Journal of Khyber Medical University, recognized by PM&DC.







2018-2019

June 2019

- Muhammd Shafique (PCP Orthotist), completed blended learning module on "Spinal Orthotics" with Human Study; a German based ISPO recognized organization for the training and capacity building in Prosthetics and Orthotics, at Islamabad. The training included 06 days online theory and on site practical training each and 03 months online follow up (For Case study assignment and follow up questions, queries and discussion with trainers online).
- Launching the Start Your Impossible Initiative in Pakistan, IMC supported Two national Athletes Saadi Abbas, Karate Champion and Zainab Barkat (Sports Consultant at PCP), Wheelchair Table Tennis player towards their journey to Olympic Games and Paralympic Games Tokyo Japan, 2020.
- Dr. Syed Muhammad Ilyas (CEO of PCP) joined the latest session of Leadership Arena at Al-Khidmat Foundation Pakistan Head Office in Lahore and gave a presentation on "Comprehensive Physical Rehabilitation" to the audience.
- Representatives from the Paraplegic Center in Hayatabad Peshawar met with the Public Affairs Officer (PAO) at US Consulate Peshawar and discussed disability rights, community rehabilitation projects and advocacy in Khyber Pakhtunkhwa. They exchanged ideas on collaboration in education, culture, and sports.
- A Contemporary Artists, Laila Khan, one of the famous proponents of Pashto music, a Pakistani singer and human rights activist, celebrated her birthday with the graduates of PCP along with Friends of Paraplegics family.
- Paraplegic Center and Friends of Paraplegics became part of the Toyota's campaign; long-term commitment to support the creation of a more inclusive and sustainable society in which everyone can challenge their impossible through stories of determination as well as through Toyota technologies.
- CEO PCP participated in the graduation ceremony of the Senior Management Course at the National Institute of Management, Peshawar.
- PCP was selected as a service partner in CLASP Project of UCP Wheels for Humanity and received 100 products including wheelchairs (Motivation Active Folding, Motivation Rough Rider, Motivation Moti-Go, UCP Expression, German Leveraged Wheelchair, INTCO Standard Wheelchair, Whirlwind Rough Rider and Pressure Relief Cushion) to begin appropriate wheelchair service provision.

May 2019

• Manuscript entitled "Effectiveness of Occupational Therapy in improving activities of daily living performance in complete Cervical Tetraplegic patients, A Quasi Experimental Study" conducted by Aatik Arsh, Zunaira Anwar, Amir Zeb and Syed Muhammad Ilyas has been submitted for publication in PJMS (Pakistan Journal of Medical Sciences).

- Chief Executive Officer, Paraplegic Centre Peshawar, Dr. Syed Mohammad Ilyas, was invited in a meeting at CMH Peshawar, chaired by the Honorable Mrs Corps Commander, Dr. Fatima Shaheen, regarding the Rehabilitation of the Civilian War Victims from Waziristan.
- Dr. Amir Zeb, met with Rose (Executive Director of Global Club Foot Initiative, GCI), with Bill Galay (Director international business) of Biodex, on the occasion of WCPT congress at Geneva Switzerland.
- Chief Executive, Paraplegic Centre Peshawar, accompanied by Project Officer and Wheelchair Tech, briefed Dr. Sania Nishtar, the Chairperson of Ehsas Program, Govt of Pakistan, Islamabad.
- Rehab Coordinator WHO Pakistan, Dr. Mariam Mallik, along with Mr.Sebastián Liste, a professional photographer and sociologist paid a visit to Paraplegic Centre Peshawar for her documentary on physical rehabilitation in Pakistan.

April 2019

- Construction of another new building (2nd block) with a basement for dedicated Orthopedic Workshop and two floors for inpatients, has started in the existing premises of PCP.
- ICRC delegates, from Genova, Mrs Lysann Kaiser (Hospital Management Specialist) and Mrs. Cecile Richard Olson (Talent Manager Hospital), visited PCP.
- Out-going Head of Sub Delegation ICRC Peshawar, Giovanni Trambaiolo, along with Patrick Somxaysana Vilayleck visited PCP for an introductory meeting with PCP management.
- Incoming head of Sub Delegation ICRC, Peshawar and Guido Versaloot Rehab Coordinator ICRC KP), visited PCP for an introductory meeting.
- Renowned Philanthropist, Mr. Rahim Shah Akhunkhail (from Dir Lower, Currently residing in US), along with MPA, PK-13, Mr. Azam Khan, visited PCP. Chief Executive PCP, briefed them regarding the unique, free of cost services of the Center and expressed his desire to convince the Govt, to replicate the unprecedented center elsewhere in Khyber Pakhtunkhwa and the rest of the country.
- The renowned Australian Physical Therapist, Dr. Shan Patman (ICU, Specialist) visited PCP. He extremely admired the comprehensive physical rehab services of the Center after a meeting with Dr. S.M Ilyas (CEO, PCP).

March 2019

- Honorable Finance Minister Khyber Pakhtunkhwa, Mr. Taimur Saleem Khan, inaugurated the first ever "Comprehensive Physical Rehabilitation Services for Polio Survivors" at PCP, where these services will available one hundred percent free of cost.
- International Nutritional Month, celebrated for the 1st time in the history of PCP. Major General Ihsanullah, participated as a Chief Guest, sharing his valuable thoughts about the importance of balance diet and treatment through the right Nutrients. General Ihsan took a quick tour of the Center and participated in a walk in connection with the International Nutrition Month.

- Occupational therapy department introduced and designed adaptive devices i.e. shaving trimmer, introduced for grooming of Quadriplegic patients.
- Brigadier Irfan, Director Medical Services, 11 corps and Lt Col Arif Awan visited PCP on Saturday, in connection with possible collaboration for the Physical Rehabilitation of Polio Survivors from Waziristan.

February 2019

- Occupational Therapy introduced and designed assistive device "Page Turner" for Instrumental Activities of Daily Living (IADLs).
- WHO team Polio Eradication team Hayatabad Peshawar, conducted an awareness session related to polio eradication initiative.

January 2019

- Pakistan Prosthetics and Orthotics Day was celebrated on 15th January at PCP.
- Occupational Therapy designed sports device for Quadriplegic's recreational activities i.e. Table Tennis with Palm holder.
- Water Purification Plant, under the mega clean drinking water programme "Clean Drinking Water for All" (CDWA) of Local Government Department & Rural Development was installed at PCP.
- Hands-on-Workshop on "Basic and Advanced Clubfoot" conducted at PCP, attended by TMOs and PTs. Dr. Salik Kashif (Paeds Orthopedic Surgeon HMC) and Dr. Amir Zeb (PT, HOD Physical Rehab PCP) facilitated the training.
- Miss. Marwa Bibi, a graduate of PCP, re-joined her school after successful rehabilitation at PCP and by the continuous Follow up Team efforts. A big achievement for Follow up Team and her Parents.
- Head of Physical Rehab Programme at ICRC Peshawar, Mr. Ahmad Abdul Qader Al-Musa, was paid farewell visit, on the completion of three & half years mission in Peshawar, Pakistan.

December 2018

- One (01) month Practical Training on Ponseti Management was given to four (04) Physical Therapists from PCP, at Lady Reading Hospital by International Committee of the Red Cross Pakistan.
- Occupational Therapist of PCP attended two (02) days training course organized by "Basic Needs Pakistan" on "Mental Health First Aid Pakistan" held at Shelton Rezidor, Peshawar.
- Dr. Amir Zeb (PT, HOD Physical Rehab) conducted Clubfoot awareness session at community level in district Buner, on 25th December.

- An awareness session on proper Seating and Pressure Relief Techniques were conducted at PCP, where different dummy presentations were given by the multidisciplinary team to educate the patients and attendants, how to prevent pressure sores.
- "National Ability Sports Festival 2018" was jointly organized by ICRC, FOP, Paraplegic Center and other partner organizations especially physical therapy institutes on International Day of Persons with Disabilities held at Islamia College Peshawar. PCP set up stalls of Clubfoot Home, Assistive Devices, Occupational Therapy, Skills Building on this event.

November 2018

- Clubfoot Home awareness session was conducted by Paraplegic Center team in DHQ Haripur, Ayub Medical complex Abbottabad, King Abdullah teaching hospital (DHQ) Mansehra.
- Multidisciplinary team of PCP conducted an awareness program on "UTI Prevention" to raise awareness among people with spinal cord injuries.
- PCP Orthotist, Waqas Mehmood, completed blended learning module on "Lower Limb Orthotics" with Human Study; a German based ISPO recognized organization for the training and capacity building in Prosthetics and Orthotics, at Islamabad. The training included 06 days online theory and on site practical training each and 03 months online follow up (For Case study assignment and follow up questions, queries and discussion with trainers online).
- Dr. Amir Zeb (PT, HOD Physical Rehab) attended one week training in Lahore, on "Physiotherapy standards implementation" organized by ICRC.

October 2018

- Agreement signed with UCP Wheels for Humanity for CLASP project to donate 100 wheelchairs along with Cushion for appropriate wheelchair service provision.
- Provision of Orthotics services to Clubfoot Children were initiated at Orthotic Workshop to facilitate the clinical needs of Clubfoot Home.
- Occupational Therapist (Zunaira Anwar) and Physical Therapist (Ijaz ul Haq) of PCP completed Physio Plus online courses on Wheelchair Service, Introduction to Wheelchairs Service Provision, Steps to Appropriate Wheelchair Provision, Wheelchair Fitting, Skills and Maintenance and Wheelchair Service Delivery.
- Occupational Therapy day was celebrated in collaboration with IPM&R at Khyber Medical University. PCP contributed with presentation on "Role of Occupational Therapy in Spinal Cord Injury" and also displayed assistive devices on its Occupational Therapy stall.
- Dr. Muhammad Iqbal, Physical Therapist Follow up Team PCP conducted awareness sessions on clubfoot at District Headquarter Hospital DI Khan, District Headquarter Hospital Lakki Marwat, District Headquarter Hospital Karak, District Headquarter Hospital Bannu, District Headquarter Hospital Hangu, District Headquarter Hospital Kohat.

- The honorable Minister/Deputy Chief of Mission, Japan "Yusuke Shindo", along with Mr Reto Stocker, the ICRC's Head of Delegation to Pakistan accompanied by ICRC Sub Delegation Peshawar visited PCP.
- CEO PCP, Dr. Syed Muahmmad Ilyas conducted Clubfoot awareness session at the Chitral Press Club, DHQ Dir. Upper and DHQ Hospital, Taimergara Dir Lower.

September 2018

- Dr. Muhammad Iqbal, Physical Therapist Follow up Team PCP conducted an awareness session on clubfoot at on 29 September 2018.
- Mr. Martin Kobler, Ambassador of the Federal Republic of Germany to Pakistan, visited PCP on the request of the Friends of Paraplegics.
- A group of the under training Govt Officials at the "Pakistan Provincial Services Academy (PPSA)" visited PCP".
- Head of ICRC Physical Rehab Prog, "Joseph Negels", accompanied by ICRC PRP Head KP Chapter, "Ahmad Al-Mosa" visited PCP.
- Dr. Amir Zeb (PT, HOD Physical Rehab) conducted an awareness session on clubfoot at DHQ Buner and at DHQ Shangla attended by huge number of doctors, Physical Therapists and paramedics.

