



**Paraplegic Center  
Hayatabad Peshawar**

**ANNUAL 2019  
REPORT 2020**



Paraplegic Centre Peshawar

*Where Hopes Remain Alive*



# *What's Inside?*

**ORGANIZATIONAL SUMMARY**

**MESSAGES**

**ABOUT PARAPLEGIC CENTER PESHAWAR**

**INFOGRAPHICS**

**SERVICES**

**HIGHLIGHTS**

**MEDIA GALLERY**

**FINANCIAL STATEMENTS**

## ORGANIZATIONAL INFORMATION

Name with Acronym	Paraplegic Center Peshawar (PCP)
Governance	Government of Khyber Pakhtunkhwa
Registration	Paraplegic Center (Taking Over and Re Establishment) Act, 2009
Board of Governors	<ul style="list-style-type: none"> <li>● <b>Mr. Zia-Ur Rehman</b>, Ex-Secretary Finance, to Government of Khyber Pakhtunkhwa Chairman</li> <li>● <b>Secretary</b> to Government of Khyber Pakhtunkhwa, <b>Department of Health</b> Member</li> <li>● <b>Secretary</b> to Government of Khyber Pakhtunkhwa, <b>Department of Finance</b> Member</li> <li>● <b>Secretary</b> to Government of Khyber Pakhtunkhwa, <b>Department of Social Welfare</b> Member</li> <li>● <b>Secretary</b> to Government of Khyber Pakhtunkhwa, <b>Department of Planning &amp; Development</b> Member</li> <li>● <b>Prof. Dr. Mohammad Hafizullah</b> (Former Vice Chancellor Khyber Medical University Peshawar) Member</li> <li>● <b>Prof. Dr. Noor-Ul- Iman</b> (Prof. of Medicine Khyber Teaching Hospital Peshawar) Member</li> <li>● <b>Prof. Dr. Mohammad Arif</b> (Spine Surgeon Hayatabad Medical Complex Peshawar) Member</li> <li>● <b>Mr. Khwaja Yawer Naseer</b> (Managing Director Frontier Model School Peshawar) Member</li> <li>● <b>Chief Executive, Paraplegic Center Peshawar</b> Member/Secretary</li> </ul>
	<b>Chief Executive</b> <b>Dr. Syed Muhammad Ilyas (PT) US Certified</b>
	Street# 10, Sector P-1, Phase-4, Hayatabad, Peshawar
	Phone +92-91-9217902, Phone/Fax +92-91-9217901
	Email: paraplegiccenter@yahoo.com
Website	www.paraplegiccenter.org
Auditors	<b>Pre-Audit</b> Director Local Fund Audit, Benevolent Fund Building, Saddar Cantt, Peshawar.
	<b>Post-Audit</b> Auditor General of Pakistan, 9 The Mall Peshawar Cantt, Peshawar.
	<b>Post-Audit</b> IECnet S.K.SS.S, 19-A Jamrud Lane, University Town, Peshawar.
Bank Accounts	<b>National Bank of Pakistan, Hayatabad, Phase 5, Attached NADRA Regional Office, Peshawar</b> <b>MIB Bank, RMI Road, Phase 5, Hayatabad, Peshawar</b>

## Chairman MESSAGE



Paraplegic Center Peshawar (PCP), is the only public sector institution in Pakistan extending Comprehensive Physical Rehabilitation Services to Persons with spinal cord injuries, & Polio Survivors.

This Centre was established by the International Committee of the Red Cross (ICRC) almost Forty (40) years back to provide physical rehabilitation services to affectees of Russian/Afghan War where no such facility existed anywhere in the entire south asia.

Spinal Cord Injury (SCI) is one of the most devastating condition known to mankind. We have no accurate data of person with spinal cord injury. however, based on some studies, the annual number of such affectees would be in the range of 8,000-10,000 per year in country with the population of pakistan.

The Provincial govt of Khyber Pakhtunkhwa, Health Department took over control of PCP and promulgated “Paraplegic Center (taking over and re-establishment) Act 2009”. The affairs of the Center are managed through the Board of Governor (BoG) comprising of provincial secretaries of Health, Finance, P&D and Social Welfare Department. Board also include Medical Professional and person with high repute of social services. The BoG regularly meets and reviews the working of Center and guide the management in policies formulation and future strategies.

During Financial Year 2019-20, at least Five(05) meetings of Board of Governors (BoG) were held, 633 Persons were provided comprehensive physical rehabilitation services including 458 Spinal Cord Injuries and 175 Post-Polio cases. In addition to institutional care, 1050 persons rehabilitated from institutional cae at PCP, were registered for Follow Up Programs; services at their door steps.

BoG appreciates the support of the provincial Govt, for meeting its operational expenditure and adding two new blocks. This support resulted in enhancement of the bed capacity and improvement of service delivery.

I feel proud while conveying that Paraplegic Center Peshawar achieved the level of services in the field of Comprehensive Physical Rehabilitation of person with spinal cord injuries and Polio survivors is well on its way to become a “Centre of Excellence” for the provision of such services in Pakistan. The efficient management of this specialized Comprehensive Physical Rehabilitation Services is due to devoted support of all the Board Members.

**Zia Ur Rehman**



## Chief Executive MESSAGE

Annual Report (PCP)  
2019-2020



03



The journey of passion and resilience is on, yet another year full of tests and turmoils was endured with success and glory. FY 2019-20 being a year of devastating COVID-19 pandemic, with debilitating restrictions may have brought some of us down as individuals, it failed to kill our resolve, as an organization. We were able to continue our services with a few little glitches and unlike other organizations, our entire fleet of technical, administrative and supportive staff tried to find an excuse for showing up at work, rather doing the total opposite.

In compliance with the prescribed precautions and social distancing, the mandatory lock down period, was used for capacity building, much needed repairs and maintenance, introduction of MIS (Medical Information System), launching of a full pledged academic program, expediting civil works on our newer building block and finishing brand new private rooms. Paraplegic Center Peshawar (PCP), took a quantum leap towards its goal of self-reliance in all 3 target areas i.e. embarking upon an academic program, introduction of private rooms and enhancement of the production capacity of the assistive devices workshop.

Another stunning achievement of the FY 2019-20 was a presentation made to the honorable Chief Secretary KP, regarding the Comprehensive Physical Rehabilitation (CPR) Services in KP and the rest of the country. We believe the keen interest of Dr. Kazim Niaz, in the lives of people with disabilities will lead to unprecedented outcomes, in the arena of CPR of people with all kinds of musculoskeletal & neuromuscular conditions and anomalies, Insha Allah.

Using this opportunity, I would like to allude to the fact that under the charismatic leadership of the Chairman, Mr. Zia ur Rahman (Former Secretary Finance KP) and the watchful eye of the honorable Board members, Paraplegic Center Peshawar, has achieved the status of a model “Comprehensive Physical Rehabilitation Facility” for the entire country and it has shaped itself into a symbol of quality, decency, transparency, efficiency and humanisms.

PCP has not only introduced the concept, of interdisciplinary approach, it has also led to a much better understanding between various disciplines of modern medicine. It's time to establish similar institutes in all divisional headquarters along with mid-sized Satellite Centers in or adjacent to all DHQ Hospitals. At PCP, we would love to be part of any such plan, which can eventually help realize our dream of inclusive, accessible and PWDs friendly Pakistan.

**Syed Muhammad Ilyas**

# About

Paraplegic Center  
Peshawar

## History

Paraplegic Center Peshawar (PCP) was established by International Committee of the Red Cross (ICRC) in collaboration with the department of Health Govt. of Khyber Pakhtunkhwa (KP), in late 70's and early 80's in wake of the Russian/Afghan War. It used to be the only Center of its kind in the entire South Asia, till it was copied by India, Georgia, Syria and Pak Army in late 80's and early 90's. From its very inception till 2007, it went through many ups & down. It was re-established as an autonomous body through an ordinance in 2007, which lead to the "Paraplegic Center (Taking over & Re-Establishment) Act 2009".

## Vision

- Transforming society by optimizing functional mobility, minimizing barriers, building skills and encouraging inclusion, to improve human experience.
- Enabling people with Spinal Cord Injuries, in Khyber Pakhtunkhwa and the rest of the country to their maximum physical & psychosocial capacity within the limits of their Physical and environmental limitations.

## Mission

Physical, occupational, vocational and psychosocial rehabilitation, community re-integration, wheelchair accessibility, minor home modifications, participation in sports/games, recreational activities, job placement & socio-economic support, of people with spinal cord injuries. Sensitization of the medical fraternity, govt. functionaries, political leaders, religious scholars and general masses regarding the plight & issues of people with all kinds of Physical disabilities. Promotion, projection and advocacy of the basic human rights of people with spinal cord injuries in particular & other disabilities in general.



## Functions of Board of Governors

The Board approve all plans, policies and programmes; examine and approve training and research programmes; examine and approve the annual evaluation report for submission to Government; approve the annual development and non-development budget; perform such other functions of the Center as may be assigned to it by Government; and also constitute committees as prescribed to improve the functions of the Center. BoG meetings are held every second month or at such times and at such places as determined by the Chairman BoG PCP. The Chairman of the Board presides over the meetings or in his absence by a member authorized by the Chairman.

## Projects, Programmes and Partnerships

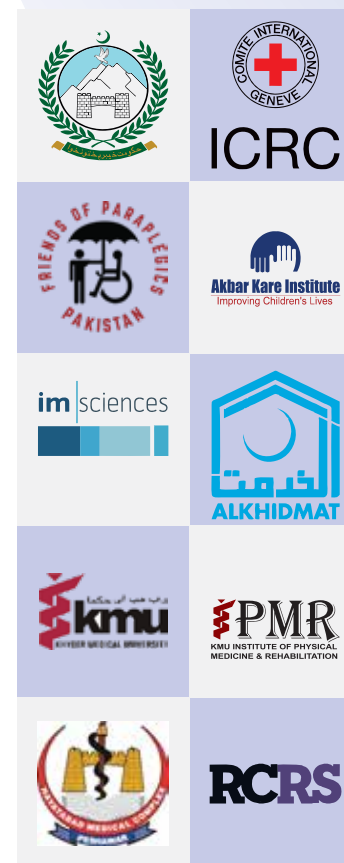
Since the inception of PCP in 1984, it maintains a reputation of optimizing its tangible and intangible resources for the benefit of the institution and end users; Paraplegic Center Peshawar, to people with spinal cord injury admitted for intensive institutional care, and to other physically challenged persons during daily OPD's. It maximized its support from international donors, government agencies, non-governmental organizations, private companies and individual's philanthropists. PCP provides services as mandated in the act, every year, a new milestone is also achieved in the form of projects, funding, development and success stories.

- Since 1984, Comprehensive Physical Rehabilitation Services are being provided to inpatients (People with Spinal Cord Injuries) from Chitral to Karachi with the support of government of Khyber Pakhtunkhwa (KP).
- Since 1984, Assistive Technology Workshop is manufacturing assistive technologies for inpatients/service partners. it also make modifications in devices and alterations in vehicles for service users.
- Since 2007, Orthopaedic Workshop fabricates and provides upper limb and lower limb orthotic devices to inpatients and outpatients, with the support of the International Committee of the Red Cross (ICRC).
- Since 2010, Provision of assistive devices and adoptive supportive equipment to people with physical disabilities referred from Tanzeem Lissaail Wal Mahroom Foundation (TLWMF) Peshawar.
- Since 2011, Follow-up Program has been launched in whole Khyber Pakhtunkhwa with the support of the provincial government of KP, to visit homes of patients and provide medical supplies for six(6) months.
- Since August 2018, Clubfoot Home provides treatment with Ponseti method to Clubfoot Children, with the collaboration of International Committee of the Red Cross (ICRC).
- Since March 2018, Comprehensive Physical Rehabilitation Services are provided to Polio Survivors from Chitral to Karachi, with the support of provincial government of Khyber Pakhtunkhwa (KP).