August 2018

- Dr. Khukula Imtiaz Physical Therapist conducted awareness session on Clubfoot at Mardan Medical Complex and Mr. Ibrar Ahmad Physical Therapist in DHQ Hospital Battagram.
- PCP started the treatment of children with Clubfoot Peshawar (ICRC) Joining hands with the PCP (PCP), the International Committee of the Red Cross (ICRC) has established a state-of-the-art facility in Peshawar to treat children born with club foot deformity free of cost. Interim Minster of Health in Khyber Pakhtunkhwa (KP) Mr Akbar Jan Marwat inaugurated the centre, "Clubfoot Home".

July 2018

- Mr. Muhammad Abbas residence of Batakhela District Malakand is a complete T-11 paraplegia. He got his injury in Oman while doing his job. His wife with three children are dependent for bread and butter on him. During rehabilitation from (PCP) Social Worker processed his OPF case for financial assistance. Mr. Abbas received a cheque of three hundred thousand rupees.
- Renowned Philanthropist & Maxillofacial Surgeon, Dr Asif Taufiq from Atlanta, Georgia, visited PCP, while on his way to Kalash Valley, Chitral. He appreciated the unprecedented services of the center and promised to support it, in all possible ways and means.

2017-2018

May 2018

- CEO PCP & General Secretary of the Friends of Paraplegics along with a team of functionally impaired friends and wheelchair experts inspected the prototype Bus for the upcoming BRT Project in Peshawar.
- A team of Medical Professionals from Saint Joseph Hospice, Rawalpindi visited PCP. They were briefed by the Center's Chief Executive, Dr. Ilyas Syed and presented with a book written by a quadriplegic, for the use & benefit of people with spinal cord injuries.
- PCP printed and launched its first ever magazine "Spinal Cord Bulletin" thanks to the hard work and meticulous persuasion of Nudrat Gul and the entire editorial board.
- Dr. Mohammad Wasay, Professor of Neurology, Department of Medicine, Agha Khan University Karachi, along with Dr. Abdul Malik, Consultant Neurologist visited PCP. A presentation, was followed by a visit to the facility, with Chief Executive PCP and his team.

April 2018

- A delegation from ICRC, including Mr. Patrick Somxaysana Vilayleck and Giovanni Trambaiolo visited PCP.
- Barbed wire was installed throughout boundary wall, in order to fortify the center, in wake of the prevailing security concerns.
- Occupational therapy department designed and introduced new type of feeding aids, palmar gripped knife & cutting aids for Quadriplegic patients at PCP.
- Three (03) days introductory workshop (Theory and practical) on Basic Level Wheelchair service provision was organized by ICRC at PCP from 29th April to 02 May 2019, the training was provided by wheelchair service professionals of PCP i.e. Dr. Amir Zeb (PT), Zunaira Anwar (OTR), Dr. Muhammad Ijaz (PT) and was attended by Physical Therapists & Prosthetist & Orthotists from ICRC supported centers of merged districts i.e. PRC Khyber, Landikotal as well as staff of PCP.

March 2018

• Chairman along with MD from "Lissaail-e-Wal Mahroom Foundation (LWMF)" visited PCP for an introductory meeting and discuss future collaborations.

February 2018

• 2nd KP T-10 Wheelchair Cricket League was arranged by Friends of Paraplegics with support of Directorate of Sports, Culture, Toursim and Youth Affairs, ICRC, University of Peshawar, Supreme tailors, ARPD and PEDO, from 7-8 February 2018, at Hostel-2 Ground, University of Peshawar. The activity was aimed to highlight the necessity of social inclusion and accessibility for person with disabilities in educational institutions. Seven (07) teams (Malakand Legends, Bannu King, Peshawar Warriors, Dir Tigers, Abbottabad Dolphins, FATA Eagles and Mardan Stars) participated in the tournament. A large number university students and faculty members observed the games with great enthusiasm.

• Occupational therapy department designed new assistive devices like grooming aids, modified nail cutter, palmar gripped bathing & combing brushes.

January 2018

- 06 Days training on "Basic level wheelchair service provision and product familiarization" was arranged, by the PCP Wheelchair Service Professionals to the newly hired clinical staff and Technicians.
- Pakistan Prosthetics and Orthotics Day, was celebrated at PCP.

December 2017

- Physical Therapy department organized one day workshop on "Assessment and treatment of shoulder joint (A comprehensive approach)" held in December 2017 at PCP, attended by PTs and PT students of different institutions (IPMR, NCS, MMI). We are thankful to Dr. Muhammad Khan (PT) for conducting the workshop.
- Chief Executive, PCP, Dr Syed Muhammad Ilyas, received Public Service Award from Afghan TV, at Fort Continental Hotel Peshawar
- International day for people with disabilities (IDPD) was celebrated jointly, for and with, the victims of disabilities, in collaboration with, "Friends of Paraplegics", "International Committee of the Red Cross (ICRC)", "Al-Khidmat Foundation", "Pakistan Red Crescent", "Peshawar Zalmi", IM Sciences & many more at Sports Complex Peshawar. Different stalls of Assistive Devices, Occupational Therapy and Vocational Training department PCP were also displayed.

November 2017

- Four (04) Physical therapists from PCP attended Clubfoot Online Course (Clubfoot MOOC) via the "Physiopedia". (Once again thanks to the continuous support of ICRC).
- Flower beds were gardened all over the outside boundary wall of PCP ornamented with neat Masonry.
- A research consultant has been hired and formal research committees constituted. Dr. Syed M Ilyas (CEO, PCP) chaired the first meeting and assigned the tasks to all rehab professionals including physical therapists, occupational therapists, psychologists, social workers, Medical officers and Nurses.

October 2017

- Psychologists of PCP, participated in workshop on World Mental Health Day (Mental Health in work place) held in October 2017 at Rehman Medical Institute.
- PCP, successfully completed seven (07) days (18-26th October 2017) intensive, Wheelchair Service Training Program and Practice on Wheelchair Seating was attended by employees of PCP, MPRC, AKI & Alfarabi. Huge thanks to "Patris Johanes Bradenhorst" for conducting such an informative training with sponsorship of ICRC.

- Two Day International Workshop on ICTs for Development: Mainstreaming the Marginalized, at COMSATS Islamabad, organized by UNESCO, Uni Twin, INIT, COMSATS, CEO PCP Dr. Muhammad Ilyas Syed and Mr. Mansoor Golra represented the center at this unique workshop.
- For functional independence of people with high leveled spinal cord injuries, Occupational therapy department designed Hook Aids (Holding Mitts) for patients having weak grip at PCP in August 2017.
- PCP team participated in World Cerebral Palsy Day, held at Akbar Kare Institute in October 2017.

August 2017

• Chief Executive PCP was sponsored by World Health Organization to participate in the World GREAT Summit 2017 to represent PCP and present his Innovation Snapshot on "Enhancing Mobility through Sustainable Local Assistive Technology" under the thematic areas of Product, Personnel, Provision and Policy.

July 2017

• Twenty (20) Wheelchairs of Free Wheelchair Mission, donated by Al-Khidmat Foundation Pakistan to PCP.



German diplomat visits Paraplegic Centre

PESHAWAR: Ambassador of the Federal Republic of Germany Martin Kohler paid a quick visit

The ambassador visited the centre on the invitation of the "Friends of Paraplegies", a local NGO orking for the rights of people with physical impairments.

He was warmly received by the chairman, Chief Executive Officer of Dr Syed Mohammad Ilyas and all the department heads of the centre in the presence of a delegation from the "Friends of

ambassador and his delegation were briefed by chief executive officer regarding the history and services of the centre. Kobler and his delegation took keen interest in the centre's activities and appreciated the services provided, to destitute people with spinal cord injuries from all over the

Kobler was surprised to know that the Paraplezic Centre has the honour to have treated and ively rehabilitated more than 9,000 people with severe spinal cord injuries from different parts of the country and Afghanistan.

an and CEO of the centre presented the guest with a shield of honour. He and his n were also presented with memorial mues from the Friends of Paraplegics.

Paraplegic centre: German ambassador

PESHAWAR: German Ambassador Martin Kobler on Saturday visited Paraplegic Center Peshawar (PCP) on the invitation of Friends of Paraplegics, a local NGO striving for the rights of people with physical impairments. German ambassador showed willingness to extend possible technical and material support to centre in its rehabilitation activities. PCP CEO of Dr Syed Ilyas

assures help



دوزنامه

يثاور، بين الاقوامي ريُد كراس مميثي نے كلب فوث موم كى بنيا در كھ دى

چەرد ئۇرىمەد ئالىن ھۆلەن خۇلىن ئىنى دائۇلەر ئەنھۇن ئانجىد ئۇنۇ ئانگەن دەرجى دائرىيان ئى) ئىنى دەنگەك ئۆلەن ئىلىنىن ئەنچەرى ئىر مەنسىدا يادىدى ئامپايا ھەنگەن ئالىنى ئۇرۇپ ئامدا ئالەن بەردى ئەن ئۇلۇپ ئادارى ئامدىنى ئامدىنى ئامارىيى ئامدىنى ئىرىن ئامدىنى ئۇرىكى ئاملىنى ئامدىنى ئامارىيى ئامارىيى ئالىن چەن ئامدىكان ئامارىيى ئامدىنى ئىمارىيى ئامدىنى ئىرىنى ئامدىنى ئامدىنى ئامدىنى ئامدىنى ئامدىنى ئامدىنىڭ دان يەل ئامدى ئەرچى ئاردىن ئىرىنىگەن ئىدىنىڭ ئامدىنىڭ ئامدى



Friday, March 29, 2019

10-bed facility for polio survivors at Paraplegic Centre KP finance minister says more funds to be allocated to centre

7,000 people suffer from spinal cord

Region (Centre Peshawar (PCP), the of here were more such centres on the provincies. We will assist them by providing free expertise," Prapelgic Centre (Postassi, etc., are proper assisted the provinces. We will assist them by providing free expertise," Proficer (ECO) Syed Muhammand Ilyas told reporters on Sunday.

The federal or provincial agovernments in Punjab, Sindh mad Ilyas said, adding that a said paragraph of the provinces. We will assist them by providing free expertise," Prapelgic Centre (Postassi Cord injuries.

There is a dire need to have more such centres on senso other facility in public working allowed to accept this one that tained the provinces. We will assist cord injuries.

The federal or provincial levels in cord injuries.

The federal or provincial and Ilyas said, adding that Asia and Balachistan must support care are for early fifty they out our care; if they do not have or offer control to the province of the provinces. We will assist them by providing free expertise," Prapelgic Centre Postawar (PCP) Chief Executive officer (ECO) Syed Muhammand Ilyas told reporters on Sunday.

The federal or provincial and Ilyas said, adding that Asia

Monday, Novembe

Paraplegic

plans to increase

INTERNATIO

The Nation

Paraplegic Centre Peshawar expansion on the cards





INTERNATIONAL

centre in its renabilitation activities. PLP-CDI of in Syed in yas told the guests that PCP has rehabilitated more than 9,000 people with spinal injuries, besides providing them with custom made wheelchairs and all other needed assistive devices. In collaboration Red Cross the centre plans to treat children with idiopathic club feet.



NEWSLETTER



NO MOUNTAIN TOO HIGH FOR OVER 400 BRAVEHEARTS ول"میں 400 سےزاندہمادروں کے لئے کوئی





r 12, 2018

Centre bed capacity

injuries in Pakistan annually

of the family, as 90 per of the patients fall below treated more than 12,000

f spinal cord pa-y were planning to centre to 150 beds

or one such patient was spinal cord injuries, the Paraured to caring for a hun-plegic Centre Peshawar that
other patients. In the was initially funded by the
breath, he said the situalould become worse if tonomous body under the Rityere the sole breadwin- ber Pakhtunkhwa Health Deere the sole breadwin- ber Pakhtunkhwa Health De-

wices to spinal cord patients aid that with a growing from all over the country as of spinal cord pa-hey were planning to added.

, they were planning to added dthe centre to 150 beds "In addition, we also pro tree. It is addition, we also pro tablished in 1979 after leal counselling, orthotic de Russian invasion of vices, wheelchairs, walker nistan when there was and even arrange for then thacility across South recreational activities like to deal with cases of sports," he added.

ADDING LIMBS

Paraplegic centre to double capacity

OUR CORRESPONDENT PESSERVAR. The Paraplegic Centre Peshawar (PCP), the of the country which provi free services to patients with spinal cord injuries from across the country and even Afghanistan, is planning to

creasing the number of bed from 78 to 150. The decision has been taken after witnessing an ncrease in the numb of people who visit the hospital seeking treatment for spinal cord injuries. Speaking to journalists at a briefing on Sunday, PCP a briefing on Sunday, PCP Chief Executive Officer Syed Muhammad Ilyas said that there was a need to support the centre apart from building additional centres which offer similar

governments in Punjab, Sindh and Balochistan to support our centre, if the do not plan to set up simi

بلد عدائبار 30 مرام المعار 1440 م 24 2018 ع 2075 مناه المرابريان المرابريان المرابريان المرابريان ا

مینل کارڈ'' کے متناثرہ مریض وہنی تناؤ کا بھی شکار ہوتے ہیں، ڈاکٹر محمدالیاں بدر العدد بدر) والمحل منز جاد كر بيف عريان بدر بالتان عدد عظر عدان الله المالك كله المجالم والمراد المراد الم



12 41/20-2 2202641-441

الناوري المحك مشرك جيف الجزيكية الفيرواكش عمد الياس أواسة واتت ا









ماؤل كافير هاين قابل علاج ب، واكثر سيدالس





سوبانی وزیر خزاند نے حیات آباد میں قائم ور الی جک سفر کا فقتاح کیا، حکر وزے آلات مقلوالے تے،

ن كاكر شدروز صوبائي وزير فزاند تيور سليم جمكزان كيار يوليو بماني سنشر ييرال بينك سنفر حيات آباد ش قائم الیاہے جس کیلے دو کر وڑ مالیت کے آلات و مشیزی متکوالی گئی ہے ابتدائی طور پر ہولیو بھالی سفروس بستروں ے شروع کیا گیاہے جس میں مزید ضرورت کے مطابق اضاف کیاجائے گا۔ صوبائی وزیر خزانہ تیور سلیم جھڑا نے نظر کا افتتاح کرتے ہوئے کہا کہ اس سنر کیلئے ہے بجٹ میں مزید فنڈ ز مختص کے جا کیتے اور میں الل بھک سنظر نیات آباد کیلئے بھی نئی جگ و یکھی جائے گی۔الگا کہنا تھا کہ بدائی تو عیت کا ملک جریش پہلا منصوبہ ہے، حکومت

مفت ديئ جائي ك جكد مغفر عن نقسياتى علائ كالجحي ابتمام كياجات كا-

پیراپلیجک سنٹر۔ جہاںخوات بیبر ماتے ہیں

عشرت کی زندگی اور لا کھوں کی تخواہ چھوڑ کر بیٹا ورجیے

يس ايك ويران اوررواي ادار كوند صرف اين يادل ير كفراكيا یک ابال کی الدارت سمیت ای کی خدمات مجلی پھیلا رہا ہے۔ كزشته دنول عالمي ادارے آئى ى آری کے تعاون سے بیرا کچیک منشر مين كلب فك كلينك كا افتتاح تكران وزريعحت جناب اكبرخان مروت نے کیا۔ جنوں نے اپنے

خطاب میں برطا اعدان کرتے ہوئے کہا کہ ان کے خیال میں انھوں نے اپنے جالیس روز ہ دور وزارت داره بهت تيزي كيماته عوام كيماته ساته ملكي وين بيدا بوف والے بجول كاند مرف مفت علاج كياجات شرح ایک بزار می صرف ایک ہے محر بدهمتی ہے پيدائني طور يرمعذوران بجول كاسوفيصدعان ندصرف مکن ہے بلکہ زیادہ طویل اور مینگا بھی نہیں ۔ مگریا کستان انت اوراعناد کیساتھ اپنی زندگی اور ضروریات کا بوجد لئے ہاتھوں سے چلنے یا زمین ر محسلنے برمجبور موجات نیں رہے ہیں کرتک یہاں کا نعرہ یہ ہے کہ یہاں سے ایل کی ۔ کدایے معاشرے میں معذور افراد کی معقد وروں کو مریش مریش کہد کران کے احماد کو توڑا کہ چھایا جائے تاکداس بیاری کا شکار پیدا ہونے والا کوئی

خرش متنی سے یا کستان ان ممالک کے ابتدائی فہرست کا جذبہ بیدار کیا جاتا ہے۔ بیرشاید ملک کا واحد اوارہ یں شامل ہے جہاں کا متول طبقہ فیرات زکواۃ اور ہے جہاں کے ماہرین علاج کے بعد مریش کے گھر صدقات کے ذریعے الکھول تر بیول کی کمام بنیادی جاکران کے لئے ناگز م بہولیات کا بندوبست کرتے ضروریات بوری کرتا ہے۔ لین بعض سرکاری اور غیر ہیں۔ ان بے لوث خدمات کا اتمام کریٹٹ اس سرکاری اداروں کی کمزورسا کھی وجدے فیرات زکواۃ ادارے کے روح روال خدمت اور اخلاص کے اور فلاح و بهود کابیر سارا کام غیر متلکم انداز ش انفرادی جذب سے سرشار ایک ایک شخصیت کو جاتا ہے جنسوں طور پر ہوتا ہے کیونکہ لوگ عدم احماد کیویہ سے سرکاری نے استے خاندان سمیت امریکہ کی شہریت میش و اداروں کو بیسرو یک تقتیم کرنے کو تیاریس جس کیوب بعض مفاد برست اوَّ عوام كي اس جدر دي اور حاوت كالمشجر عن اس دور عن رينے كو ترجيح وي جب دہشت ب جافا كره الفاكر كرور يتى بن جاتے بين جبكه بعض جكد محروى اور بدائني كيوبر سے يبال كے اپنے باى اس يتى اور حقى حقدار دودت كى رونى اورسحت يسي بنيادى مشركو خيرة بادكه كرتهود رب سفي - ذاكر سيد محد الياس مولیات کے لئے رہے نظراتے ہیں۔ کیونک بداوگ نے اپنی مخلصاند اور شاند روز کوششوں سے چند سال

خدارس مالداروں کی نظر سے پیشده و تے ہیں۔ بدسمتی سے ملک ص ايدهى فاوغريش، الخدمت فاوغريش اورشوكت خانم سننرجي جديداورمظم ادارول كي تعدادآ في می تمک کے برابر ہے۔ جو بیک وقت عوام وخواص كے احماد ك نقدار اورائے کام سے انساف کر ے ایں۔ ورا الحکا سفر حات

راكر چدندكوره ادارول كى طرح مشهور ومعروف تو الیں بھر یا کتان بحری ریدھ کی بڈی کے متاثرہ افراد کے لئے بدنام ناپائگل تیں۔ اپنے انتہائی گرانقدراور میں اس بہتر کام کوئی تیں گیا۔ کہ وہ آج ایک ایسے باوٹ خدمات کیجہ سے چند کرنال پر شعشل ہے جونا سا تھینک کا افتتاح کر دیا ہے جہاں فیڑھے یاوں کیما تھے الاقوامي اوراول كا اهماد حاصل كرربا ، ياكتان تو كا بلكه ان كه والدين كوآف جائے كا خرجه اور مفت در کنارشاید بیدونیا کا پیلا خیراتی اواره ہوگا جہاں کے ماہر رہائش بھی فراہم کی جائے گی۔ تقریب کو بتایا گیا کہ ونیا واكثرون سميت تمام طازين كويد بات المحى طرح جريش فيزهد بإول كيماته بيدا وق والي بجل كى Patient is the Boss العلوم عدم المالك ینی مریش مالک بد مریش جب کے گاجیے کیے گا یا کتان میں بیٹر ت کی زیادہ باس کے باوجود کہ ان كى ضرور يات اورعلاج كالى طرح خيال ركها جائے گار اٹی توعیت کے اس منفرد ادارے ہے اب تک بزاروں معذور افراد (Spinal card injured میں مخصوص سمولیات کی عدم موجودگی اور والدین اور) مفت علاج کرواکر معاشرے پر بو جو بینے کی بجائے معاشرے کی عدم تو جھی کے باعث ایسے بیج عرفجر کے الفاري إلى - بي المينيك مشركاتي كرمعذور ،معذور إلى - واكثر الياس في والدين سيت تمام حاضرين امیدین زندہ رہتی ہے۔ یہاں مریضوں اور تعداد کم کرنے کے لئے اس بیغام کو گھر گھ الیں جاتا ہے بلکہ اثین احماد و یا جاتا ہے اثین مشکل مجی بیدائ مقت سوات اور علاج سے محروم شرب حالات میں زعرہ رہنے کا گر سکھاتے ہیں۔ ان میں شاید آپ کے چند الفاظ کی کی زعد کی اور آپ کی اسلامی اصولوں کے مطابق اپنے اپنے کر ورلوگوں کی مدد سے خرت سنوار نے کا دَر بعیر بن جائے۔



یک سفر بطاور کے بی ای اوڈ اکٹر سید تھ الیاس کا یاؤں نیز ما بن آگای سفن کے دوران محائد بن کے همراه کردے فرق

ما وُں کا مُنز ھاین قابل علاج ہے، ڈاکٹر محمدالیاس

ل (الارد و بعث) معذ و الرائد عن كم مركز القد الن عن من في مدا كام يا في عداد بر عاد المدار المراز المدار ال الكلاستوريات أراد يتاد كم يقد المركز استنق فوري فح 10 بالا عبد بس كيك يتر في التا CHINE CHERCONDE

ال كالميرها بن قابل علاج ، واكثر محد الياس



(جورور اورٹ)مغذورافراد کی بھاؤا کے م کزیم ایلیجک منٹر حیات آباد شاور کے بیف ایگزیکٹو آخیر ڈاکٹر سد ٹھرالیا ہے گیا ہے

جس کیلئے چرال جیسے دورا فراد علاقے میں آگای کی منر ورت ہے رہیدا تشی طور پر میز سے پاٹول دولے نومولود بچوں کو فور کی طور پر منظر