## Sponsors, Partners and Collaborators

- Health Department, Government of Khyber Pakhtunkhwa (KP)
- International Committee of Red Cross (ICRC)
- Fred Hollow Foundations Australia (FHF)
- Handicap International (HI) France
- Al-Khidmat Foundation (AKF)
- Tanzeem Lissail Wal Mahroom Foundation (TLWMF) Peshawar
- Akbar Kare Institute (AKI) Peshawar
- Hayatabad Medical Complex (HMC) Peshawar
- Khyber Medical University (KMU) Peshawar
- Friends of Paraplegics (FOP)
- Rehman College of Rehabilitation Sciences (RCRS)

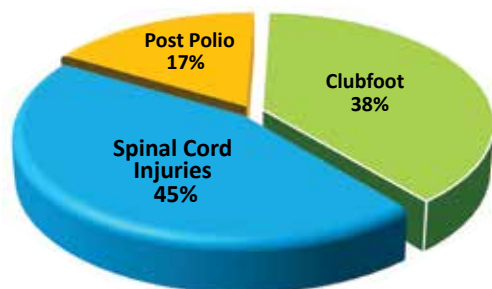


# *InfoGraphics*

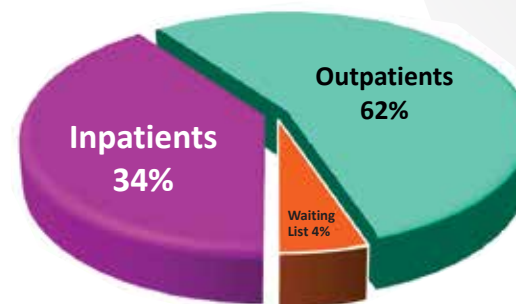




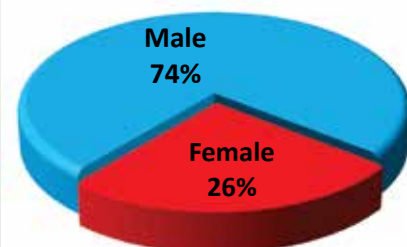
Type of Service User	Stats
Spinal Cord Injuries	458
Post Polio	175
Clubfoot	393



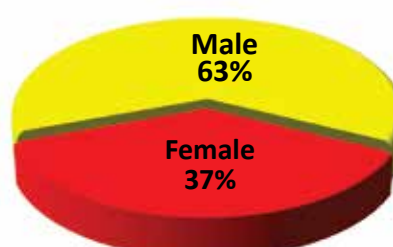
Type of Services	Stats
Inpatients	1026
Outpatients	1851
Waiting List	122



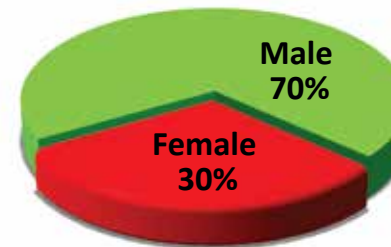
Spinal Cord Injuries	Stats
Male	341
Female	117



Polio	Stats
Male	110
Female	65

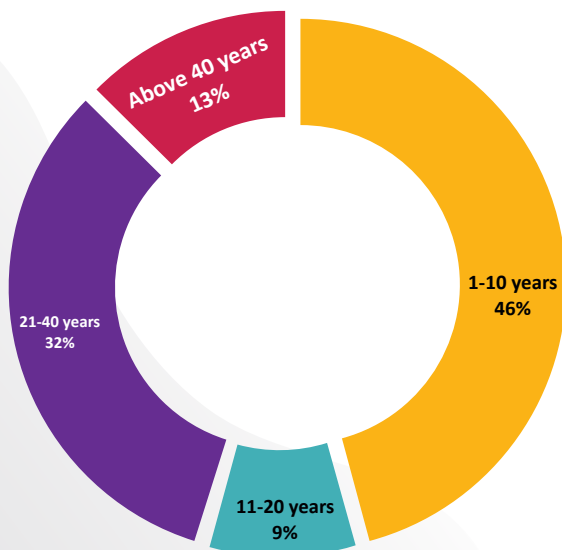


Clubfoot	Stats
Male	275
Female	118

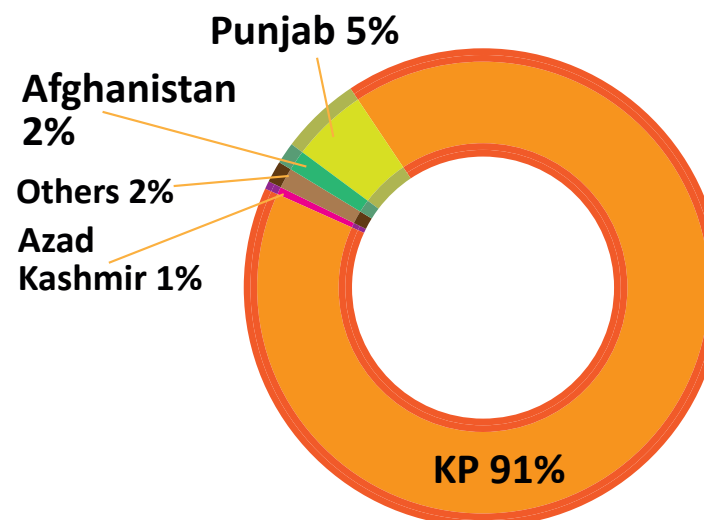




Age groups	Stats
1-10 years	470
11-20 years	93
21-40 years	334
Above 40 years	129



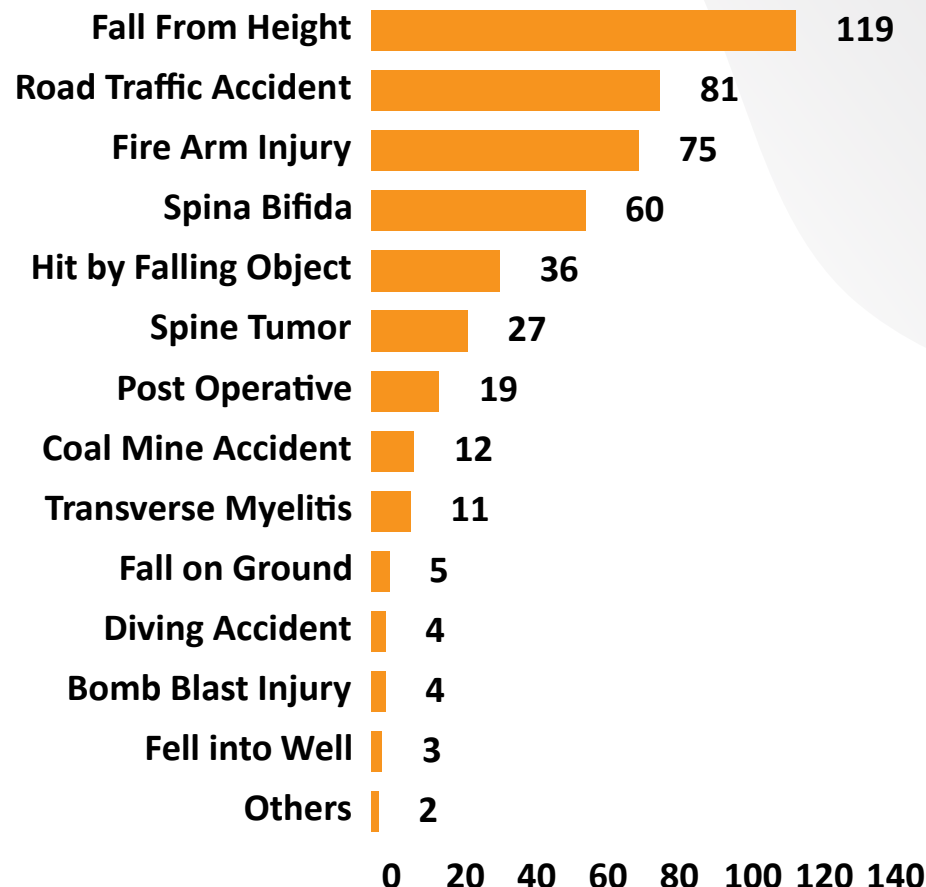
Geographical	Stats
Khyber Pakhtunkwa	932
Punjab	52
Afghanistan	22
Azad Kashmir	8
Balochistan	8
Sindh	2
Gilgit Baltistan	2





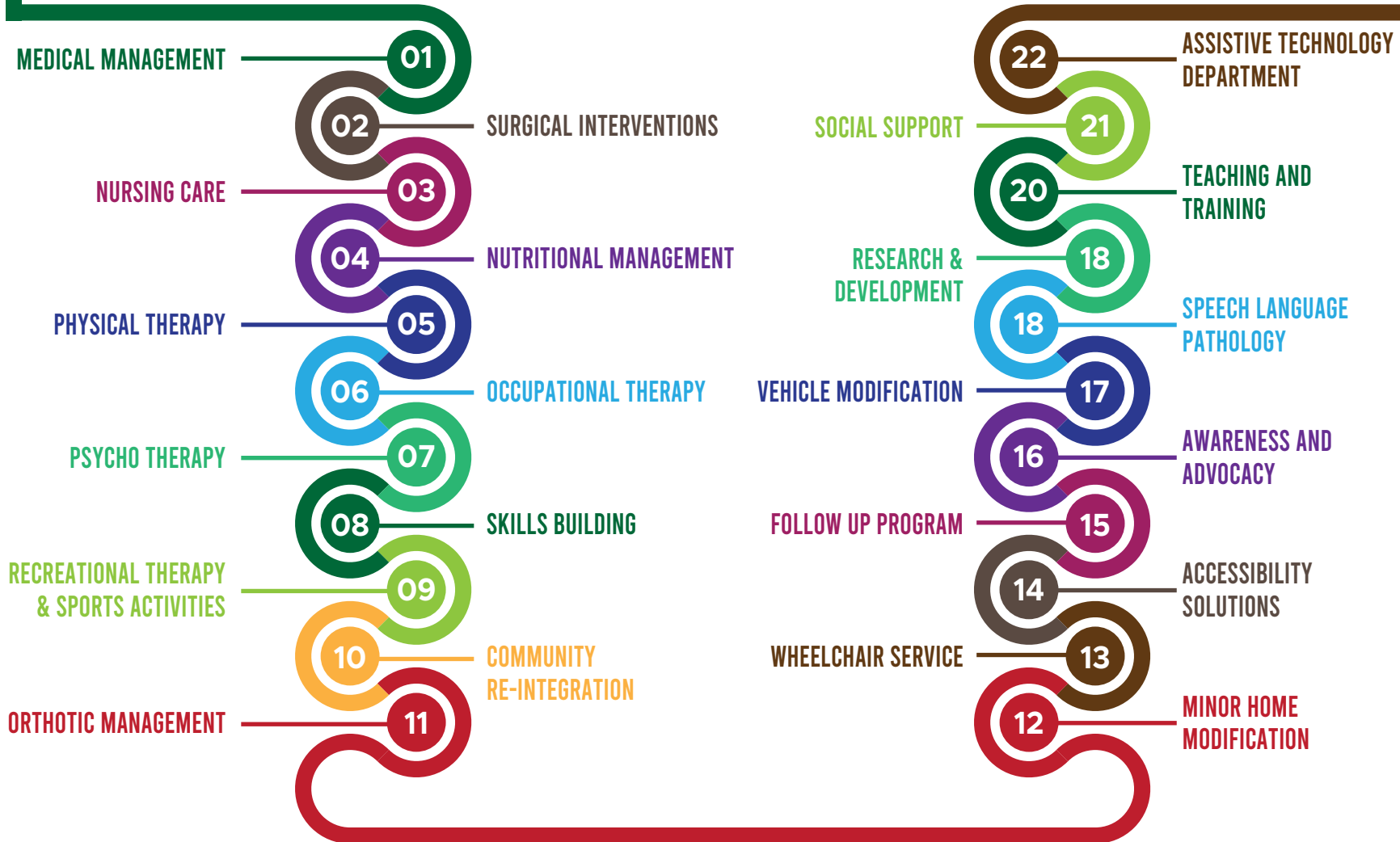
## CAUSES OF SPINAL CORD INJURIES

Fall From Height	119
Road Traffic Accident	81
Fire Arm Injury	75
Spina Bifida	60
Hit by Falling Object	36
Spine Tumor	27
Post Operative	19
Coal Mine Accident	12
Transverse Myelitis	11
Fall on Ground	5
Bomb Blast Injury	4
Diving Accident	4
Fell into Well	3
Others	2



# COMPREHENSIVE

## Physical Rehabilitation Services



Comprehensive Physical  
Rehabilitation of People with  
**Spinal Cord Injuries**

Comprehensive Physical  
Rehabilitation of People with  
**Post Polio Paralysis**

Treatment & Follow up  
Of Children with  
**Clubfoot**

**Assistive  
Technologies**

**Wound Care**  
& Treatment

Students Admission  
**Academic Program**

## Medical Management

Well trained and experienced physicians are engaged in prevention, diagnosis and treatment of complications like pneumonia, Deep Vein Thrombosis (DVT), repeated Urinary Tract Infection (UTI) and Pressure Ulcers. Medical support services including medications, medical consumables, laboratory examinations and X-ray examinations are also provided.



## Nursing Care

Nursing Care is provided including round the clock positioning, bed mobility, bowel & bladder management, bedding, dispensing medicine and state of the art wound care. Nursing staff educates clients and their family members about the medical side of spinal cord injury and helps the doctor coordinate medical care.

## Surgical Intervention

Surgical Intervention includes wound repair (Grafting, Slap, Approximation etc), Vasicolectomy (removal of Bladder stones) and surgical release of Contractures, provided at the center.



Surgeries (Debridments & Wounds)	64
Tenotomies	279
Refferals to Hospitals	213
Dressing (OD, BD,TDS)	50400
Positioning	211651
Irrigation	36600
Beding	36600
Vital Signs Management	18200
Bowl & Bladder Management	12502
IMC's Training	8640
Hygiene Care	5344
Catheterization	1811
Lab Test	1559
I/V Cannulation	863
X-rays	518
Ward Rounds	282
C/S Report Wounds GIV	280

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## Physical Therapy

Physical therapy is the backbone of the physical rehabilitation at Paraplegic center. The goal of physical therapy is to prevent secondary complications, maximization of functional independence and early mobility in persons with spinal cord injuries (SCIs). Physical Therapists assess, determine neurological level, set rehabilitation goals and focuses on motor skills, balance training and ambulation. In addition to the inpatient services, the rehab professionals thoroughly assess, prescribe treatments/rehab protocols and refer out patients with various disabilities, musculoskeletal, neuromuscular impairments/dys-functions and neurological diseases, on daily basis other than spinal cord injuries, 100% free of cost.

Physical therapy services at Paraplegic centre can be divided into three phases:

### Phase I

Physical Therapy is predominantly focused on preventing and treating respiratory, musculoskeletal and other secondary complications related to prolonged bed rest. In this phase Physical Therapy services include chest/respiratory therapy (Breathing exercises, percussion, vibration, postural drainage and spirometry etc.), range of motion exercises, stretching & strengthening exercises and gradual verticalization using tilting table. Adjunct therapies for pain management is also frequently used which include manual therapy, hot/cold packs and electrical stimulation.



### Phase II

Physiotherapy during this phase commences as soon as the patient is medically stable and having no pressure sores. The overall aim this phase is to maximize functional independence and to enable the person with SCIs to return to a productive life. Physical therapy during this phase mainly focuses on goals related to motor tasks which include bed mobility training (mat activities e.g. rolling, prone on elbow, prone on hands, supine on elbows, sitting in bed, vertical lift), standing in standing frame, transfers training (e.g. transfers from wheelchair to bed, floor, toilet seat, car & back etc.), gait training, balance and co-ordination training.

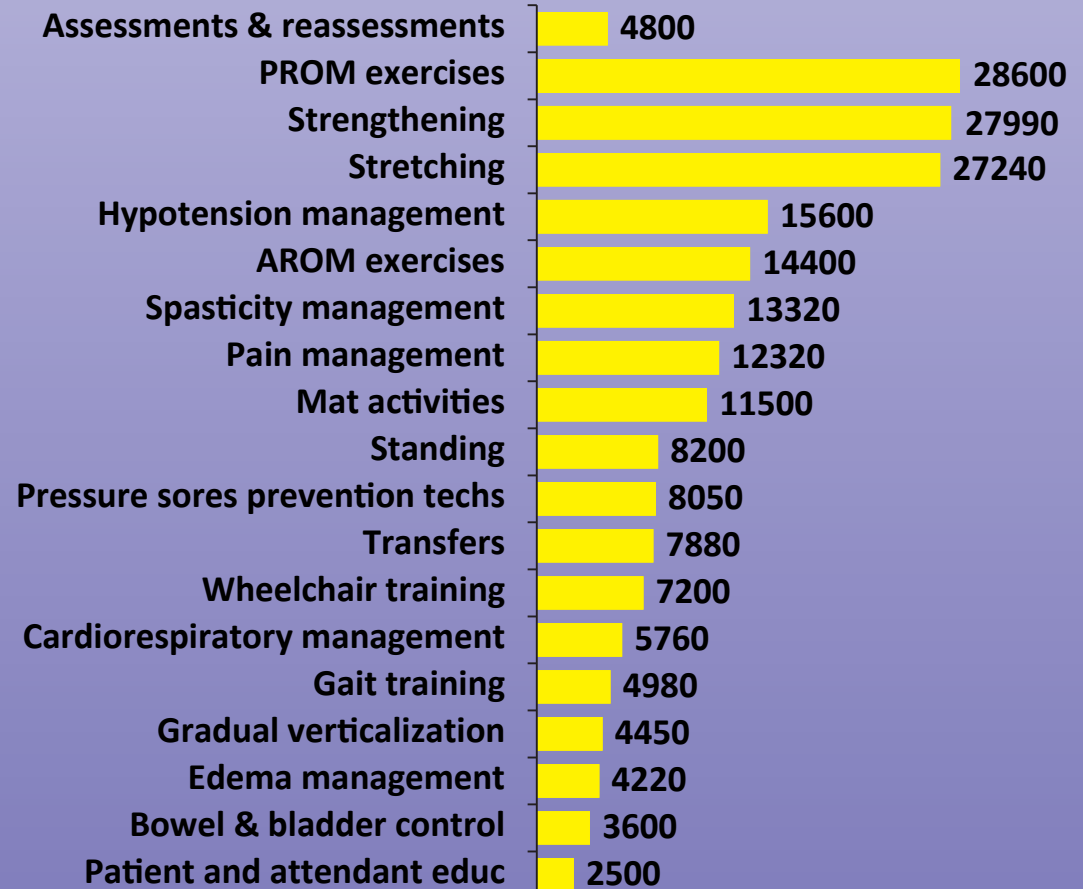


### Phase III

The focus of this phase is on prescription of assistive & supportive devices where Physical therapists assess, prescribe various types of assistive devices including customized wheelchair and provide skilled trainings like wheelchair manoeuvrability on smooth & rough surfaces, negotiating doors, ramps, curbs and wheelie etc.), training in orthotic devices (i.e. fist fitting, donning & doffing, functional use & final check outs etc.) and walking frames, crutches, canes, standing frames and use of toilet chairs etc. Clients and their care givers are also educated about maintenance and repair of assistive devices.

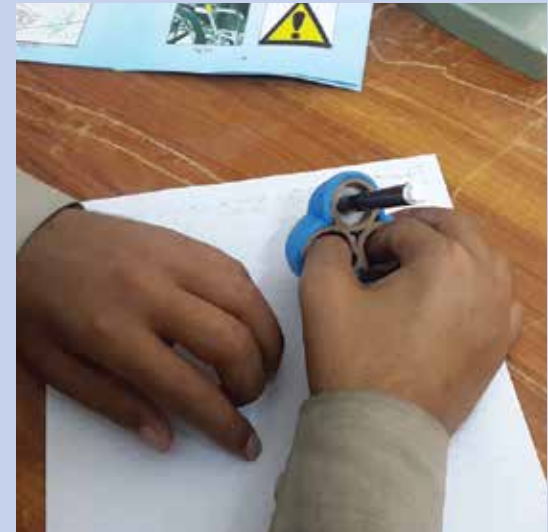


Assessments & reassessments	4800
PROM exercises	28600
Strengthening	27990
Stretching	27240
Hypotension management	15600
AROM exercises	14400
Spasticity management	13320
Pain management	12320
Mat activities	11500
Standing	8200
Pressure sores prevention techs	8050
Transfers	7880
Wheelchair training	7200
Cardiorespiratory management	5760
Gait training	4980
Gradual verticalization	4450
Edema management	4220
Bowel & bladder control	3600
Patient and attendant educ	2500

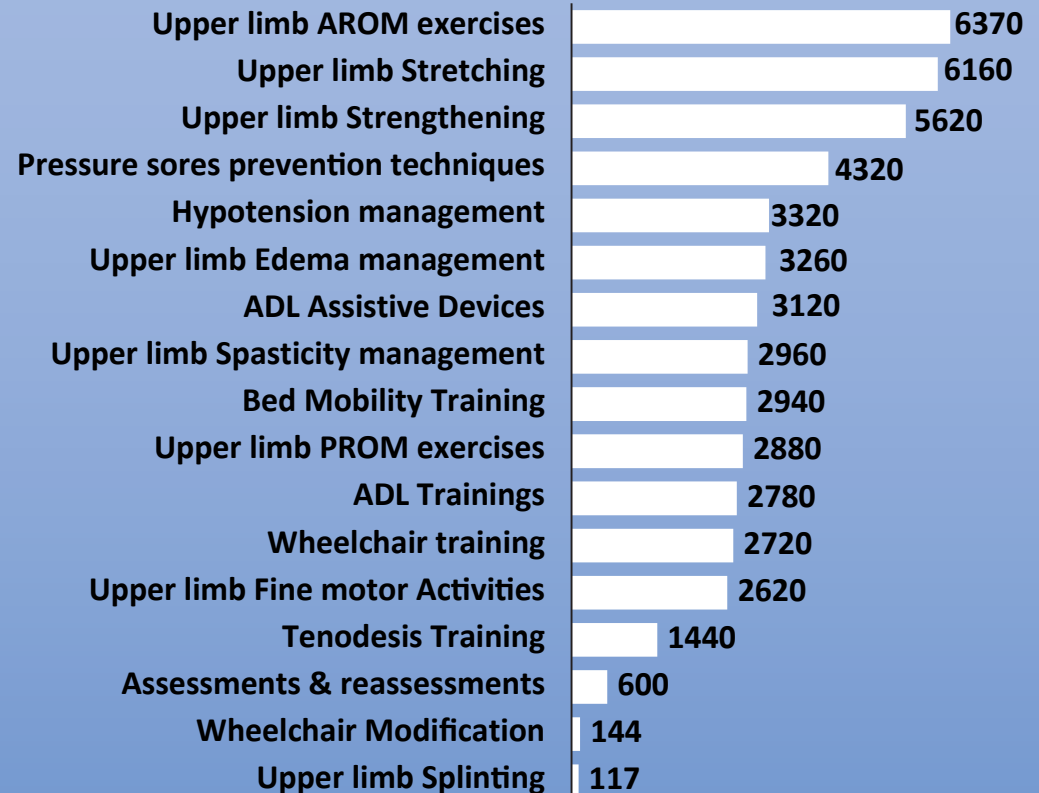


## Occupational Therapy

Occupational therapy services are provided including hands splinting, activities of daily living training (dressing, combing, washing, bathing etc), fine motor activities of hand and modification of wheelchairs. Occupational therapist also prepare and fabricate upper limb adoptive/supportive equipment (eating aids, writing aids, typing aids, cell phone holders) for people with spinal cord injuries



Upper limb AROM exercises	6370
Upper limb Stretching	6160
Upper limb Strengthening	5620
Pressure sores prevention techniques	4320
Hypotension management	3320
Upper limb Edema management	3260
ADL Assistive Devices	3120
Upper limb Spasticity management	2960
Bed Mobility Training	2940
Upper limb PROM exercises	2880
ADL Trainings	2780
Wheelchair training	2720
Upper limb Fine motor Activities	2620
Tenodesis Training	1440
Assessments & reassessments	600
Wheelchair Modification	144
Upper limb Splinting	117



## Psychological Counseling

Spinal cord injury (SCI) is a massive assault to the psyche as well as the body. Within moments, a person who had been active and independent becomes immobilized, loses control of bowel, bladder, sexual and other bodily functions, and is dependent on others to meet the most basic needs. The instantaneous effects of the injury result in total disruption of the victim's life, and the beginning of a life-long psychological adjustment process. Optimal emotional adjustment is imperative to the recovery and rehabilitation process, due to the tremendous psychological energy and motivation required for a SCI patient to learn self-care, independence, and psychosocial coping skills. The psychological implications of spinal cord injury are profound and psychotherapy enables people with spinal cord injuries to face life with all its harsh realities. At Paraplegic centre, psychotherapy focuses on psycho-social adjustment and coping skills.



Psychological (Assessment & tests)	451
Psychotherapeutic indiv. sessions	2592
Indiv. Session Follow Up	3640
Indi. Psycho Session Follow up	7279
Marital counseling for male patients	193
Convincing for skill building	78
Prognosis sharing group sessions	38
Weekly group sessions (Male)	34
Weekly group sessions (Female)	24
Attendant psycho social edu session	16
Refreshing activities for CWDs	12
Weekly bed bound patients sessions	9

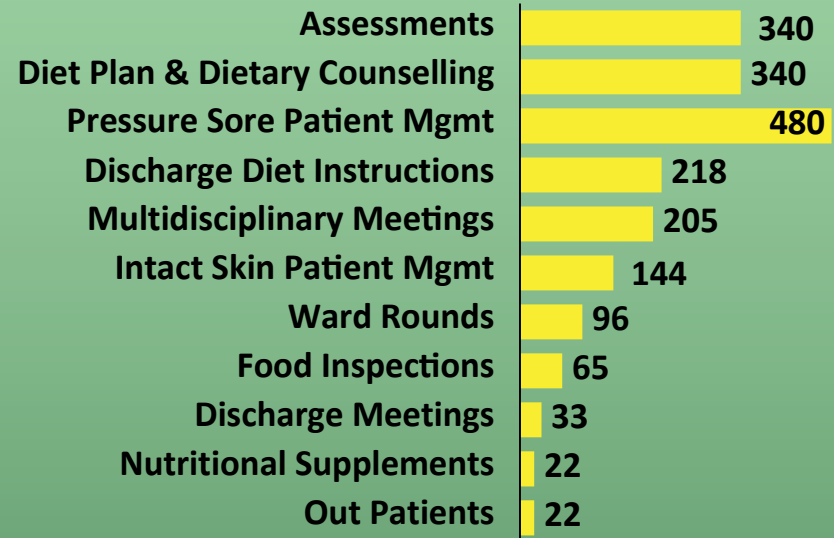
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## Nutritional Management

Free of cost quality food (breakfast, lunch, & dinner) to its clients and their attendants are provided according to their nutritional requirements. Qualified nutritionists assess and prescribe food according to their age, complications, stage of rehabilitation and physical activity. Instructions regarding adequate fluid intake, use of fibre-rich and protein-rich food are also provided. A spacious dining hall with specially designed tables is present where clients with wheelchairs are served.