ہر ال زند کی گزار نے کے قابل عاصلے ال موقع مرز کن قوی استماع موانا عمد الا کیرج الی نے مجل خطاب کیا۔ جزال برنس کا ہے کے

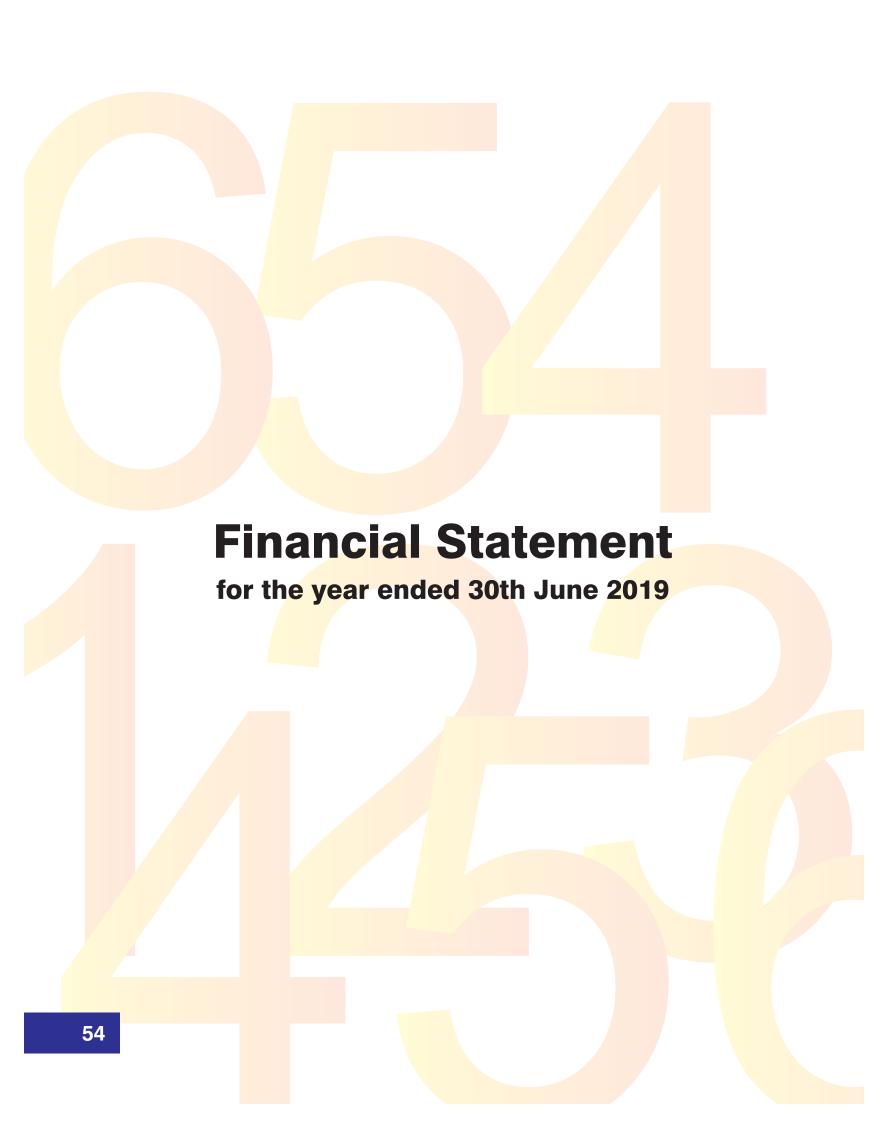
صدر تلمیر الدین ، باتب شلح ناظم مولانا عبد القلور اور بناعت اسلامی کے امیر مولانا جیشیدا تعداد سیکر تری فضل دفیا جان کای تقریب منابعو قلع پر



فيركاحيات آبادمين معذور بحالي

بسروں سے آغاز، ضرورت کے مطابق اضافہ کیا جانگا لك بحرين افي لوعيت كابيا منسوب وسفركيك من بيت عن مريد فلاز محق ك ماكي ك: تيورسليم جَعَرًا، مريشول كاجديدانداز على مقت علاج جو كا: إاكر الياس

یٹاور (مینئز، پورش) فیبر پختو تخوایش پولیوے متاثرہ بچول کے لئے پٹاورش پہلا بھالی سنٹر قائم کردیا گیا ہے۔ ں منر کے حوالے سے حریدا قدمات مجی کر تی تاکہ صوب کی عوام کو بہتر سروایات متیاب ہو سکیں۔ سربراہ يرايل بجك منفرة اكرالياس كاكبنا تفاكد منفري مريقول كي جامع جسماني بعالى اور علاج معالي كيا جائ كا-م پیشوں کو جدید ترین انداز میں بالکل مفت علاج قراہم کیاجائےگا۔ مریضوں کو ویل چیئز زاور دیگر ندوگار آلات



PARAPLEGIC CENTRE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2019



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INDEPENDENT AUDITORS' REPORT TO THE BOARD OF GOVERNORS OF PARAPLEGIC CENTRE REPORT ON THE AUDIT OF THE FINANCIAL STATEMENTS

Opinion:

We have audited the annexed financial statements of **Paraplegic** (the 'Centre'), which comprise the Balance Sheet as at June 30, 2019, the income & expenditure account, the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at June 30, 2019, and of its financial performance and its cash flows for the year then ended in accordance with Accounting Standards for Not-for-Profit Organization (NPOs) issued by Institute of Chartered Accountant of Pakistan and International Financial Accounting Standards for Small and Medium Sized Entities (IFRS for SMEs) issued by the International Accounting Standard Board as applicable in Pakistan.

Basis for Opinion:

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the University in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our Opinion.

Responsibilities of Management and Those Charged With Governance for the Financial Statements:

Management is responsible for the preparation and fair presentation of the financial statements in accordance with International Financial Reporting Standards (IFRSs) as applicable in Pakistanand for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatements, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the University or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the University's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements:

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that
 are appropriate in the circumstances, but not for the purpose of expressing an opinion on the
 effectiveness of the University's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the University's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause University to cease to continue as a going concern.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Peshawar

Date: 18 SEP 2019

Shartered Accountants

Engagement Partner: Manzoor Ahmed Savul FCA

	Note	2019 Pak Rupees	Restated 2018 Pak Rupees
ASSETS			
Non-Current Assets			
Property, machinery & equipment	4	257,993,802	253,620,114
Intangible asset	5	54,073	81,110
		258,047,875	253,701,224
Current Assets			
Advances, deposits & prepayments	6	4,105,243	3,787,141
Stocks and stores	7	4,570,211	4,317,926
Receivables	8	7,294,622	4,807,317
Short term investments	9	158,900,000	181,400,000
Cash & bank balances	10	31,345,767	4,198,958
		206,215,843	198,511,342
		464,263,718	452,212,566
FUNDS & LIABILITIES			
Funds & Reserves			
Accumulated fund	II	184,337,095	189,209,017
Surplus on revaluation of fixed assets	12	215,603,846	216,473,272
Endowment fund	13	55,501,259	23,217,798
Deferred income	14	4,407,645	4,897,383
Current Liabilities			
Accrued & other liabilities	15	4,413,873	18,415,095
		464,263,718	452,212,566

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE

Paraplegic Centre Hayatabad Peshawar CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER
Paraplegic Center Hay Atabad
Deptt: of Health Govt of KPK

58 Page | 1

PARAPLEGIC CENTRE INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED JUNE 30, 2019

	Note	2019 Pak Rupees	Restated 2018 Pak Rupees
INCOME			
Grant & donations	16	140,207,000	140,008,000
Incineration of waste	17	-	1,031,660
Adoptive & supportive equipment	18	2,144,408	3,338,588
Ortho & follow up patients (ICRC)		26,499,538	13,537,516
Interest income	19	8,252,124	5,021,719
Other income/receipts			67,125
Transferred from deferred income	14	489,738	544,154
		177,592,808	163,548,762
EXPENDITURE			
Operational:			
Personnel	20	59,576,515	45,900,658
General	21	45,758,665	40,779,317
		105,335,180	86,679,975
Administrative:			
Personnel	22	37,005,520	28,436,908
General	23	5,490,439	4,180,857
Legal & professional	24	337,500	1,759,239
Depreciation	4	5,138,479	4,881,110
Amortization	5	27,037	27,037
Loss on disposal of fixed assets			86,173
Contribution to Endowment fund		30,000,000	10,000,000
		77,998,975	49,371,324
DEFICIT FOR THE YEAR		(5,741,347)	27,497,462

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE DIRECTOR FINANCE

Paraplegic Centre Hayatabad

Peshawar

CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER Paraplegic Center Hayatabad Deptt: of Health Govt of KPK

	2019 Pak Rupees	Restated 2018 Pak Rupees
Cash flows from operating activities		
Deficit for the year	(5,741,347)	27,497,462
Adjustments for non-cash and other items:		
Depreciation	5,138,479	4,881,110
Amortization	27,037	27,037
Transferred from deferred income	(489,738)	(544,154)
Interest income	(5,968,663)	(5,021,719)
Contribution to Endowment fund	30,000,000	10,466,063
Loss on disposal	15 15 15 15 15	86,173
Operating Profit before working capital changes	22,965,768	37,391,973
Working capital changes:		
(Increase) / decrease in current assets		
Advances, deposits & prepayments	(318,102)	(1,140,438)
Short term investments	22,500,000	(58,400,000)
Stocks and stores	(252,285)	(311,500)
Receivables	(188,024)	83,552
Increase / (decrease) in current liabilities		
Accrued & other liabilities	(14,001,222)	8,549,943
	30,706,135	(13,826,470)
Interest income received	5,952,843	4,107,448
Net cash flows from operating activities	36,658,977	(9,719,022)
Cash flows from investing activities	1 1 2 3 4 1	
Additions in property, machinery & equipment	(9,512,168)	(4,760,955)
Net cash flows used in investing activities	(9,512,168)	(4,760,955)
Net cash flow during the year	27,146,809	(14,479,977)
Cash & cash equivalents at the beginning	4,198,958	18,678,935
Cash & cash equivalents at the end	31,345,767	4,198,958

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE

Paraplegic Centre Hayatabad

Pashawar

CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER
Paraplegic Center Hayatabad
Deptt: of Health Govt of KPRage | 3

PARAPLEGIC CENTRE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2019

1. LEGAL STATUS

Paraplegic Centre (The 'Centre'), a non profit organization was established at Hayatabad, Peshawar by the International Committee of Red Cross (ICRC) in 1984 and later on the management thereof was assigned to the branch of The Pakistan Red Crescent Society functioning in the Province of Khyber Pukhtunkhwa. The administrative control of the Centre was taken over by Government of Khyber Pukhtunkhwa under "Paraplegic Centre (Taking Over and Reestablishment) Act, 2009 ". Under section 3(2) of the Paralegic Centre Act, 2009 the Centre is recognized/categorized as corporate body. This unique, custom built, state of the art facility currently serves seventy eight (78) patients (at a time) with severe spinal cord injuries (SCI's) from across the country and Afghanistan. The Centre has provided free of cost medical, surgical and nursing care, along with physical, vocational, occupational and psychological rehabilitation services to thousands of patients with SCI's from Kabul to Karachi.