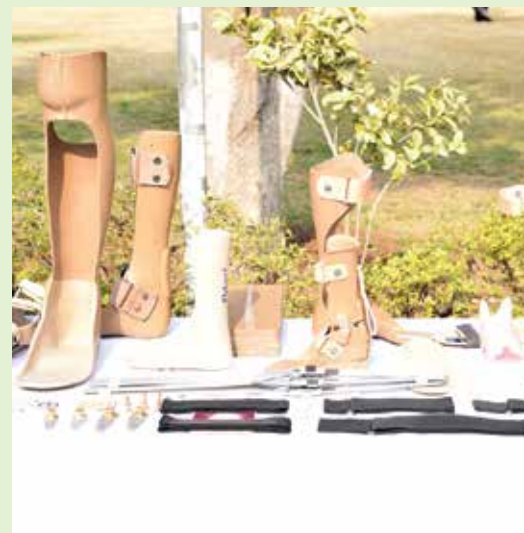
Assessments	340
Diet Plan & Dietary Counselling	340
Pressure Sore Patient Mgmt	480
Discharge Diet Instructions	218
Multidisciplinary Meetings	205
Intact Skin Patient Mgmt	144
Ward Rounds	96
Food Inspections	65
Discharge Meetings	33
Nutritional Supplements	22
Out Patients	22



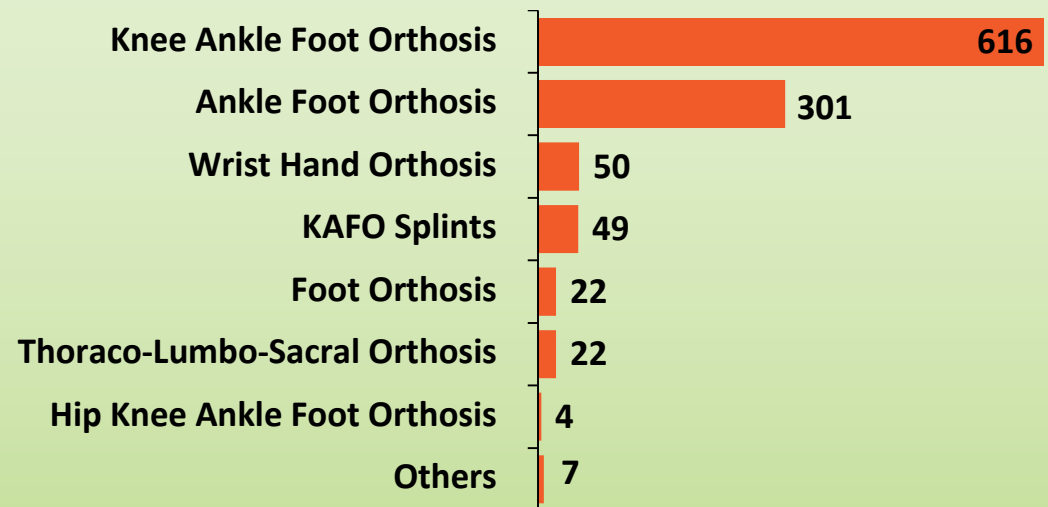
## Orthotic Management

Paraplegic centre provides orthotic devices including Knee Ankle Foot Orthosis (KAFO's), Ankle Foot Orthosis (AFO's), Thoraco Lumbo-Sacral Orthosis (TLSO's) and Hand Splints. Trained Orthotists fabricate and fit orthotic devices according to the needs of the clients.

PCP has fully equipped dedicated workshop where trained Orthotists provide lower limb and upper limb orthotic devices to people with physical disabilities. Patients are initially assessed by Multi disciplinary team of PCP and referred to the Orthotic Workshop for detailed physical assessment, prescription, fabrication and fitting of devices.



Knee Ankle Foot Orthosis	616
Ankle Foot Orthosis	301
Wrist Hand Orthosis	50
KAFO Splints	49
Foot Orthosis	22
Thoraco-Lumbo-Sacral Orthosis	22
Hip Knee Ankle Foot Orthosis	4
Others	7



## Wheelchair Service

Custom made, well designed and well fitted manual wheelchairs are designed and manufactured at its premises, using low cost, local material and indigenous technology which meet the user's needs and environment, and are safe and durable. They can be maintained and serviced in the country at an affordable cost. More than 15,000 assistive devices are produced and distributed over the last 30 years. These wheelchairs, provided at Paraplegic Center, are custom made, adjustable, modifiable and locally repairable.

### Provision of Locally manufactured wheelchairs

Locally available resources are utilized to manufacture wheelchairs and other assistive devices; material, skilled labour, technology and design appropriate to serve local environment, style and use.



### Technical Support of Trained AT Practitioners

Trained Assistive Technology Practitioners provide wheelchairs and other assistive devices as per international guidelines; assessment, prescription, fitting and training on mobility skills, use and maintenance of wheelchairs.

Wheelchairs	Stats
Adult Wheelchair	554
Kids Wheelchair	232

Adult Wheelchair

554

Kids Wheelchair

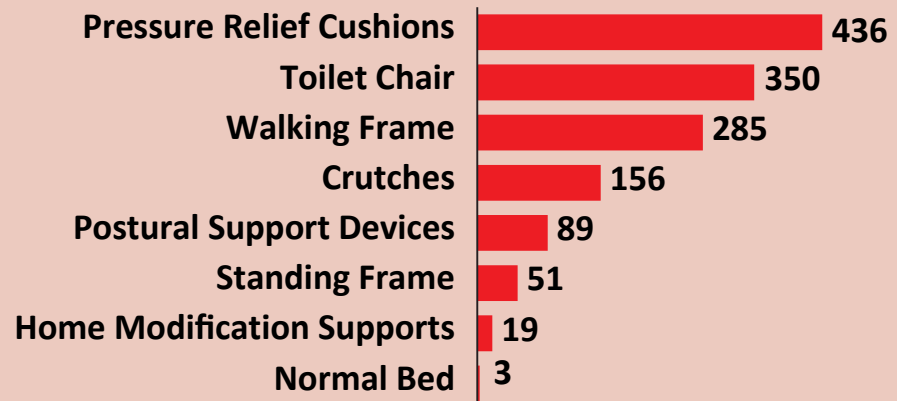
232

## Other Assistive Devices & Adoptive Supportive Equipment

Paraplegic centre provides assistive products including walking frames, crutches, canes, upper limb adaptive/supportive equipment (eating, writing, typing aids etc.), standing frames, commode chairs, and special beds etc. More than 25,000 other assistive devices excluding wheelchairs and adoptive supportive equipment have been produced and distributed over the last 30 years.



Pressure Relief Cushions	436
Toilet Chair	350
Walking Frame	285
Crutches	156
Postural Support Devices	89
Standing Frame	51
Home Modification Supports	19
Normal Bed	3

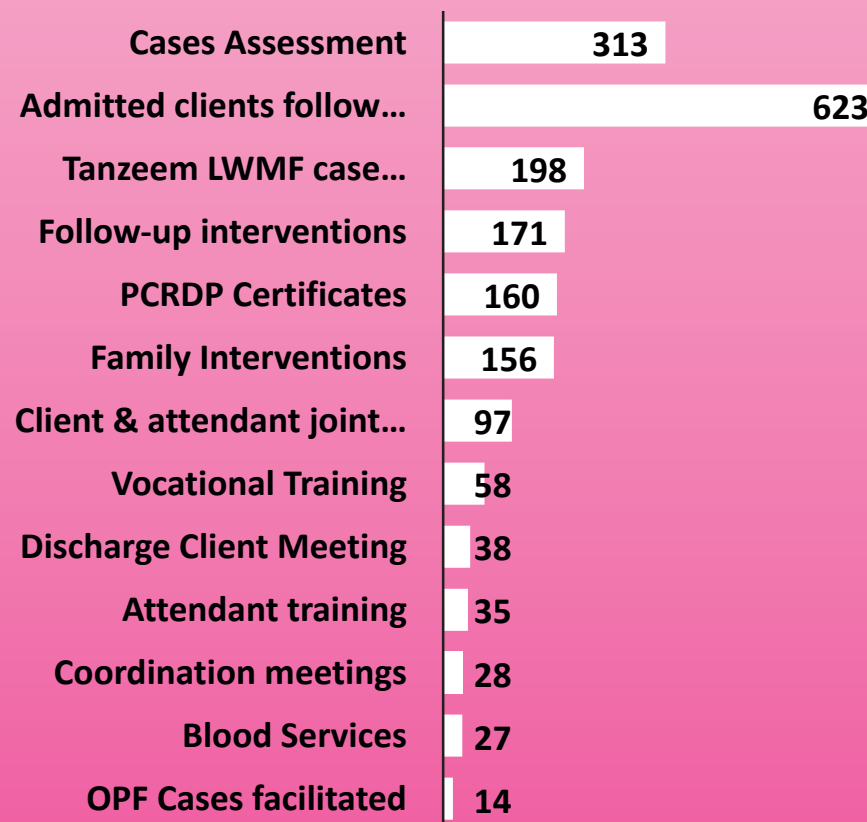


## Social Support

Interventions are made within the domain of Social Case Work, Social Group Work and Community Integration. Social Worker advocates for the rights of clients and also establish coordination with government, NGO's, philanthropists, academic institutes and civil society to guide the clients about assistance provided by District Social Welfare office, Bait-Ul-Maal, Tanzeem-Lissail-E-Walmah-room, Zakat Department, Overseas Pakistani Foundation (OPF) and State Life Insurance Corporation.



Cases Assessment	313
Admitted clients follow ups	623
Tanzeem LWMF case facilitation	198
Follow-up interventions	171
PCRDP Certificates	160
Family Interventions	156
Client & attendant joint sessions	97
Vocational Training	58
Discharge Client Meeting	38
Attendant training	35
Coordination meetings	28
Blood Services	27
OPF Cases facilitated	14



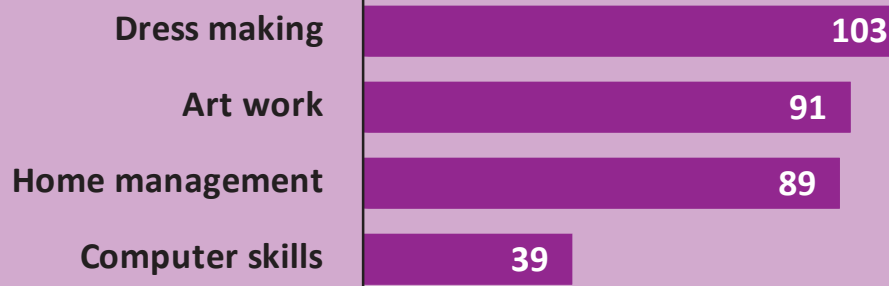
## Skills Building

Skills building at the centre is a component which multiplies the effect of rehabilitation services and enhances the physical and psychological potential of the patients admitted at the center. It includes tailoring, dress designing, fabric painting, glass painting, embroidery, typing, mobile repairing and computer skills. In addition to this home economics program including cooking and housekeeping is designed for house wives.

PCP also partners with government, non-government organization and international organizations in implementing Vocational Training programmes for people with physical disabilities.



<b>Dress making</b>	<b>103</b>
<b>Art work</b>	<b>91</b>
<b>Home management</b>	<b>89</b>
<b>Computer skills</b>	<b>39</b>



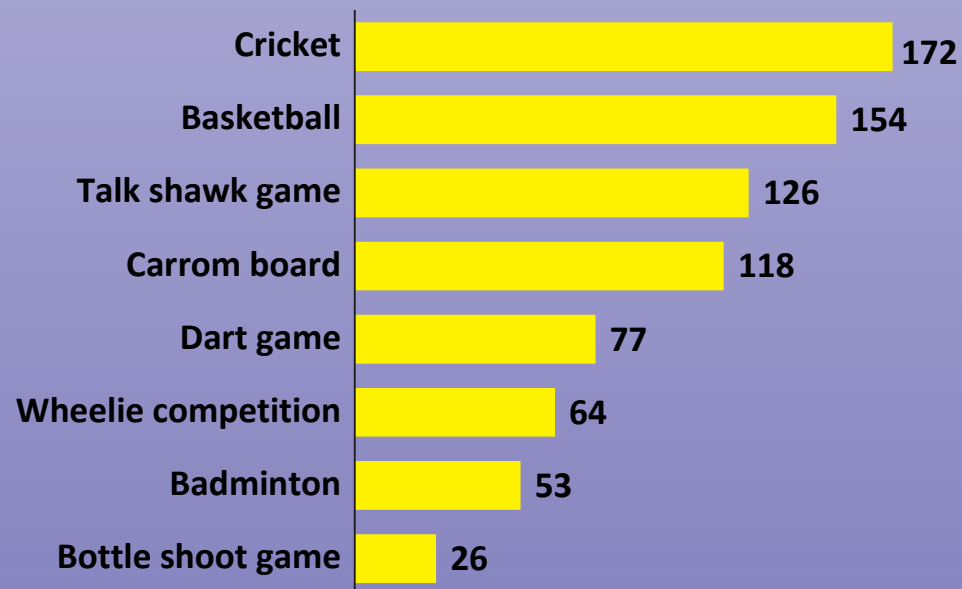
## Recreational Therapy and Sports Activities

Paraplegic Centre arrange indoor and our door games including basketball, cricket, table tennis, and wheelchair race etc. for its clients. Other recreational activities including visits to parks and other cultural activities are also arranged on regular basis.

Besides this, PCP also collaborates with Disable People Organization in arranging sports events and festivals to create opportunities for allowing PWDs to exhibit their potential and skills in games.



<b>Cricket</b>	<b>172</b>
<b>Basketball</b>	<b>154</b>
<b>Talk shawk game</b>	<b>126</b>
<b>Carrom board</b>	<b>118</b>
<b>Dart game</b>	<b>77</b>
<b>Wheelie competition</b>	<b>64</b>
<b>Badminton</b>	<b>53</b>
<b>Bottle shoot game</b>	<b>26</b>



## Community Re-integration

Community re-integration activities arranged by Paraplegic Centre are picnics, shopping trips, prayers with congregation, cooking classes, dining together with staff and visits to public places including Masajid's, markets and museums etc.

These activities allow the rehabilitation professionals to enable them to adopt the changes caused in their life due to the disability. In this way, they learn the activities of daily living with new lifestyle and patterns, usually with the use of wheelchairs, walking frames and orthotic devices. They are engaged in accomodating their needs or to modify the surrounding according to their needs.



Cooking activities	77
Picnic to parks	53
Market visits	52

### Cooking activities

77

### Picnic to parks

53

### Market visits

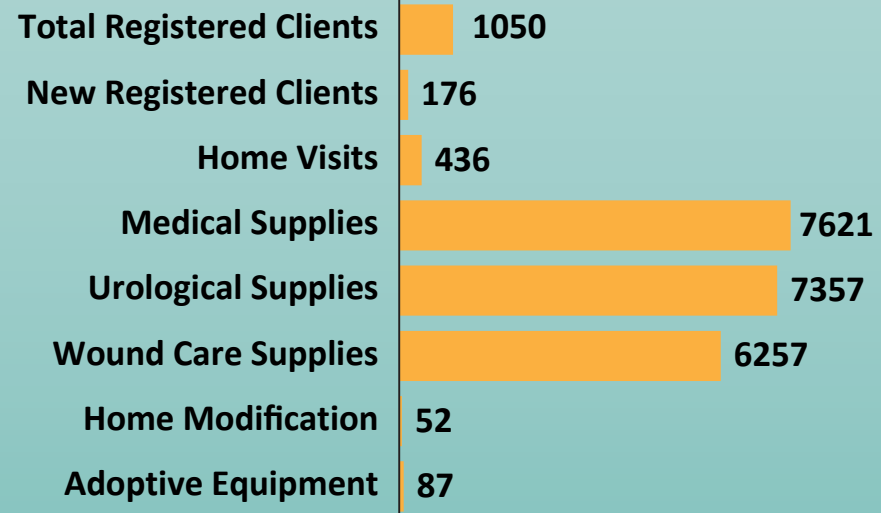
52

## Follow up Program

Follow up program includes once-a-month follow up home visit for six (06) consecutive months after discharge from rehabilitation centre, giving opportunity to Spinal cord injured persons and their families to discuss issues regarding community reintegration, psycho-social and medical problems facing in the community. Follow up team re-evaluate clients at their homes/communities and assesses their motor abilities, mobility patterns, level of independence in activities of daily living, work, leisure and other medical problems. They also encourage and facilitate clients to continue studies, find a job or start a business in order to become a productive member of the society.



<b>Total Registered Clients</b>	<b>1050</b>
<b>New Registered Clients</b>	<b>176</b>
<b>Home Visits</b>	<b>436</b>
<b>Medical Supplies</b>	<b>7621</b>
<b>Urological Supplies</b>	<b>7357</b>
<b>Wound Care Supplies</b>	<b>6257</b>
<b>Home Modification</b>	<b>52</b>
<b>Adaptive Equipment</b>	<b>87</b>



## Minor Home Modifications

Majority of Paraplegic Centre clients come from poor and rural background and returning home after rehabilitation can be a difficult and challenging exercise for them as sudden withdrawal of all the facilities and services available at PCP leads to confusion, debility and depression. It is difficult for them to maintain the same standards of care required to maintain his or her dignity and independence as their homes are not wheelchair accessible, bathrooms and kitchens are either non-existent or not usable. Financial and technical support is provided in designing and building, or re-innovating, doorways, kitchens, bathrooms or stairways for better wheelchair accessibility.



<b>Washroom Restructuring</b>	<b>38</b>
<b>Home Passage/Ramps</b>	<b>24</b>
<b>Street Pavements</b>	<b>9</b>

### Washroom Restructuring

38

### Home Passage/Ramps

24

### Street Pavements

9

## Vehicle Alterations

Vehicle alteration services including hand control for accelerator/brake, arm-rest on the driver's seat to provide support when driving using the hand control are provided to wheelchair users, Strap to close the driver's door, extra handles to make it easier to get in and out of the car, foot slip prevention device to stop feet sliding beneath the pedals and adjustable seats to reduce the risk of injury from sitting in one position for a long time.



Seating Supports	17
Back Supports	12
Hand Control Bars	3

Seating Supports

17

Back Supports

12

Hand Control Bars

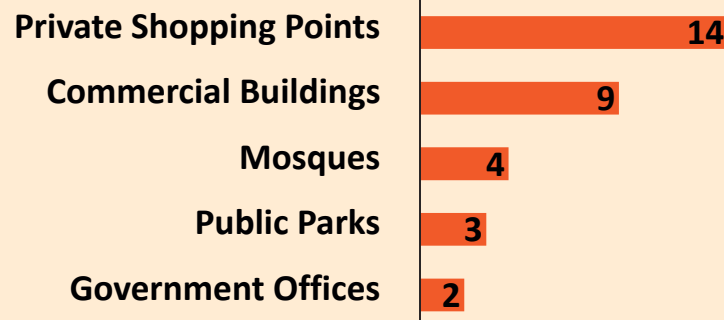
3

## Accessibility Solutions

Paraplegic Center in collaboration with Friends of Paraplegic is striving to remove barriers from community and make accessible Pakistan for person with disabilities. The aim is to make buildings, public spaces and any other place wheelchair accessible, where a person might need to go for work, play, education, business, services and to provide greater independence for the physically challenged. On individual basis, complete renovation and/or minor modification services are provided to make the home or work-place wheelchair accessible.



<b>Private Shopping Points</b>	<b>14</b>
<b>Commercial Buildings</b>	<b>9</b>
<b>Mosques</b>	<b>4</b>
<b>Public Parks</b>	<b>3</b>
<b>Government Offices</b>	<b>2</b>



## Training and Education

It is a continuous process at PCP which include on job training of newly hired staff, regular in-service classes, arranging and conducting Hands - on workshops. Students from different medical, nursing and Physical Therapy colleges regularly visit the center where they are taught the concept and need of comprehensive physical rehabilitation for persons with spinal cord injuries. Moreover students of doctor of physical therapy from various colleges (IPM&R, KMU, RCRS, RMI, NCRS, NWGH) are deputed for clinical practice and volunteer internships.



<b>Student Sessions</b>	<b>31</b>
<b>In Service Sessions</b>	<b>9</b>
<b>Collaborated Trainings</b>	<b>2</b>

<b>Student Sessions</b>	<b>31</b>
<b>In Service Sessions</b>	<b>9</b>
<b>Collaborated Trainings</b>	<b>2</b>

## Awareness & Advocacy

Paraplegic Centre is striving for the rights of people with spinal cord injuries and other disabilities. The aim is to Sensitize, Politicians Bureaucrats, Religious Scholars, and General Public regarding the issues of special people. Paraplegic Centre arranges different workshops, exhibitions and conferences on regular basis and publish literature related to issues of person with disabilities.



<b>Stakeholders Networks</b>	<b>31</b>
<b>PCP Events</b>	<b>14</b>
<b>International Days</b>	<b>6</b>
<b>Media Campaigns</b>	<b>6</b>
<b>National Days</b>	<b>4</b>

### Stakeholders Networks

**31**

### PCP Events

**14**

### International Days

**6**

### Media Campaigns

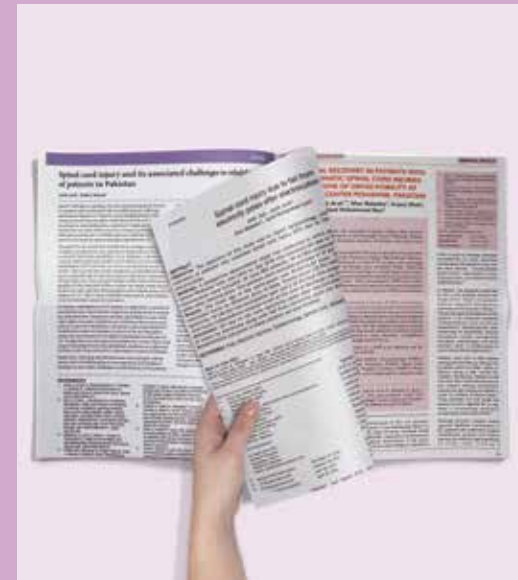
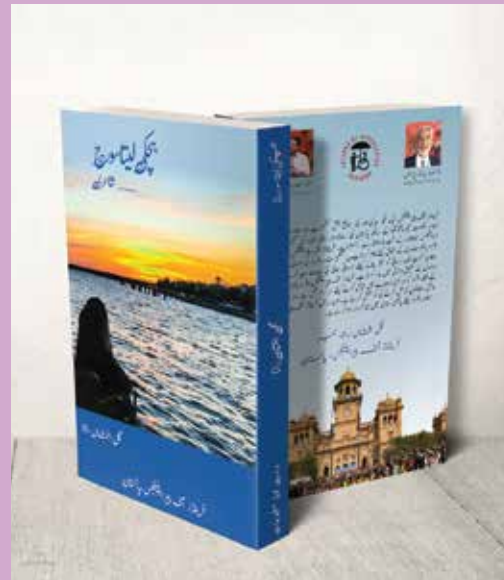
**6**

### National Days

**4**

## Research & Publications

Paraplegic Centre strives to produce knowledge and innovative interventions for the rehabilitation of spinal cord injury patients using local natural, human and capital resources. A large number of epidemiological and clinical studies are produced in recent years. Clinical guidelines are also designed, which not only consider the physical and psychological aspect of spinal cord injury patients, but also take into accounts the specific cultural, geographical, economical, and religious factors prevailing in developing countries.



PCP Professionals	13
In Association with Institutes	5

PCP Professionals  
In Association with  
Institutes

13

5

## Research & Publications

- July 2019: Research article titled “Neck pain & disability among school teachers and its association with gender, body mass index, classes per week and method of lecture delivery” was published by Aatik Arsh, Sohail Idrees, Naveed Zafar, Brekhna Amin and Shah Ahad in Physical Medicine Rehab Kuror, an international impact factor journal.
- July 2019: Research article titled “Spinal cord injury and its associated challenges to rehabilitation of patients in Pakistan” was published by Aatik Arsh, Haider Darain in “Rehman Journal of Health Sciences”, an official Journal of Rehman Medical Institute.
- July 2019: Research article titled “Spinal cord injury due to fall from electricity poles after electrocution” was published by Amir Zeb, Aatik Arsh, Sher Bahadur, Syed Muhammad Ilyas in Pakistan Journal Medical Science.
- July 2019: Research article titled “Functional recovery in patients with post-traumatic spinal cord injuries: an outcome of gross mobility at Paraplegic Center Peshawar” Pakistan was published by Amir Zeb, Aatik Arsh, Sher Bahadur, Syed Muhammad Ilyas in Khyber Medical University Journal.
- July 2019: Research article titled “Mortality and its associated factors in patients with Spinal Cord Injuries at Paraplegic Center Peshawar, Pakistan” was published by Aatik Arsh, Haider Darain, Amir Zeb, Syed Muhammad Ilyas, Shah Khalid in Khyber Medical University Journal.
- September 2019: Research article titled “A randomized control trial comparing the effects of motor relearning programme and mirror therapy for improving upper limb motor functions in stroke patients” was published by Shafqatullah Jan, Aatik Arsh, Haider Darain, Shehla Gul in Journal of Pakistan Medical Association”, an impact factor journal, duly recognized by HEC and PM&DC.