2. BASIS OF PREPARATION

2.1 Statement of compliance

These financial statements have been prepared in accordance with the approved accounting standards as applicable in Pakistan. Approved accounting standards comprise of the Accounting Standards for Not-for-Profit Organizations (NPOs) issued by Institute of Chartered Accountants of Pakistan and International Financial Reporting Standards for Small and Medium Sized Entities (IFRS for SMEs) issued by the International Accounting Standrad Board as applicable in Pakistan.

2.2 Basis for measurement

These financial statements have been prepared under the historical cost convention except as otherwise stated in the respective policies and notes given hereunder.

2.3 Functional and presentation currency

These financial statements are presented in Pakistan Rupee (PKR), which is the functional currency of the Centre.

Significant estimates and judgments

The preparation of the financial statements in conformity with approved accounting standards requires management to make judgments, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

61 Page | 4

3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

3.1 Property and equipment

These assets, except land and capital work in progress, are stated at cost less accumulated depreciation and impairment loss if any. Depreciation is charged to statement of income & expenditure account using the reducing balance method at the rates specified as per Note # 4. Depreciation is charged on additions from the first day of the month in which the asset is available for use while no depreciation is charged in the month in which the asset is disposed off. Assets having cost not exceeding the minimum threshold as determined by the management and gains /losses on disposal of fixed assets are charged to the income & expenditure account.

3.2 Cash and cash equivalents

Cash & cash equivalents are carried in the balance sheet at nominal amount. For the purposes of statement of cash flows, cash & cash equivalents comprise of cash in hand and balance with banks.

3.3 Revenue recognition

Income from sale of supportive and adoptive equipment is recorded on actual cash receipt basis whereas incineration services provided to different institutions are to be accounted for on accrual basis. Markup/profit on bank PLS accounts is to be accounted for on accrual basis.

3.4 Grants

 (i) Recurring Grants received from Government and other donors are recognized as income during the year of receipt.

(ii) Restricted Grants

- (a) Grants related to assets are presented in financial statements as "Deferred income" and recognized in the income & expenditure account on a systematic basis over the period in which their related costs are recognized as "expenses" i.e. annual depreciation.
- (b) Grants other than for assets are recognized in the income & expenditure account of the year as "other income" to match the expenses covered against the grant
- (c) Grants received from donors for specific purposes are used in accordance with the stipulations attached thereto.
- (iii) Donations in kind are stated at fair value, and recognized in Income & expenditure account on a systematic basis over the period in which their related costs are recognized as expensei.e. annual depreciation.
- (iv) Grants if committed by donors but not received during the year are recorded as accrued income.

62 Page | 5

PARAPLEGIC CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED JUNE 30, 2019

3.5 Stocks & stores

These are valued at lower of cost and net realizable value. The cost is determined at weighted average method. Net realizable value signifies the estimated selling price in ordinary course of business less cost necessary to be incurred to make the sale.

3.6 Taxation

The Centre, being an approved NPO, is allowed a tax credit equal to one hundred percent of a tax payble, including minimum tax and final taxes under section 100C of the Income Tax Ordinance, 2001.

3.7 Financial Instruments:

3.7.1 Financial assets

The chamber classifies its financial assets in the following categories:

(a) Held to maturity:

Financial assets with fixed or determinable payments and fixed maturities, where the chamber's management has intention and ability to hold till maturity, or classified in this category.

(b) Loans and receivables:

These are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. Thes are carried at cost net of any allowances for uncollectible amounts, which is the fair value of consideration to be recorded and are included in current assets except for maturities greater then twelve months after the reporting date, which are classified as non-current assets.

(c) Available for sale:

These financial assets are non derivatives that are either designated in this category or not classified in any of the other categories.

Recognition and measurement:

Financial instruments are measured initially at fair value (transaction price) plus transaction cost that are directly attributable to the acquisition or issue of the financial assets or financial liability.

Subsequent to initial recognition, instruments classified as 'available for sale' are measured at fair value. Changes in the fair value of instruments classified as 'available for sale' are recognized in 'other comprehensive income' until derecognised or impaired, when the accumulated fair value adjustments recognised in other comprehensive income are included in income or expenditure for the year.

Financial assets classified as 'held to maturity' or 'loans and receivables' are carried at amortised cost using the effective yeild method, less impairment losses, if any.

The chamber follows trade date accounting for purchase and sale of investments.

3.7.2 Financial Liabilities:

Financial liabilities are measured at amortised cost using effective yield method.

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Page | 6 63

FOR THE YEAR ENDED JUNE 30, 2019 NOTES TO THE FINANCIAL STATEMENTS PARAPLEGIC CENTRE

4 PROPERTY, MACHINERY & EQUIPMENT

4 Surplus on revaluation of fixed assets

Land and buildings were revalued during 2011, by qualified independent valuers. M/S " Abbab Consultants" and MS "Ace Architectural & Planning Service (Pvt) Limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 225,295,153/- which is being adjusted by incremental depreciation arising out of revaluation.

4.3 Depreciation charge

	Incremental depreciation	Depreciation for the year	
5,138,479	869,426	4,269,054	2019
 4,881,110	915,185	3,965,925	2018

^{4.4} Operating fixed assets includes Rs. 2,377,383 & Rs. 2,520,000 as Machinary & Equipment and Generator respectively, received as in-kind donation from variouse donors. The resulting depreciation on these assets is transferred to deffered income (Note-14) during the year.

PARAPLEGIC CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED JUNE 30, 2019

		Note	2019 Pak Rupees	Restated 2018 Pak Rupees
5.	INTANGIBLE ASSET			
	Balance as at July 01,		81,110	108,147
	Less: Amortization for the year		27,037	27,037
	Balance as at June 30,		54,073	81,110

This represent software purchased during last year to facilitate finance department in preparation of financial records. It includes Microsoft Windows Server & Microsoft SQL Server. The cost of the asset is amortized over a period of five years @ 20% per annum.

6.	ADVANCES, DEPOSITS & PREPAYMENTS	1	
	Advances - Income tax Deposits:	3,261,774	3,035,232
	CSD super market store - against purchases	200,000	200,000
	Pakistan State Oil - for POL	480,000	480,000
	1 akistan state on - jor 1 ol	680,000	680,000
	Staff advance (insurance)	53,400	71,909
	Prepayments:		
	Vehicle insurance	110,069	1,21
		4,105,243	3,787,141
7.	STOCKS AND STORES	2000	
	Vocational training	10,700	15,470
	Medicine & surgical	1,584,344	1,914,679
	Stationary/computer supplies	393,704	319,530
	Hygene/sanitation supplies	21,055	12,384
	Raw material for adoptive & supportive equipment	2,204,425	1,746,082
	General & maintenance	364,183	306,581
	Sports equipment	2,500	3,200
		4,570,211	4,317,926
8.	RECEIVABLES		
	Accrued income - committed grants	8.1 3,179,972	2,991,948
	Receivable against disposal of assets	10,800	10,800
	Accrued interest:		
	Centre's funds -TDRs	444,431	194,630
	Endowment fund -TDRs	747,216	247,321
	PLS account	2,912,203	1,362,618
		4,103,850	1,804,569
		7,294,622	4,807,317
	8.1 Accrued income		A. Arena
		22.1 2,975,574	2,787,158
	Women's Hospital Peshawar		46,203
	Frontier Diagnostic Center		3,060
	Lissail Wal Mahroom Foundation	255,400	-
	Painless Delivery Hospital	-	446
	Caring & Curing Centre	* * * * * * * * * * * * * * * * * * * *	3,995
	Fatimid Foundation		3,273
	Medicine Sans Frontiers (MSF)	(51,002)	147,813
		3,179,972	2,991,948

Page | 8 65

PARAPLEGIC CENTRE

NOTES TO THE FINANCIAL STATEMENTS

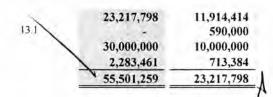
FOR THE YEAR ENDED JUNE 30, 2019

			2019	Restated 2018
	SHORT TERM INVESTMENTS	Note	Pak Rupees	Pak Rupees
	National Bank of Pakistan (Paraplegic Cen Bank Alfalah Ltd (Paraplegic Centre)	itre)		50,000,000 95,000,000
	Sindh Bank (Endowment fund)			22,400,000
	Sindh Bank (CP fund)			14,000,000
	Investment (Zarai Taraqiati Bank)		60,000,000	-
	Investment (Zarai Taraqiati Bank)		45,000,000	-
	Zarai Taraqiati Bank (Endowment Fund)		53,900,000	-
.1	MARK UP & MATURITY OF TDRs:	9.1	158,900,000	181,400,000
	Name of Institution	Value of TDR	Mark up Rate	Date of Maturity
	Zaria Taraqiati Bank	60,000,000	11.0%	14-08-19
	Zaria Taraqiati Bank	45,000,000	12.3%	18-09-19
	Zaria Taraqiati Bank	53,900,000	11.5%	16-05-20
0.	CASH & BANK BALANCES			
	Cash in hand		11,815	15,266
	With banks - PLS accounts		31,333,952	4,183,692
			31,345,767	4,198,958
1.	ACCUMULATED FUND			
	Balance as at July 01,		189,209,017	161,386,370
	Prior year adjustment	13.1		(590,000)
	Incremental depreciation	4.3	869,426	915,185
	Deficit for the year		(5,741,347)	27,497,462
	Balance as at June 30,		184,337,095	189,209,017
2.	SURPLUS ON REVALUATION OF FE	XED ASSETS		
	Balance as at July 01,		216,473,272	217,388,457
	Less: Incremental depreciation transferred to accumulated fund	4.3	869,426	915,185
	Balance as at June 30		215,603,846	216,473,272

Land and buildings were revalued during 2011, by qualified independent valuers- M/S " Ahbab Consultants" and MS "Ace Architectural & Planning Service (Pvt) Limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 225,295,153/- which is being adjusted by incremental depreciation arising out of revaluation.

13. ENDOWMENT FUND

Balance as at July 01,
Prior year adjustment
Trasnfer from surplus fund during the year
Interest income accured during the year
Balance as at June 30,



PARAPLEGIC CENTRE NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED JUNE 30, 2019

		Restated
	2019	2018
Note	Pak Rupees	Pak Rupees

This Fund has been established for the benefit of Centre and its employees during 2010, by Governor of Khyber Pakhtunkhwa by contributing Rs. 5 million. The income generated from the fund is also credited to this fund and utilized for restricted purposes.

During the financial year 2018, interest income amounting to Rs. 590,000 was inadvertantly recognized as inomce of the Centre instead of crediting it to Endowment fund asset. Financial statements of the year ended June 30, 2018 are restated to rectify the error. Resultantly. accumulated fund as at June 30, 2018 is reduced by Rs. 590,000 and Endowment fund asset is increased by Rs. 590,000. There is no impact on assets and liabilities as at June 30, 2018.

14. DEFERRED INCOME

This represents fixed assets received from donors as donation in kind and recorded as deferred income to comply with the requirements of IAS-20 (Grants and related disclosures).