- November 2019: Research article titled “Comparing the effectiveness of kaltenborn mobilization with thermotherapy versus kaltenborn mobilization alone in patients with frozen shoulder [adhesive capsulitis]: A randomized control trial” was published by Syed Muhammad Hammad, Aatik Arsh, Muhammad Iqbal, Waleed Khan, Bilal, Arif Shah in Journal of Pakistan Medical Association, an impact factor journal, duly recognized by HEC and PM&DC.
- November 2019: Research article titled “Thoracic manual therapy in the management of neck pain: Review of literature” was published by Aatik Arsh, Haider Darain, Mujeeb Ur Rehman and Muhammad Kashif in “Annals of Allied Health Science”, an official Journal of Khyber Medical University, recognized by PM&DC.
- December 2019: Research article titled “Effectiveness of occupational therapy in improving activities of daily living performance in complete cervical tetraplegic patients” was published by Aatik Arsh, Zunaira Anwar, Amir Zeb, Syed Muhammad Ilyas in Pak Journal Medical Sciences.
- December 2019: Research article titled “Frequency of neck pain and its impact on activities of daily life in madrassa students at Hayatabad Peshawar” was published by Kashif Qamar, Seema Khan, Saira Rehman, Haider Darain, Mujeeb ur Rehman in Annals of Allied Health Sciences.
- January 2020: Research article titled “Comparison of dual task specific training and conventional physical therapy in ambulation of hemiplegic stroke patients: A randomized controlled trial” was published by Muhammad Iqbal, Aatik Arsh, Syed Muhammad Hammad, Ijaz Ul Haq, Haider Darain in Journal of Pakistan Medical Association.
- March 2020: Research article titled “Effectiveness of manual therapy to the cervical spine with and without manual therapy to the upper thoracic spine in the management of non-specific neck pain; a randomized controlled trial” was published by Aatik Arsh, Haider Darain, Muhammad Iqbal, Mujeeb ur Rehman, Irfan Ullah, Shah Khalid in Journal of Pakistan Medical Association.



PHYSICAL THERAPY  
SERVICES  
AT PCP

Bridging

Prone

4 Point Kneeling

Dumbbells

Cardio

End Time

Hand Therapy

Balance

Core

Strength

Flexibility



# HIGHLIGHTS







## June 2019

- Social Work Department represented PCP in 22nd National Ability Sports Festival at COMSATS University Abbottabad.
- By the end of June 2020, reconstruction, remodelling and renovation of existing blocks were carried out for the horizontal expansion of the services with dedicated areas for new OPD, Wheelchair service, Patient waiting area and main warehouse.

## May 2020

- Six (06) students of BS Hons & MA were placed for their Academic Field work from Department of Social Work, University of Peshawar to be trained in the role of social work in comprehensive physical rehabilitation.
- In wake of Coronavirus Pandemic, ICRC provided hygiene kit and Personal Protective Equipment to the PCP graduates in KP over the last one year and the front-line health workers.
- Bureau Chief Associated Press USA, Mrs. Kathy Gannon, visited Paraplegic Center Peshawar. She was briefed about the Comprehensive Physical Rehabilitation Services of the institute and the precautionary measures in wake of COVID-19 pandemic.
- On behalf of the Association of Professional Business Women, Prof Samina Iffat, donated personal protective material and equipment to Paraplegic Center Peshawar, in wake of the COVID-19 Pandemic.

## March 2020

- A session was chaired by CEO Dr. Syed M. Ilyas on awareness of Corona virus. Dr. Ilyas said that proper hand washing techniques should be adopted & also that hands should be washed as frequent as possible and sanitized. Drink water as much as an individual can, avoid hand shake for certain period of time.



- CEO PCP addressed 1st International Conference on Social Work at Sir Sahibzada Abdul Qayyum Auditorium, University of Peshawar, on the role of "Social Work in Comprehensive Physical Rehabilitation".

## February 2020

- Kashmir Day was observed in Paraplegic Center Peshawar to show support and unity with the people of Indian-occupied Kashmir.
- Physical Rehabilitation team including Dr. Amir Zeb (PT), Rafiullah (PT), and Khkula Imtiaz (PT) participated in the Ponseti Workshop of 6th Pediatric Orthopedic Conference, conducted by Assistant Professor Dr. Sikandar Hayat and Assistant Professor Dr. Saliq Kashif at Hayatabat Medical Complex (HMC).
- Sports week was celebrated at Paraplegic Center with participation of patients, attendants, and the staff to create inclusive recreational environment.
- Seven (07) fully equipped and furnished private rooms, started the services on the consistent demand of people who can afford to pay for their treatment, in a comfortable environment.
- Two (02) students of Lawrence College Murree were engaged in one-week mandatory training in social work section at PCP. students were oriented and trained on different concept of social work, social welfare, case management, referral mechanism, social rehabilitation and reintegration.
- An equipped and modern gym was inaugurated to provide advance therapy to male and female persons with physical disabilities.

## January 2020

- New building with gym wards, operation theatre, private rooms and academic section was handed over to the PCP management.

- PCP physical rehab team and TMO's from HMC, participated in the workshop on "Basic and Advance ClubFoot theoretical Framework", conducted by Assistant Professor Dr. Saliq Kashif at PCP.
- Professor Dr. Arshad Javaid, Vice Chancellor-KMU Peshawar, visited Paraplegic Center Peshawar.
- Presentation on "Comprehensive Physical Rehabilitation Services" was delivered to the Chief Secretary KP, in the presence of Chairman BoG PCP, and the Secretary Social Welfare, Zakat and Women Development.
- Sports Consultant and Physical Therapist attended, five (05) days' workshop on "Inclusion of Children in play activities" at Mehboob Medical Institute Peshawar.

## **December 2019**

- One(1) Week National Training Course On "Activities of Daily Living (ADLs)" at National Institute of Special Education Islamabad, was attended by Occupational Therapists and Physical Therapists of Paraplegic Center Peshawar.
- Faculty and Students of " Swat Institute of Rehabilitation & Medical Sciences " visited PCP. PCP is a ray of hope for Physiotherapy students as well; expressed by faculty members of SIRMS.
- A renown CPO Mr. Shad Khan from Dubai delivered an informative insightful lecture during his visit regarding the modern concepts of Orthotics in physical rehabilitation. Beside this, he shared his envisage for transforming the Orthotics concepts into ultra-modern dynamics.
- Seven (07) days training "Ponseti Method for Clubfoot Management" from 02 to 06 December 2019 was organized by ICRC in collaboration at Paraplegic Center Peshawar, with lectures and practice work by Dr. Muhammad Shoaib (KTH) and Dr. Gul Zaman (PT) ICRC.
- Two (02) weeks training in" Biostatistics" was attended by Dr. Kashif Qamar (PT) at Khyber Medical University Peshawar.
- A mega event "National Ability Sports Festival 2019" with the joint



collaboration of PCP, FOP and ICRC was celebrated at Islamia college university with the theme "Future is Accessible". The event was represented by person with disabilities, students, volunteers and govt officials including Vice Chancellor Islamia university, Additional Secretary Health, Secretary Social Welfare & ICRC delegates.

## November 2019

- A Workshop on “Maitland Shoulder Mobilization” at Mehboob Medical Institute was attended by Physical Rehab team comprising Dr.Amir Zeb (PT), Dr. Iqbal (PT) and Dr. Ihsan Ali (PT).
- ICRC Technical team in collaboration with PCP Orthotists arranged a Beneficiary Feed Back and Technical assessment (BF&TA) from 11th 15th November, 2019 of 30 patients from PCP.
- Former Minister Health Mr. Inayat Ullah Khan and former MPA Mr. Muhammad Ali paid a quick visit to Paraplegic center Peshawar.
- Farewell was given in the honour of outgoing member of the Board of Governors of PCP who have been integral to the important advances in the expansion of Paraplegic Center Peshawar. Dr. Muhammad Arif, Prof.Dr. Muhammad Hafiz, Prof. Dr. Noor ul Iman was among the outgoing members of the Board.
- World Children Day celebrated on 20th November, 2019, at Paraplegic Center Peshawar.
- Paraplegic Center Peshawar presented its service model in International Conference on Recent Advances in Neurotraumatology 2019 at Northwest School of Medicine Peshawar. Participants of the Conference, Prof Dr. Med. H. Maximilian Mehdorn (Neuro Surgeon from Germany) & Mr. Humberto Carrel Bazo (Neuro Surgeon & Rehab doctor) & Mrs. Caterina Pistarini from Italy paid a detailed visit to PCP, taking keen interest in services and deeply appreciated the dedicated employees and management of Center.
- Hitomi Makabe (Head of Communication)-ICRC and her team visited Paraplegic Center Peshawar to cover the success story of one of the respectable and energetic Sports Consultant & Table Tennis Athlete of FOP Ms. Zainab Barkat.

## October 2019

- A documentary on the Paraplegic Center Peshawar was on aired at Afghan TV with guest appearance and interview of Chief Executive, Dr Ilyas Syed.
- Paraplegic Center Peshawar team presented its Occupational Therapy services in the event “World Occupational Therapy day” on 29th October 2019, at IPMR KMU. with the chief guest appearance of the Vice Chancellor, Khyber Medical University, Prof. Dr. Arshad Javed. The event was a combination of stage presentations, stall visits and awareness walk.
- A documentary on the Paraplegic Center Peshawar was on aired at Aaj TV with guest appearance and interview of Chief Executive, Dr Ilyas Syed.
- One day workshop was arranged at Paraplegic Center Peshawar on “Rehabilitation Psychology & World Mental Health Day.”.

## September 2019

- PCP Orthotist, Ms. Neelofar Idrees, completed blended learning module on “Knee Ankle Foot Orthosis” with Human Study; a German based ISPO recognized organization for the training and capacity building in Prosthetics and Orthotics, at Islamabad. the training included Six(6) days online theory and on-site practical training each and 03 months online follow up (Case study assignment and follow up questions, queries and discussion with trainers online).
- A day of communal Solidarity with PWDs, was organized by Youth of Social Inclusion in collaboration with Pak Council of World Religions (Faith Friends) KP and Paraplegic Center Peshawar. The primary purpose is to encourage social inclusion, inter faith harmony and to appreciate the winners of “All Pakistan PWDs sportsfestival 2019” from FOP and PCP. On behalf of PCWR-FF, Mr. Joseph John & Allama Masood Ahmed Safi lauded the services and contribution of PCP for the uplift of PWDs. At the

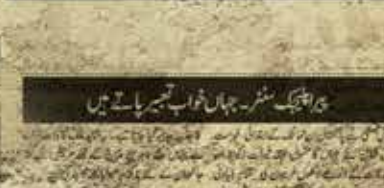


end plantation ceremony was also conducted.

- PCP team participated in the 2nd day of International Conference and disability meet up at Nishat Hotel, Emporium Mal, Lahore.
- RAHA KP Chief Mr. Fakhar Alam Khan visited Paraplegic Center Peshawar.
- CEO, Paraplegic Center Peshawar, appeared as Chief Guest in the closing ceremony of a hands-on training for P&Os (a blended module of Knee, ankle and foot Orthosis), arranged by the “Rehab Initiative” at ICRC Head Quarters in Islamabad. Distinguished trainers, included Mr. Ljubomir Matic from Germany, Mrs. Iness Horrich from Tunisia and Abdul Nasir from ICRC, Pakistan.

## August 2019

- Chief Executive Officer, Paraplegic Centre Peshawar, along with his professional team of Assistive Technology department, visited UET Jalozai Campus, exhibition of Mechanical Engineering, prototype project and appreciated their service to design and local assistive technology for persons with disabilities in Pakistan.
- A motivational song “May Pakistan hoon“ was filmed with the staff and wheelchair users for the Independence Day of Pakistan was, filmed made with the efforts of PCP, FoP and Person with Disabilities (PWDs).
- A lecture on “Healthy Life Style” was delivered by the Chief Executive, Dr. Ilyas Syed, at National Institute of Management (NIM), Peshawar.



## Paraplegic Centre plans to increase bed capacity

1200 people suffer from spinal cord injuries in Pakistan annually



TRIBUNE

The Nation

Paraplegic Centre Peshawar expansion on the cards

# MEDIA GALLERY







# FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 30TH JUNE 2020**





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## INDEPENDENT AUDITOR'S REPORT TO THE BOARD OF GOVERNORS OF PARAPLEGIC CENTRE REPORT ON THE AUDIT OF THE FINANCIAL STATEMENTS

### Opinion:

We have audited the annexed financial statements of Paraplegic (the "Centre"), which comprise the Balance Sheet as at June 30, 2020, the income & expenditure account, the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at June 30, 2020, and of its financial performance and its cash flows for the year then ended in accordance with Accounting Standards for Not-for-Profit Organization (NPOs) issued by Institute of Chartered Accountants of Pakistan and International Financial Accounting Standards for Small and Medium Sized Entities (IFRS for SMEs) issued by the International Accounting Standard Board as applicable in Pakistan.