Opening balance		4,897,383	5,441,537
Less: Transferred to Income	4.2	4,897,383 (489,738) 4,407,645	(544,154)
		4,407,645	4,897,383

These are stated at fair value, and recognized in the Statement of Income & Expenditure on a systematic basis over the period in which their related costs are recognized as expense - i.e. annual depreciation.

15. ACCRUED & OTHER LIABILITIES

	Accrued:	1	
	Gas bill	161,980	75,760
	Electricity	1,132,787	988,357
	Telephone & internet bill	16,547	23,025
	Fuel for the generator & vehicles	119,641	150,157
	Audit fee	88,000	80,000
		1,518,955	1,317,299
	Other:	1.	
	CP fund payable	748,044	16,445,140
	Security payable	364,280	435,780
	Other payables 1299000 + 172 7 6 10000	1,782,594	216,876
	+118	2,894,918	17,097,796
	1118	4,413,873	18,415,095
16.	GRANT & DONATIONS		
	Provincial Health Department	140,000,000	140,000,000
	General donations	207,000	8,000
		140,207,000	140,008,000
		-	7

PARAPLEGIC CENTRE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2019

		2019	Restated 2018
	Note	Pak Rupees	Pak Rupees
17.	INCINERATION OF WASTE		
	Medicine Sans Frontier (MSF)	-	873,629
	Women's Hospital	-	46,203
	Painless Delivery Hospital		2,228
	Town Women & Children Hospital		6,790
	Fatima Lab	4.7	1,105
	Fatimid Foundation		61,754
	Caring & Curing Centre	10.12	6,205
	Al-Khair Medical Centre		21,336
	Aim Sugar Hospital	34	12,410
			1,031,660
8.	ADOPTIVE & SUPPORTIVE EQUIPMENT		
0.	Helping Hand		752,598
	Tanzeem Lissail Wal Mahroom	1,081,600	1,575,800
	Frontier Diagnostic Center	-	35,530
	Repair & sale to patients	1,062,808	974,660
	2011/10/2017	2,144,408	3,338,588
9.	INTEREST INCOME		
	Interest on PLS accounts	3,121,767	2,459,370
	Interest on short term investments	5,130,357	2,562,349
		8,252,124	5,021,719
0.	PERSONNEL - OPERATIONAL		
71.0	Staff salaries	53,609,922	41,031,782
	Overtime	400,345	518,241
	EOBI	706,791	653,900
	CP fund	3,167,943	2,391,567
	Group health insurance	1,691,514	1,305,168
	Charles and a ch	59,576,515	45,900,658

68 Page | 11

PARAPLEGIC CENTRE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2019

			2019	Restated 2018
		Note	Pak Rupees	Pak Rupees
21.	GENERAL - OPERATIONAL:			
	Food supplies	21.1	8,715,231	8,726,752
	General maintenance		1,591,267	2,480,728
	Hygiene/Sanitation		769,786	677,409
	Laboratory		312,200	209,463
	Medicine & surgical items consumed		3,931,544	4,563,019
	POL - generator		414,960	422,414
	Raw material for adoptive supportive	equipment	12,747,830	13,341,108
	Recreation/Sports/Games		165,520	142,840
	Vocational training		124,470	143,539
	X-ray regent		38,250	49,540
	Bedding & clothing		1,881,576	1,133,700
	Operation theatre supplies		271,699	237,780
	Domestic training & research		44,633	40,874
	Miscellaneous			199,509
	Utility Charges		7,043,786	5,689,138
	Vehicle maintenance		415,293	804,034
	Vehicle insurance		127,917	
	Club Foot Home Capital Expenditure		1,798,735	~
	Club Foot Home expenditure		3,382,795	-
	Publication / Website		20,344	-
	Follow up program	22.1	2,213,114	1,917,470
	Adjusment of closing stock		(252,285)	_
			45,758,665	40,779,317
	21.1 Food supplies			
	Food supplies to mess		10,342,279	9,946,452
	Less: Collection from employees		1,627,048	1,219,700
	- 2 500 - 000 S ATSON , SOM		8,715,231	8,726,752
	22 1 Follow up program			

22.1 Follow up program

Follow up program, being financed by ICRC, initially covered patients from Peshawar region has now been extended to the rest of the Province including southern districts, Hazara and Malakand division. The extended program is being financed by Govt. of KPK. Its activities include subsequent visits to patient's accommodations after they are formally discharged from the center for providing them necessary services such as; (a) Wound care and physiotherapy if needed, (b) Minor modifications in the rooms occupied by the patients to suit their specific needs (c) To encourage the patients to reintegrate into their families

22. PERSONNEL - ADMINISTRATIVE

Staff salaries	31,485,192	24,065,247	
Wages	1,415,958	1,030,402	
Overtime	225,194	290,164	
EOBI	491,160	448,500	
CP fund	2,111,962	1,604,272	
Group Health Insurance	1,276,054	998,323	
	37,005,520	28,436,908	ı
			,

Page | 12 69

PARAPLEGIC CENTRE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2019

		2019	Restated 2018
	Note	Pak Rupees	Pak Rupees
23.	GENERAL - ADMINISTRATIVE:	1 124 444	4 4 40 0 0 0
	Fuel	1,473,807	1,240,058
	Utilities	1,760,946	1,422,285
	Bank charges	20,062	9,666
	Stationary/Computer supplies	366,473	494,591
	Printing	443,145	147,872
	Newspaper/Advertisement	526,188	354,189
	Miscellaneous	222,406	150,728
	Vehicle maintenance	103,824	201,008
	Entertainment	184,738	103,690
	Conveyance charges	388,850	56,770
		5,490,439	4,180,857
4.	LEGAL & PROFESSIONAL:		
	Consultancy charges	249,500	1,679,239
	Audit fee	88,000	80,000
		337,500	1,759,239
5.	GENERAL		
		2019	2018
	25.1 Number of employees		
	Total number of employees at the end of year	161	160
	Average number of employees during the year	161	160
	25.2 Figures have been rounded off to the nearest rupee.		

25.3 Figures of the previous year have been rearranged & regrouped to facilitate comparison.

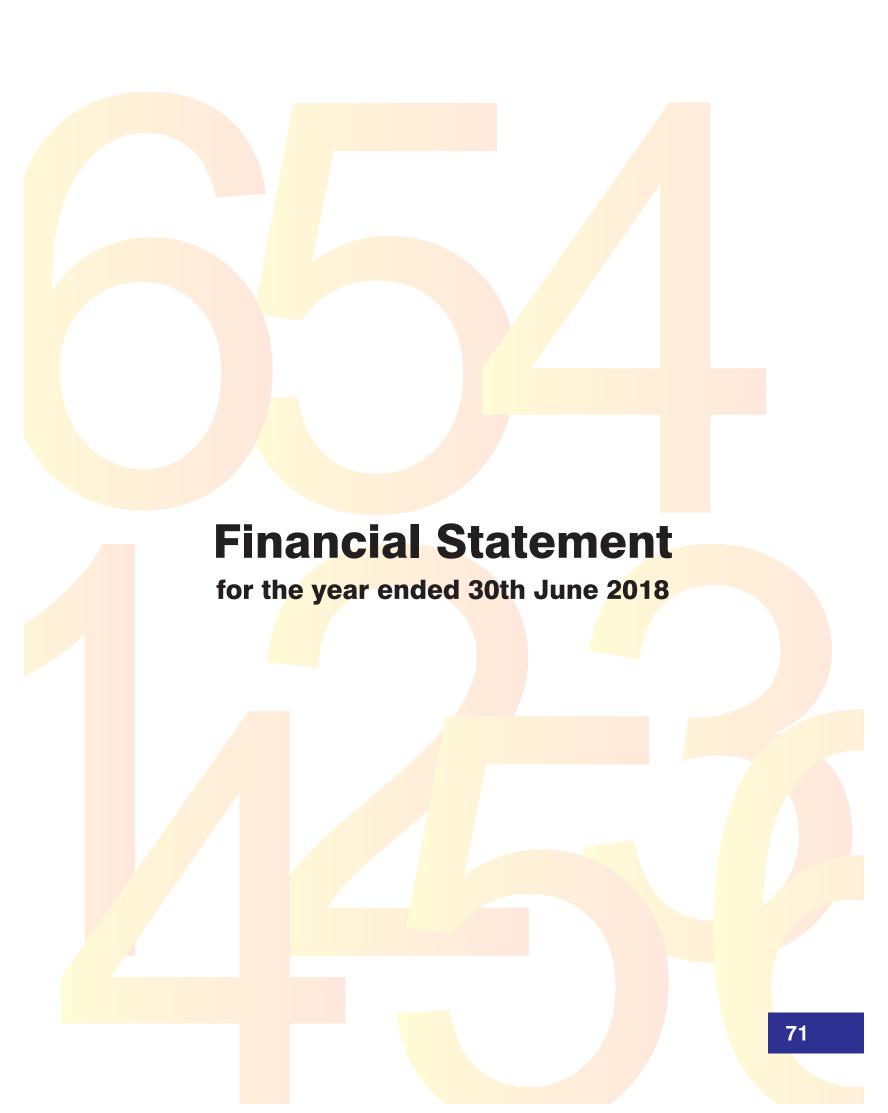
DIRECTOR FINANCE

Paraplegic Centre Hayatabad

CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER

Paraplegic Center Hayatabad Deptt: of Health Govt of KPK



PARAPLEGIC CENTRE PESHAWAR FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2018



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INDEPENDENT AUDITORS' REPORT TO THE BOARD OF GOVERNORS OF PARAPLEGIC CENTRE, PESHAWAR

Opinion

We have audited the annexed financial statements of **Paraplegic Centre Peshawar**, which comprise the Balance Sheet as at **June 30, 2018**, the income & expenditure account and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies

In our opinion, the accompanying financial statements present fairly, in all material respects, of the financial position of Paraplegic Centre Peshawar as at **June 30, 2018** and of its financial performance, and its cash flows for the year then ended in accordance with the approved Accounting Standard for not for Profit Organisations (NPOs) issued by the ICAP.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Centre in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

Financial statements of the previous year were audited by M/s IECnet S.K.S.S.S chartered accountants who expressed unmodified audited opinion vide their report dated August 31, 2017

Responsibilities of Management and Those Charged with Governance for the Financial Statements

The Management of the Centre is responsible for the preparation and fair presentation of the financial statements in accordance with the approved Accounting Standard for not for Profit Organisation (NPOs) issued by the ICAP and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they

could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Centre to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

gement Partner

Manzoor Ahmed Savul

PESHAWAR

DATED: 1.1 SEP 2018

71

Balance Sheet

AS AT JUNE 30, 2018

	Note	2018 Pak Rupees	2017 Pak Rupees
ASSETS		- 11E3	
Non-Current Assets			
Property, machinery & equipment	4	253,620,114	253,837,242
Intangible asset	5	81,110	108,147
		253,701,224	253,945,389
Current Assets			
Advances, deposits & prepayments	6	3,787,141	2,646,703
Stocks and stores	7	4,317,926	4,006,426
Receivables	8	4,807,317	3,718,477
Short term investments	9	181,400,000	123,000,000
Cash & bank balances	10 -	4,198,958	18,678,935
		198,511,342	152,050,541
		452,212,566	405,995,930
FUNDS & LIABILITIES			
Funds & Reserves			
Accumulated fund	1.1	189,799,017	161,386,370
Surplus on revaluation of fixed assets	12	216,473,272	217,388,457
Endowment fund	13	22,627,798	11,914,414
Deferred income	14	4,897,383	5,441,537
Current Liabilities			4
Accrued & other liabilities	15	18,415,095	9,865,152
		452,212,566	405,995,930

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE

Paraplegic Centre Hayatabad Peshawar CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER
Paraplegic Center Hayatabad
Deptt: of Health Govt of KPK

Income & Expenditure Account FOR THE YEAR ENDED JUNE 30, 2018

	Note	2018 Pak Rupees	2017 Pak Rupees
INCOME			
Grant & donations	16	140,008,000	143,183,164
Incineration of waste	17	1,031,660	1,555,539
Adoptive & supportive equipment	18	3,338,588	7,196,106
Ortho & follow up patients (ICRC)		13,537,516	10,334,078
nterest income	19	5,021,719	2,610,720
Other income/Receipts		67,125	510,329
Fransferred from deferred income	14	544,154	3,600
EXPENDITURE		163,548,762	165,393,536
Operational:			
Personnel	20	45,900,658	31,069,838
General	21	40,779,317	31,726,774
		86,679,975	62,796,612
Administrative:			
Personnel	22	28,436,908	20,223,100
General	23	4,180,857	3,788,304
Consultancy	24	1,759,239	634,710
Depreciation	4	4,881,110	4,655,304
Amortization	5	27,037	27,037
Loss on disposal of fixed assets		86,173	- 1,00
		39,371,324	. 29,328,454
		37,497,462	73,268,469
ransferred to Endowment fund		10,000,000	18:
SURPLUS FOR THE YEAR		27,497,462	73,268,469

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE Paraplegic Centre Hayatabad

Peshawar

Paraplegic Center Hayatabad Deptt: of Health Govt of KPK

Statement of Cash Flows

FOR THE YEAR ENDED JUNE 30, 2018

	2018 Pak Rupees	2017 Pak Rupees
Cash flows from operating activities		
Surplus/(Deficit) for the year	27,497,462	73,268,469
Adjustments for:		
Depreciation	4,881,110	4,655,304
Amortization	27,037	27,037
Transferred from deferred income	(544,154)	(3,600)
Interest income	(5,021,719)	(2,610,720)
Loss on disposal	86,173	75 337 400
Operating Profit before working capital changes	26,925,910	75,336,490
Working capital changes:		
Increase) / decrease in current assets		
Advances, deposits & prepayments	(1,140,438)	(1,488,697)
Short term investments	(58,400,000)	(66,000,000)
Stocks and stores	(311,500)	501,652
Receivables	83,552	(2,042,836)
Increase / (decrease) in current liabilities	0.510.013	4 400 674
Accrued & other liabilities	8,549,943	4,489,671
	(24,292,533)	10,796,280
Add: Interest income	4,107,448	3,251,337
Net cash flows from operating activities	(20,185,085)	14,047,617
Cash flows from investing activities		
Additions in property, machinery & equipment	(4,760,955)	(1,017,334)
Software purchased		(135,184)
increase in endowment fund	10,466,063	793,260
Net cash flows used in investing activities	5,705,108	(359,258)
Net cash flow during the year	(14,479,977)	13,688,358
Cash & cash equivalents at the beginning	18,678,935	4,990,577
Cash & cash equivalents at the end	4,198,958	18,678,935

The annexed notes form an integral part of these financial statements.

DIRECTOR FINANCE

Paraplegic Centre Hayatabad

Peshawar

CHIEF EXECUTIVE

CHIEF EXECUTIVE OFFICER
Paraplegic Center Hayatabad
Deptt: of Health Govt of KPK

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

1. LEGAL STATUS

Paraplegic Centre (The Centre) a non profit organization was established at Hayatabad, Peshawar by the International Committee of Red Cross (ICRC) in 1984 and later on the management thereof was assigned to the branch of The Pakistan Red Crescent Society functioning in the Province of Khyber Pukhtunkhwa. The administrative control of the Centre was taken over by Government of Khyber Pukhtunkhwa under "Paraplegic Centre taking over and reestablishment Act. 2009 ".This unique, custom built, state of the art facility currently serves seventy eight (78) patients (at a time) with severe spinal cord injuries (SCI's) from across the country, and Afghanistan. Till date The Centre has provided free of cost medical, surgical and nursing care, along with physical, vocational, occupational and psychological rehabilitation services to thousands of patients with SCI's from Kabul to Karachi.

2. BASIS OF PREPARATION

2.1 Statement of compliance

These financial statements have been prepared in accordance with the approved accounting standards as applicable in Pakistan. Approved accounting standards comprise of the Accounting Standards for Not-for-Profit Organizations issued by Institute of Chartered Accountants of Pakistan and Accounting and Financial Reporting Standards for Small Sized Entities (SSE) as applicable in Pakistan.

2.2 Basis for measurement

These financial statements have been prepared under the historical cost convention except as otherwise stated in the respective policies and notes given hereunder.

2.3 Functional and presentation currency

These financial statements are presented in Pakistan Rupee (PKR), which is the functional currency of the Centre.

2.4 Significant estimates and judgments

The preparation of the financial statements in conformity with approved accounting standards requires management to make judgments, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

78 Page | 4

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

3.1 Property and equipment

These assets, except land and capital work in progress, are stated at cost less accumulated depreciation and impairment loss if any. Depreciation is charged to statement of profit and loss account using the reducing balance method at the rates specified as per Note # 4. Depreciation is charged on additions from the first day of the month in which the asset is available for use while no depreciation is charged in the month in which the asset is disposed off. Assets having cost not exceeding the minimum threshold as determined by the management and gains /losses on disposal of fixed assets are charged to the income & expenditure account.

3.2 Short term investments

Surplus funds are subjected to term investment in accordance with the policy of the Centre. The funds are to be invested in TDR's of commercial banks for a period of one year or less. Investments are stated at cost. The profit on investments is to be recorded on accrual basis.

3.3 Cash and cash equivalents

Cash & cash equivalents are carried in the balance sheet at nominal amount. For the purposes of statement of cash flows, cash & cash equivalents comprise of cash in hand, balance with banks and short term borrowings, if any.

3.4 Revenue recognition

Income from sale of supportive and adoptive equipment is recorded on actual cash receipt basis whereas incineration services provided to different institutions are to be accounted for on accrual basis. Markup/profit on bank pls accounts is to be accounted for on accrual basis.

3.5 Grants

(i) Recurring Grants received from Government and other donors are recognized as income during the year of receipt.

(ii) Restricted Grants

Grants received from donors for specific purposes are used in accordance with the stipulations attached thereto.

- (a) Grants related to assets are presented in financial statements as "Deferred income" and recognized in the income statement on a systematic basis over the period in which their related costs are recognized as "expenses" i.e. annual depreciation.
- (b) Grants other than for assets are recognized in the income statement of the year as "other income" to match the expenses covered against the grant
- (c) Grants received from donors for specific purposes are used in accordance with the stipulations attached thereto.

Page | 5 79

PARAPLEGIC CENTRE PESHAWAR Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

- (iii) Donations in kind are stated at fair value, and recognized in Income statement on a systematic basis over the period in which their related costs are recognized as expense i.e. annual depreciation.
- (iv) Grants if committed by donors but not received during the year are recorded as accrued income.

3.6 Stocks & stores

These are valued at lower of cost and net realizable value. The cost is determined at weighted average method. Net realizable value signifies the estimated selling price in ordinary course of business less cost necessary to be incurred to make the sale.

80 Page | 6

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

The second secon		C 0 S T	Т		RATE		DEPREC	EPRECIATION		W.D.V
PARTICULARS	As at July 01, 2017	Addition/	(Deletion)	As at June 30, 2018	(%)	As at July 01, 2017	For the year	(Deletion)	As at June 30, 2018	As at June 30, 2018
	(RUPEES	S	-		(RUPEI	(RUPEES)	.)	
Cost	915,240			915,240		r		£		915,240
Revaluation	199,084,760	,	,	199,084,760				i	,	199,084,760
	200,000,000			200,000,000						200,000,000
Building					7					
Revaluation	26 210 393	, ,		26.210.393	5%	7.906.697	915.185	, ,	8.821.882	17,388,511
	26,451,579			26,451,579		7,979,455	923,606		8,903,061	17,548,518
Machinery & equipment	42,050,148	3,890,050	(166,300)	45,773,898	10%	19,563,301	2,281,102	(102,946)	21,741,457	24,032,441
Vehicles	10,947,369	,		10,947,369	20%	8,953,791	398,716	į.	9,352,507	1,594,862
Generator	6,378,000			6.378,000	10%	2,050,624	432,738		2,483,362	3,894,638
Office equipment	2,562,800	y .		2.562,800	10%	1,474,217	108,858	P	1,583,075	979,725
Furniture & fixture	2,490,404	16,200	(89,000)	2,417,604	10%	1,208,429	129.194	(55,382)	1,282,241	1,135,363
Computer & accessories	1,841,590	58,500		1,900,090	30%	1,001,578	262,054		1,263,632	636,458
Electrical equipment	1,886,450	700,605	į.	2,587,055	10%	463,792	149,900		613,692	1,973,363
Others	2.677,172	95,600	i.	2,772,772	10%	753,084	194,943		948,027	1,824,745
				701 101 101		חדר פונו דו	4 991 110	(150 279)	48 171 053	P11 009 250

SURPLUS ON REVALLATION OF FIXED ASSETS

Land and buildings were revalued during 2011, by qualified independent valuers. N/S "Abbab Consultants" and MS "Ace Architectural & Planning Service (Pvt) Limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 225,295.1537, which is being adjusted by incremental depreciation arising out of revaluation

4,881,	Incremental 915,1	n for the	Depreciation Charge 2018
4,881,110 4,655,304	185 9	3,965,925 3,691,952	201
55,304	63,352	91,952	17
	Generator	Machinery & Equipment	4.2 Transferred to income Asset
5,441,537	2,800,000	2,641,537	Rs
	10%	10%	Rate
544,154	280,000	264,153.70	Depreciation

Page | 7

Notes to the Financial Statements

		Note	2018	2017
	Hartzitte o Har-	Note	Pak Rupees	Pak Rupees
5.	INTANGIBLE ASSET			
	Balance as at July 01,		108,147	135,184
	Less: Amortization for the year		27,037	27,037
	Balance as at June 30, 2018		81,110	108,147
	Software was purchased during last year to financial records. It includes Microsoft Wir of the asset will be amortized over a period of	idows Serv	er & Microsoft SQL	Server. The cost
6.		ndows Serv of five year	er & Microsoft SQL	Server. The cost
6.	financial records. It includes Microsoft Wir of the asset will be amortized over a period of	ndows Serv of five year	er & Microsoft SQL s @ 20% per annum.	Server. The cost
6.	financial records. It includes Microsoft Wir of the asset will be amortized over a period of ADVANCES, DEPOSITS & PREPAYME	ndows Serv of five year	er & Microsoft SQL	Server. The cost
6.	financial records. It includes Microsoft Wir of the asset will be amortized over a period of ADVANCES, DEPOSITS & PREPAYME Advances - Income tax	ndows Serv of five year ENTS	er & Microsoft SQL s @ 20% per annum.	Server. The cost
6.	financial records. It includes Microsoft Wir of the asset will be amortized over a period of ADVANCES, DEPOSITS & PREPAYME Advances - Income tax Deposits:	ndows Serv of five year ENTS	er & Microsoft SQL s @ 20% per annum. 3,035,232	1,883,411
6.	financial records. It includes Microsoft Wir of the asset will be amortized over a period of ADVANCES, DEPOSITS & PREPAYME Advances - Income tax Deposits: CSD super market store - against purchase	ndows Serv of five year ENTS	3,035,232	1,883,411 200,000