### Basis for Opinion:

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the University in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our Opinion.

### Responsibilities of Management and Those Charged With Governance for the Financial Statements:

Management is responsible for the preparation and fair presentation of the financial statements in accordance with International Financial Reporting Standards (IFRSs) as applicable in Pakistan and for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatements, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the University or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the University's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Statements:

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the University's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the University's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause University to cease to continue as a going concern.

**Other matters:**

We draw attention to Note # 13 of the financial statements regarding the establishments of the "Endowment fund" during the financial year 2018. The Constitution and Rules & regulation for the management of affairs of the fund have so far not been determined which requires Board's attention.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Peshawar

Date: 03 NOV 2020

  
**SHAHID AHMAD & CO.**  
 Chartered Accountants  
 Engagement Partner: Manzoor Ahmed Savul FCA

**PARAPLEGIC CENTRE  
BALANCE SHEET  
AS AT JUNE 30, 2020**

		2020 Pak Rupees	2019 Pak Rupees
<b>ASSETS</b>			
<b>Non-Current Assets</b>			
Property, machinery & equipment	4	256,777,187	257,993,802
Intangible asset	5	27,036	54,073
		<b>256,804,223</b>	<b>258,047,875</b>
<b>Current Assets</b>			
Advances, deposits & prepayments	6	7,068,931	4,105,243
Stocks and stores	7	6,855,312	4,570,211
Receivables	8	7,664,852	7,294,622
Short term investments	9	160,000,000	158,900,000
Cash & bank balances	10	56,646,728	31,345,767
		<b>238,235,823</b>	<b>206,215,843</b>
		<b>495,040,046</b>	<b>464,263,718</b>
<b>FUNDS &amp; LIABILITIES</b>			
<b>Funds &amp; Reserves</b>			
Accumulated fund	11	200,057,208	184,337,096
Surplus on revaluation of fixed assets	12	214,777,892	215,603,846
Endowment fund	13	71,578,225	55,501,259
Deferred income	14	3,966,880	4,407,645
Deferred capital grant	15	750,000	-
<b>Current Liabilities</b>			
Accrued & other liabilities	16	3,909,841	4,413,873
		<b>495,040,046</b>	<b>464,263,718</b>

The annexed notes form an integral part of these financial statements.

  
**DIRECTOR FINANCE**  
 DIRECTOR FINANCE  
 Paraplegic Centre Hayatabad  
 Peshawar

  
**CHIEF EXECUTIVE OFFICER**  
 Paraplegic Centre Hayatabad  
 Dept. of Health Govt of KPK

PARAPLEGIC CENTRE  
INCOME & EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED JUNE 30, 2020

		2020 Pak Rupees	2019 Pak Rupees
<b>INCOME</b>			
Grant & donations	17	168,500,000	140,207,000
Sale of Adoptive & supportive equipment	18	3,532,318	2,144,408
Income from Ortho & follow up program (ICRC)		13,198,743	26,499,538
Interest income	19	10,832,088	8,252,124
Transferred from deferred income	19	440,764	489,738
		196,503,913	177,592,808
<b>EXPENDITURE</b>			
Operational:			
Personnel	20	68,469,809	59,576,515
General	21	47,376,194	45,758,665
		115,846,004	105,335,180
Administrative:			
Personnel	22	41,672,358	37,005,520
General	23	5,523,536	5,490,439
Legal & professional	24	3,491,480	337,500
Depreciation	4	5,049,348	5,138,479
Amortization	5	27,037	27,037
Contribution to Endowment fund	13	10,000,000	30,000,000
		65,763,752	77,998,975
<b>SURPLUS(DEFICIT) FOR THE YEAR</b>		<b>14,894,157</b>	<b>(5,741,347)</b>

The annexed notes form an integral part of these financial statements.

  
DIRECTOR FINANCE  
DIRECTOR FINANCE  
Paraplegic Centre Hayatabad  
Peshawar

  
CHIEF EXECUTIVE OFFICER  
Paraplegic Center Hayatabad  
Deptt. of Health Govt of KPK

PARAPLEGIC CENTRE  
STATEMENT OF CASH FLOWS  
FOR THE YEAR ENDED JUNE 30, 2020

	2020 Pak Rupees	2019 Pak Rupees
<b>Cash flows from operating activities</b>		
Surplus(Deficit) for the year	14,894,157	(5,741,347)
Adjustments for non-cash and other items:		
Depreciation	5,049,348	5,138,479
Amortization	27,037	27,037
Transferred from deferred income	(440,764)	(489,738)
Deferred capital grant	750,000	-
Interest income	(4,755,122)	(5,968,663)
Contribution to Endowment fund	10,000,000	30,000,000
Operating Profit before working capital changes	25,524,656	22,965,768
Working capital changes:		
(Increase) / decrease in current assets		
Advances, deposits & prepayments	(2,963,688)	(318,102)
Short term investments	(1,100,000)	22,500,000
Stocks and stores	(2,285,101)	(252,285)
Receivables	(2,249,028)	(188,024)
Increase / (decrease) in current liabilities		
Accrued & other liabilities	(504,032)	(14,001,222)
	16,422,807	30,706,135
Interest income received	12,710,887	5,952,843
<b>Net cash flows from operating activities</b>	<b>29,133,694</b>	<b>36,658,977</b>
<b>Cash flows from investing activities</b>		
Additions in property, machinery & equipment	(3,832,733)	(9,512,168)
<b>Net cash flows used in investing activities</b>	<b>(3,832,733)</b>	<b>(9,512,168)</b>
<b>Net cash flow during the year</b>	<b>25,300,961</b>	<b>27,146,809</b>
Cash & cash equivalents at the beginning	31,345,767	4,198,958
Cash & cash equivalents at the end	56,646,728	31,345,767

The annexed notes form an integral part of these financial statements.

  
DIRECTOR FINANCE  
DIRECTOR FINANCE  
Paraplegic Centre Hayatabad  
Peshawar

  
CHIEF EXECUTIVE OFFICER  
Paraplegic Center Hayatabad  
Deptt. of Health Govt of KPK

**PARAPLEGIC CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED JUNE 30, 2020**

**1. LEGAL STATUS**

Paralegic Centre (The 'Centre'), a non-profit organization was established at Hayatabad, Peshawar by the International Committee of Red Cross (ICRC) in 1984 and later on the management thereof was assigned to the branch of The Pakistan Red Crescent Society functioning in the Province of Khyber Pakhtunkhwa. The administrative control of the Centre was taken over by Government of Khyber Pakhtunkhwa under "Paralegic Centre (Taking Over and Reestablishment) Act, 2009". Under section 3(2) of the Paralegic Centre Act, 2009 the Centre is recognized/categorized as corporate body. This unique, custom built, state of the art facility currently serves seventy eight (78) patients (at a time) with severe spinal cord injuries (SCIs) from across the country and Afghanistan. The Centre has provided free of cost medical, surgical and nursing care, along with physical, vocational, occupational and psychological rehabilitation services to thousands of patients with SCIs from Kabul to Karachi.

**2. BASIS OF PREPARATION**

**2.1 Statement of compliance**

These financial statements have been prepared in accordance with the approved accounting standards as applicable in Pakistan. Approved accounting standards comprise of the Accounting Standards for Not-for-Profit Organizations (NPOs) issued by Institute of Chartered Accountants of Pakistan and International Financial Reporting Standards for Small and Medium Sized Entities (IFRS for SMEs) issued by the International Accounting Standard Board as applicable in Pakistan.

**2.2 Basis for measurement**

These financial statements have been prepared under the historical cost convention except as otherwise stated in the respective policies and notes given hereunder.

**2.3 Functional and presentation currency**

These financial statements are presented in Pakistan Rupee (PKR), which is the functional currency of the Centre.

**2.4 Significant estimates and judgments**

The preparation of the financial statements in conformity with approved accounting standards requires management to make judgments, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these.

**PARAPLEGIC CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED JUNE 30, 2020**

**3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

**3.1 Property and equipment**

These assets, except land and capital work in progress, are stated at cost less accumulated depreciation and impairment loss if any. Depreciation is charged to statement of income & expenditure account using the reducing balance method at the rates specified as per Note 4. Depreciation is charged on additions from the first day of the month in which the asset is available for use while no depreciation is charged in the month in which the asset is disposed off. Assets having cost not exceeding the minimum threshold as determined by the management and gains/losses on disposal of fixed assets are charged to the income & expenditure account.

**3.2 Cash and cash equivalents**

Cash & cash equivalents are carried in the balance sheet at nominal amount. For the purposes of statement of cash flows, cash & cash equivalents comprise of cash in hand and balance with banks.

**3.3 Revenue recognition**

Income from sale of supportive and adoptive equipment is recorded on actual cash receipt basis whereas incineration services provided to different institutions are to be accounted for on accrual basis. Markup/profit on bank PLS accounts is to be accounted for on accrual.

**3.4 Grants**

(i) Recurring Grants received from Government and other donors are recognized as income during the year of receipt.

**(ii) Restricted Grants**

(a) Grants related to assets are presented in financial statements as "Deferred capital grant" and recognized in the income & expenditure account on a systematic basis over the period in which their related costs are recognized as "expenses" i.e. annual depreciation.

(b) Grants other than for assets are recognized in the income & expenditure account of the year as "other income" to match the expenses covered against the grant.

(c) Grants received from donors for specific purposes are used in accordance with the stipulations attached thereto.

(iii) Donations in kind are stated at fair value and presented in financial statements as "Deferred income" and recognized in income & expenditure account on a systematic basis over the period in which their related costs are recognized as expense i.e. annual depreciation.

(iv) Grants if committed by donors but not received during the year are recorded as accrued income.

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

### 3.5 Stocks & stores

These are valued at lower of cost and net realizable value. The cost is determined at weighted average method. Net realizable value signifies the estimated selling price in ordinary course of business less cost necessary to be incurred to make the sale.

### 3.6 Taxation

The Centre, being an approved NPO, is allowed a tax credit equal to one hundred percent of a tax payable, including minimum tax and final taxes under section 100C of the Income Tax Ordinance, 2001.

### 3.7 Financial Instruments:

### 3.7.1 Financial assets

The center classifies its financial assets in the following categories:

(a) Held to maturity:

Financial assets with fixed or determinable payments and fixed maturities, where the center's management has intention and ability to hold till maturity, or classified in this

(b) Loans and receivables:

These are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. These are carried at cost net of any allowances for uncollectible amounts, which is the fair value of consideration to be recorded and are included in current assets except for maturities greater than twelve months after the reporting date, which are classified as non-current assets.

(c) Available for sale:

These financial assets are non derivatives that are either designated in this category or not classified in any of the other categories.

Recognition and measurement:

Financial instruments are measured initially at fair value (transaction price) plus transaction cost that are directly attributable to the acquisition or issue of the financial assets or financial liability.

Subsequent to initial recognition, instruments classified as 'available for sale' are measured at fair value. Changes in the fair value of instruments classified as 'available for sale' are recognized in 'other comprehensive income' until derecognised or impaired, when the accumulated fair value adjustments recognised in other comprehensive income are included in income or expenditure for the year.

Financial assets classified as 'held to maturity' or 'loans and receivables' are carried at amortised cost using the effective yield method, less impairment losses, if any. The center follows trade date accounting for purchase and sale of investments.

### 3.7.2 Financial Liabilities:

Financial liabilities are measured at amortised cost using effective yield method.

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31.03.2007

4. PROPERTY SEARCHING & REPORTING

P A R T I C U L A R S		C O N T R I B U T I O N		D I F F E R E N C E		B A L A N C E	
Year	Amount	Year	Amount	Year	Amount	Year	Amount
July 01, 2019	July 01, 2020	July 01, 2019	July 01, 2020	July 01, 2019	July 01, 2020	July 01, 2019	July 01, 2020
Grant	912,242	912,242	-	-	-	-	912,242
Revolutions	200,000,000	199,000,000	-	100,000,000	-	100,000,000	200,000,000
Building	2,893,100	2,893,100	-	2,893,100	-	2,893,100	-
Use	70,210,935	70,210,935	-	28,710,935	-	28,710,935	-
Provisions	19,606,570	19,606,570	-	9,803,285	-	9,803,285	-
Machinery & equipment	91,894,790	91,894,790	-	31,614,790	-	31,614,790	-
Vehicle	10,912,500	10,912,500	-	10,912,500	-	10,912,500	-
Others	6,779,000	6,779,000	-	2,862,200	-	2,862,200	-
Computer equipment	2,562,800	2,562,800	-	1,281,400	-	1,281,400	-
Transport & Vehicle	7,417,600	7,417,600	-	3,708,800	-	3,708,800	-
Telephone & Internet	1,982,900	1,982,900	-	991,450	-	991,450	-
Company & revision	2,000,000	2,000,000	-	1,000,000	-	1,000,000	-
Electrical equipment	2,960,120	2,960,120	-	1,480,060	-	1,480,060	-
Others	2,792,220	2,792,220	-	1,396,110	-	1,396,110	-
Total	310,365,195	310,365,195	-	114,529,118	-	114,529,118	-
Assets for Academic Programs	1,018,200	1,018,200	-	1,018,200	-	1,018,200	-
Equipment & Others	8,968,790	8,968,790	-	8,968,790	-	8,968,790	-
Commuter & Accessories	1,139,200	1,139,200	-	1,139,200	-	1,139,200	-
Total	911,307,190	911,307,190	-	911,307,190	-	911,307,190	-
Assets for June 30, 2019	911,307,190	911,307,190	-	911,307,190	-	911,307,190	-
Assets for June 30, 2020	911,307,190	911,307,190	-	911,307,190	-	911,307,190	-

#### 4.2 Satisfaction in realisations of fixed arrays

Land and buildings were revalued during 2011, by qualified independent valuers M/S "Alekh Cirobarov" and M/S "Geo International & Planning Services (Pvt.) limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 273,205,533, which is being adjusted by incremental depreciation arising out of revaluation.

### 4.3 Deposition charge

	2020	2019
Depreciation for the year	9,223,349	6,269,054
Investmental depreciation	819,956	869,826
	<u>9,003,393</u>	<u>6,109,200</u>

4.4 Operating fixed assets include Rs. 2,777,331 & Rs. 2,720,000 in Machinery & Equipment and Generator respectively, incurred in risked donation from various donors. The existing depreciation on these assets is transferred to deferred income (Notes 14) during the year.

4.5 The academic block for commencement of DDT programme at the premises of the centre being constructed by the Universal Building Construction DDO II C & W department KPN, is in progress at the year end. However the construction cost of the works will be advised after completion of the project by the C&W department. Hence the cost of work in progress at the year end has not been accounted for in these financial statements.

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

	Note	2020 Pak Rupees	2019 Pak Rupees
<b>5. INTANGIBLE ASSET</b>			
Balance as at July 01.		54,073	81,110
Less: Amortization for the year		27,037	27,037
Balance as at June 30.		27,036	54,073
This represent software purchased during the year, 2017 to facilitate finance department in preparation of financial records. It includes Microsoft Windows Server & Microsoft SQL Server. The cost of the asset is amortized over a period of five years @ 20% per annum on straight line basis.			
<b>6. ADVANCES, DEPOSITS &amp; PREPAYMENTS</b>			
Advances - Income tax		3,971,199	3,261,774
Deposits:			
CSD super market store - against purchases		200,000	200,000
Security deposit for Tender		100,000	-
Security-SNGPL		373,365	-
Pakistan State Oil - for POL		480,000	480,000
		1,153,365	680,000
Staff advance (insurance)		107,263	53,400
M/s Grand Agencies for supply of equipments		1,500,000	-
Prepayments:			
Vehicles insurance		337,104	110,069
		7,068,931	4,105,243
<b>7. STOCKS AND STORES</b>			
Food supplies		346,020	-
Medicine & surgical		2,830,168	1,584,344
Stationary/computer supplies		460,871	393,704
Hygiene/sanitation supplies		63,363	21,055
Raw material for adoptive & supportive equipment		2,741,441	2,204,425
General & maintenance		364,747	364,183
Lab regents		41,853	-
Sports equipment		6,850	2,500
		6,855,312	4,570,211

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

	Note	2020 Pak Rupees	2019 Pak Rupees
<b>8. RECEIVABLES</b>			
Accrued income - committed grants	8.1	5,425,000	3,179,972
Other receivable		14,800	10,800
Accrued interest:			
Centre's funds - TDRs		85,758	444,431
Endowment fund - TDRs		374,386	747,216
PLS account		1,764,908	2,912,203
		2,225,052	4,103,850
		7,664,852	7,294,622
<b>8.1 Accrued income</b>			
Follow up Program (ICRC)	22.1	-	2,975,574
ICRC grant receivable		5,425,000	-
Lissail Wal Mahroom Foundation		-	255,400
Medicine Sans Frontiers (MSF)		-	(51,002)
		5,425,000	3,179,972
<b>9. SHORT TERM INVESTMENTS</b>			
Sindh Bank (Endowment fund)		70,000,000	-
Investment (Sindh Bank)		90,000,000	-
Investment (Zara Taraquti Bank)		-	105,000,000
Zara Taraquti Bank (Endowment Fund)		-	53,900,000
	9.1	160,000,000	158,900,000
<b>9.1 MARK UP &amp; MATURITY OF TDRs:</b>			
Name of Institution	Value of TDR	Mark up Rate	Date of Maturity
Sindh Bank	90,000,000	7.75%	26-09-20
Sindh Bank	70,000,000	7.50%	02-06-21
<b>10. CASH &amp; BANK BALANCES</b>			
Cash in hand		15,679	11,815
With banks - PLS accounts		56,631,849	31,333,952
		56,646,728	31,345,767
<b>11. ACCUMULATED FUND</b>			
Balance as at July 01.		184,337,096	189,209,017
Incremental depreciation	4.3	825,954	869,426
Deficit for the year		14,894,157	(5,741,347)
Balance as at June 30.		200,057,208	184,337,096

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

	Note	2020 Pak Rupees	2019 Pak Rupees
<b>12. SURPLUS ON REVALUATION OF FIXED ASSETS</b>			
Balance as at July 01,		215,603,846	216,473,272
Less: Incremental depreciation transferred to accumulated fund	4.3	825,954	869,426
Balance as at June 30,		214,777,892	215,603,846
Land and buildings were revalued during 2011, by qualified independent valuers- M/S * Ahtab Consultants" and MS "Ace Architectural & Planning Service (Pvt) Limited" to replace the historical cost with the current market value. The revaluation resulted in a net surplus of Rs. 225,295,153/- which is being adjusted by incremental depreciation arising out of revaluation.			
<b>13. ENDOWMENT FUND</b>			
Balance as at July 01,		55,501,259	23,217,798
Transfer from surplus fund during the year		10,000,000	30,000,000
Interest income earned		5,472,953	-
Interest income accrued during the year		604,013	2,283,461
Balance as at June 30,		71,578,225	55,501,259
<b>13.1</b>			
This Fund has been established for the benefit of Centre and its employees during 2010, by Governor of Khyber Pakhtunkhwa by contributing Rs. 5 million. The income generated from the fund is also credited to this fund and utilized for restricted purposes.			
<b>14. DEFERRED INCOME</b>			
This represents fixed assets received from donors as donation in kind and recorded as deferred income to comply with the requirements of IAS-20 (Grants and related disclosures).			
Opening balance		4,407,645	4,897,383
Less: Transferred to Income	4.2	(440,764)	(489,738)
		3,966,880	4,407,645
These are stated at fair value, and recognized in the Statement of Income & Expenditure on a systematic basis over the period in which their related costs are recognized as expense - i.e. annual depreciation.			
<b>15. DEFERRED CAPITAL GRANT</b>		750,000	-
Provincial Government has extended the support of the Centre during the year, by approving one time grant to be utilised for procurement of Beds for polio patients.			

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

	Note	2020 Pak Rupees	2019 Pak Rupees
<b>16. ACCRUED &amp; OTHER LIABILITIES</b>			
<i>Accrued:</i>			
Gas bill		439,090	161,980
Electricity		618,518	1,132,787
Telephone & internet bill		17,148	16,547
Fuel for the generator & vehicles		48,513	119,641
Audit fee		96,800	88,000
		1,220,069	1,518,955
<i>Other liabilities:</i>			
CP fund payable		768,351	748,044
Security payable		364,280	364,280
Other payables		1,557,141	1,782,594
		2,689,772	2,894,918
		3,909,841	4,413,873
<b>17. GRANT &amp; DONATIONS</b>			
Provincial Health Department		157,580,000	140,000,000
ICRC		10,850,000	-
General donations		70,000	207,000
		168,500,000	140,207,000
<b>18. ADOPTIVE &amp; SUPPORTIVE EQUIPMENT</b>			
Chal foundation		172,650	-
Tanzeem Lissail Wal Mahroom		1,410,900	1,081,600
Repair & sale to patients		1,948,768	1,062,808
		3,532,318	2,144,408
<b>19. INTEREST INCOME</b>			
Interest on PLS accounts		4,699,364	3,121,767
Interest on short term investments		6,132,724	5,130,357
		10,832,088	8,252,124
<b>20. PERSONNEL - OPERATIONAL</b>			
Staff salaries		61,841,155	53,609,922
Overtime		389,253	400,345
EOBI		793,260	706,791
CP fund		3,520,159	3,167,943
Group health insurance		1,925,982	1,691,514
		68,469,809	59,576,515

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

		2020 Pak Rupees	2019 Pak Rupees
<b>21. GENERAL - OPERATIONAL:</b>			
Raw material for adoptive supportive equipment		16,407,200	12,747,830
Food supplies	21.1	8,376,247	8,715,231
General maintenance		1,668,036	1,591,267
Hygiene/Sanitation		1,277,469	769,786
Laboratory		288,994	312,209
Medicine & surgical items consumed		4,181,995	3,931,544
POL - generator		219,218	414,960
Recreation/Sports/Games		251,140	165,520
Vocational training		6,360	124,470
X-ray reagent		86,122	38,250
Bedding & clothing		1,378,525	1,881,576
Operation theatre supplies		170,500	271,699
Domestic training & research		97,960	44,633
Miscellaneous		-	-
Utility Charges		7,319,637	7,043,786
Vehicle maintenance		454,678	415,293
Vehicle insurance		-	127,917
Club Foot Home Capital Expenditure		2,036,915	1,798,735
Club Foot Home expenditure		88,430	3,382,795
Publication / Website		3,017,169	20,344
Follow up program	21.2	49,600	2,213,114
Adjustment of closing stock		-	(252,285)
		<b>47,376,194</b>	<b>45,758,665</b>
<b>21.1 Food supplies</b>			
Food supplies to mess		-	10,342,279
Less: Collection from employees		-	1,627,048
		-	<b>8,715,231</b>
<b>21.2 Follow up program</b>			

Follow up program, initially covered patients from Peshawar region has now been extended to the rest of the Province including newly merged districts. The program is being financed by Govt. of KPK. Its activities include subsequent visits to patient's accommodations after they are formally discharged from the center for providing them necessary services such as: (a) Wound care and physiotherapy if needed, (b) Minor modifications in the rooms occupied by the patients to suit their specific needs (c) To encourage the patients to reintegrate into their families and communities.

PARAPLEGIC CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED JUNE 30, 2020

		2020 Pak Rupees	2019 Pak Rupees
<b>22. PERSONNEL - ADMINISTRATIVE:</b>			
Staff salaries		36,319,409	31,485,192
Wages		805,448	1,415,958
Overtime		218,955	225,194
EOBI		528,840	491,160
CP fund		2,346,773	2,111,962
Group Health Insurance		1,452,933	1,276,054
		<b>41,672,358</b>	<b>37,005,520</b>
<b>23. GENERAL - ADMINISTRATIVE:</b>			
Fuel		1,221,842	1,473,807
Utilities		1,829,909	1,760,946
Bank Charges		8,164	20,062
Stationary/Computer Supplies		411,202	366,473
Printing		552,865	443,145
Newspaper & Advertisement		550,086	526,188
Miscellaneous		257,734	222,406
Vehicle Maintenance		244,826	103,824
Entertainment		131,660	184,738
Conveyance Charges		66,990	388,850
Academic block renovation		248,341	-
		<b>5,523,530</b>	<b>5,490,439</b>
<b>24. LEGAL &amp; PROFESSIONAL:</b>			
Consultancy charges		3,394,680	249,500
Audit fee		96,800	88,000
		<b>3,491,480</b>	<b>337,500</b>
<b>25. DATE OF AUTHORIZATION FOR ISSUE:</b>			
These financial statements have been authorized for issue by Board of Governors of the Company after approval thereof on _____.			
<b>26. GENERAL</b>			
<b>26.1 Number of employees</b>			
Total number of employees at the end of year		184	161
Average number of employees during the year		184	161
<b>26.2</b> Figures have been rounded off to the nearest rupee.			
<b>26.3</b> Figures of the previous year have been rearranged & regrouped to facilitate comparison.			

  
DIRECTOR FINANCE

DIRECTOR FINANCE  
Paraplegic Centre Hayatabad  
Peshawar

  
CHIEF EXECUTIVE OFFICER  
Paraplegic Centre Hayatabad  
Dept. of Health Govt. of KPK



# Paraplegic Center Hayatabad Peshawar

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Peshawar, Pakistan.

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**Preparation & Design: PCP Media Cell (Mansoor Golra & Salman Khan)**