7	STOCKS	AND	CTODEC

STOCKS AND STOKES		
Vocational training	15,470	28,140
Medicine & surgical	1,914,679	1,870,523
Stationary/Computer supplies	319,530	458,530
Sanitation	12,384	13,138
Raw material for adoptive & supportive equipment	1,746,082	1,426,475
General & maintenance	306,581	203,570
Sports equipment	3,200	6,050
	4,317,926	4,006,426
RECEIVARIES		

3,787,141

2,646,703

Accrued income - committed grants	8.1	2,991,948	2,828,179
Receivable against disposal of assets		10,800	110
Accrued interest on TDRs			
Centre's funds		194,630	50,565
Endowment fund		247,321	146,934
PLS account		1,362,618	692,799
		1,804,569	890,298
		4,807,317	3,718,477

income			
Follow up Program (ICRC)	22.1	2,787,158	963,972
Women's Hospital Peshawar		46,203	-
Frontier Diagnostic Center		3,060	-
Lissail Wal Mahroom Foundation		2	1,765,200
Painless Delivery Hospital		446	
Caring & Curing Centre		3,995	1 -0.0
Fatimid foundation		3,273	3,230
Medicine Sans Frontiers (MSF)		147,813	95,777
		2,991,948	2,828,179

PARAPLEGIC CENTRE PESHAWAR Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

	Note	2018 Pak Rupees	2017 Pak Rupees
9.	SHORT TERM INVESTMENTS		
	National Bank of Pakistan (Paraplegic Centre)	50,000,000	-
	Bank Alfalah Ltd (Paraplegic Centre)	95,000,000	113,000,000
	Sindh Bank (Endowment fund)	22,400,000	10,000,000
	Sindh Bank (CP fund)	14,000,000	-
		181,400,000	123,000,000

Short term investments represent investments in TDRs held in National Bank of Pakistan (NBP) & Bank Alfalah Ltd for periods ranging from one month to one year. They carry markup ranging from 6.0% to 6.40% in case of Bank Alfalah, 6.0% for NBP and 6% for Sindh bank.

10. CASH & BANK BALANCES

Tor Cristi & Divini bright CEO			
Cash in hand		15,266	276
With banks - PLS accounts		4,183,692	18,678,659
		4,198,958	18,678,935
11. ACCUMULATED FUND		TITE	
Balance as at July 01, (Opening balance)		161,386,370	87,190,549
Incremental depreciation	4-	915,185	963,352
Surplus for the year		27,497,462	73,268,469
Less: Transferred to deferred income	14	-	(36,000)
	_	189,799,017	161,386,370
12. SURPLUS ON REVALUATION OF FIX	KED ASSETS		
Balance as at July 01		217,388,457	218,351,809
Less: Incremental Depreciation	4	915,185	963,352

Land and buildings were revalued during 2011, by qualified independent valuers- M/S " Ahbab Consultants" and MS "Ace Architectural & Planning Service (Pvt) Limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 225,295,153/- which is being adjusted by incremental depreciation arising out of revaluation.

216,473,272

13. ENDOWMENT FUND

Balance as at June 30

Balance as at July 01	11,914,414	11,121,154
Addition during the year	10,000,000	- 3
Add: Interest income	713,384	793,260
Balance as at June 30	22,627,798	11,914,414

This Fund has been established for the benefit of employees of the Centre and has been contributed equally by Governor of KPK and the Centre amounting to Rs. 5 million each and Rs.10 million have been transferred during the year to the fund by the centre.



217,388,457

Notes to the Financial Statements FOR THE YEAR ENDED JUNE 30, 2018

	2018	2017
A DEFENDED INCOME	Pak Rupees	Pak Rupees
 DEFERRED INCOME This represents fixed assets received from donors as donors. 	ation in kind and re	ecorded as
deferred income to comply with the requirements of IAS		
Opening balance	5,441,537	44
Transferred from accumulated fund 14.1	-	36,000
Additions during the year 4		
Machinery & equipment	-	2,609,137
Generator	-	2,800,000
The American Control of the Control	1000	5,409,137
Less: Transferred to Income 4.2	(544,154)	(3,600
These are stated at fair value, and recognized in the State	4,897,383	5,441,537
14.1 Transferred from accumulated fund Water cooler		40,000
Less: Depreciation	*	(4,000
		36,000
5. ACCRUED & OTHER LIABILITIES Accrued: Gas bill	75,760	123,780
Electricity	988,357	125,780
Telephone & internet bill	23,025	18,892
Fuel for the generator & vehicles	150,157	84,062
Audit fee	80,000	78,000
	1.317,299	304,734
Other:		
CP fund payable	16,445,140	8,923,193
Security payable	435,780	297,770
Other payables	216,876	339,455
	17,097,796	9,560,418 9,865,152
CONTROL DON'T TONIA	10,413,093	7,003,132
6. GRANT & DONATIONS		1 10 000 000
Provincial Health Department	140,000,000	140,000,000
General donations	8,000	2,252,000
		931,164
Donations received in kind - at fair value 16.1		
Donations received in kind - at fair value 16.1	140,008,000	143,183,164
Donations received in kind - at fair value 16.1 16.1 Donations received in kind	140,008,000	
Donations received in kind - at fair value 16.1	140,008,000	143,183,164 613,164 318,000

PARAPLEGIC CENTRE PESHAWAR Notes to the Financial Statements FOR THE YEAR ENDED JUNE 30, 2018

	2018	2017
Note	Pak Rupees	Pak Rupees
7. INCINERATION OF WASTE		
Medicine Sans Frontier (MSF)	873,629	1,348,015
Women's Hospital	46,203	28,730
Painless Delivery Hospital	2,228	2,756
Town Women & Children Hospital	6,790	2,835
Fatima Lab	1,105	3,191
Fatimid Foundation	61,754	70,254
Institute of Kidney Diseases	-	70,720
Rafsan Paraplegic Centre	-	648
PEI	-	10,200
Caring & Curing Centre	6,205	4,930
Al-Khair Medical Centre	21,336	5,270
Aim Sugar Hospital	12,410	7,990
1520-1520-1610-1610-1610-1610-1610-1610-1610-16	1,031,660	1,555,539
8. ADOPTIVE & SUPPORTIVE EQUIPMENT		
Helping Hand	752,598	180,300
Tanzeem Lissail Wal Mahroom	1,575,800	1,765,200
Frontier Diagnostic center	35,530	-
Repair & Sale to patients	974,660	425,800
Chal Foundation	-	76,700
C-ARP	-	
Social Welfare Malakand Division	1/2	4,748,100
	3,338,588	7,196,100
9. INTEREST INCOME		
Interest on PLs accounts	2,459,370	1,352,709
Interest on short term investments	2,562,349	1,258,011
	5,021,719	2,610,720
OPERATIONAL		
20. Personnel:		
Staff salaries	41,031,782	25,670,87
Overtime employees	518,241	648,49
EOBI	653,900	469,950
CP fund	2,391,567	1,406,80
Group health insurance	1,305,168	1,253,580
Leave encashment	1111	616,40
Follow up program	ė.	1,003,729
	45,900,658	31,069,838

Notes to the Financial Statements

FOR THE YEAR ENDED JUNE 30, 2018

		2018	2017
	Note	Pak Rupees	Pak Rupees
21. General:			
Food supplies	21.1	8,726,752	7,023,294
General maintenance		2,480,728	2,214,177
Hygiene/Sanitation		677,409	659,397
Laboratory		209,463	83,833
Medicine & surgical items consumed		4,563,019	5,158,645
POL - generator		422,414	280,870
Raw material for adoptive supportive equ	ipment	13,341,108	8,965,506
Recreation/Sports/Games		142,840	196,915
Vocational training		143,539	249,959
X-ray regent		49,540	52,322
Bedding & clothing		1,133,700	948,096
Operation theatre supplies		237,780	284,524
Domestic training & research		40,874	112,040
Miscellaneous item consumed		199,509	3.3
Utility Charges		5,689,138	4,603,086
Vehicle maintenance		804,034	406,664
Follow up program	22.1	1,917,470	487,446
		40,779,317	31,726,774
21.1 Food supplies			
Food supplies to mess		9,946,452	8,194,994
Less: Collection from employees		1,219,700	1,171,700
		8,726,752	7,023,294
ADMINISTRATIVE			
22. Personnel:		21025215	1 6 202 771
Staff salaries		24,065,247	16,202,771
Wages		1,030,402	531,387
Overtime employees		290,164	323,780
EOBI		448,500	443,300
CP fund		1,604,272	906,915
Group Health Insurance		998,323	946,714
Leave encashment			643,944
Follow up program	22.1	·	224,289
		28,436,908	20,223,100
22.1 Fallers and assessed			

22.1 Follow up program

Follow up program, being financed by ICRC, initially covered patients from Peshawar region has now been extended to the rest of the Province including southern districts, Hazara and Malakand division. The extended program is being financed by Govt. of KPK. Its activities include subsequent visits to patient's accommodations after they are formally discharged from the center for providing them necessary services such as; (a) Wound care and physiotherapy if needed, (b) Minor modifications in the rooms occupied by the patients to suit their specific needs (c) To encourage the patients to reintegrate into their families and communities.

PARAPLEGIC CENTRE PESHAWAR Notes to the Financial Statements FOR THE YEAR ENDED JUNE 30, 2018

	2018	2017
Note	Pak Rupees	Pak Rupees
23. General:	4 0 40 0 00	W/2 118
Fuel	1,240,058	763,117
Utilities	1,422,285	1,150,772
Bank charges	9,666	18,684
Stationary/Computer supplies	494,591	35,227
Printing	147,872	470,074
Newspaper/Advertisement	354,189	683,998
Miscellaneous	150,728	311,396
Vehicle maintenance	201,008	101,666
Entertainment	103,690	159,800
Conveyance charges	56,770	93,570
	4,180,857	3,788,304
24. Legal & consultancy:		
Consultancy charges	1,679,239	556,710
Audit fee	80,000	78,000
	1,759,239	634,710
25. GENERAL		
	2018	2017
25.1 Number of employees		
Total number of employees at the end of year	160	130
Average number of employees during the year	160	130

25.2 Figures have been rounded off to the nearest rupee.

25.3 Figures of the previous year have been rearranged & regrouped to facilitate comparison

DIRECTORPHANCE

DIRECTOR FINANCE
Paraplegic Centre Hayatabad

Peshawar

CHIEF EXECUTIVE
CHIEF EXECUTIVE OFFICER
Paraplegic Center Hayatabad
Deptt: of Health Govt of KPK





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